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TWENTY 19 LHS

LHS
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LONGMEADOW HIGH SCHOOL

Masacksic '19

95 Grassy Gutter Road
Longmeadow, MA
413-565-4220
www.lhs.longmeadow.k12.ma.us

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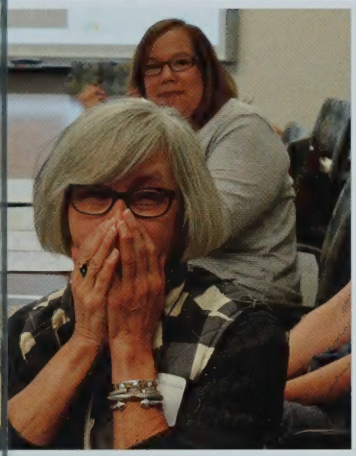
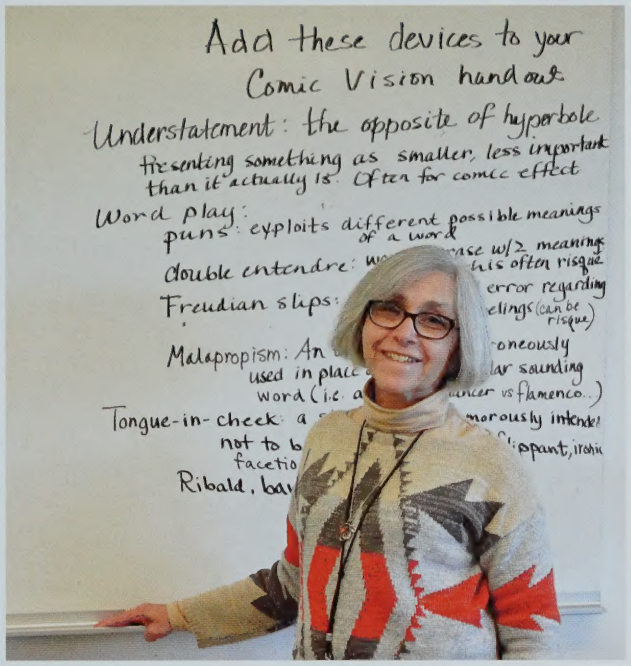
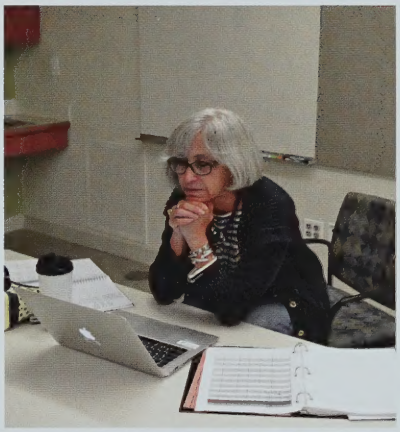
LHS

DEDICATION
MRS. PION







Mrs. Pion is known for her wry smile and witty sense of humor both inside and outside the classroom. There is never a joke that she does not catch or a witty slogan on a student's t-shirt that does not cause her to burst into laughter.

She possesses an uncanny ability to mesmerize a classroom of students with her declamations of *Macbeth, The Great Gatsby*, and *Pride and Prejudice*. She dramatically recites from many pieces of literature using varying voices to bedazzle spellbound students. She captivates her classes, and enlists even her most reluctant students in seeing... and reenacting... the drama in great literature.

And she is, of course, utterly devoted to her students. Her artisanal crossword puzzles of vocabulary words are legendary and make the mundaneness of vocabulary lists come to life. She loves to use puns in her tests. She is also known for incorporating current kids' names as possible right, or wrong answers, as the case may be, on her many multiple-choice tests. Her personal guidance of young writers has helped many to find both their confidence and their writer's voice. She makes learning real.

Ms. Pion is demanding, but she is also very loving and forgiving when a little encouragement is needed. Above all, she brings a sense of humor, proportion and civilized wit to her classroom. This combination coupled with her vast knowledge and sympathy has made her a beloved teacher at Longmeadow High School for 20 years.

She is equally esteemed by her colleagues of the English Department and the Administration of the school. She is indeed a brilliant, engaging teacher and in her upcoming retirement she will be missed by all!

This yearbook is dedicated to you, my best friend.

Karla Krahn Drake

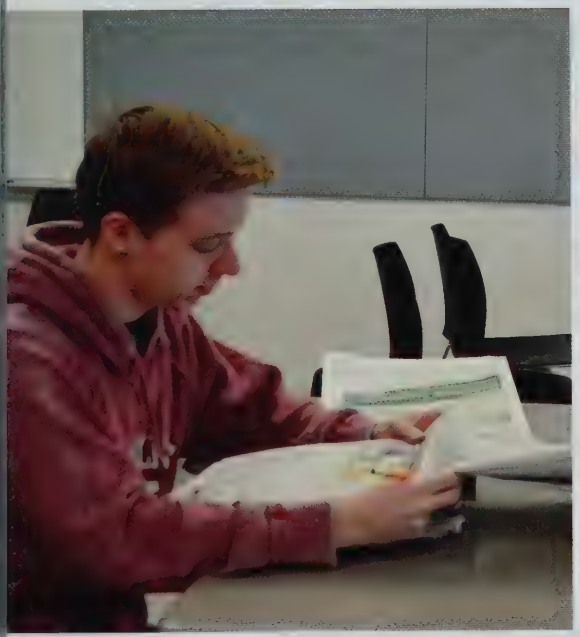
CAROLINA
NEW YOR
IF YOU'RE NOT FIRST
YOU'RE LAST

adidas
DENVER
CHAMPS

LHS

NCERS
SS BOX DONATED BY PEOPLES BANK
19
B19
MOVES
lass
of 2019

2018



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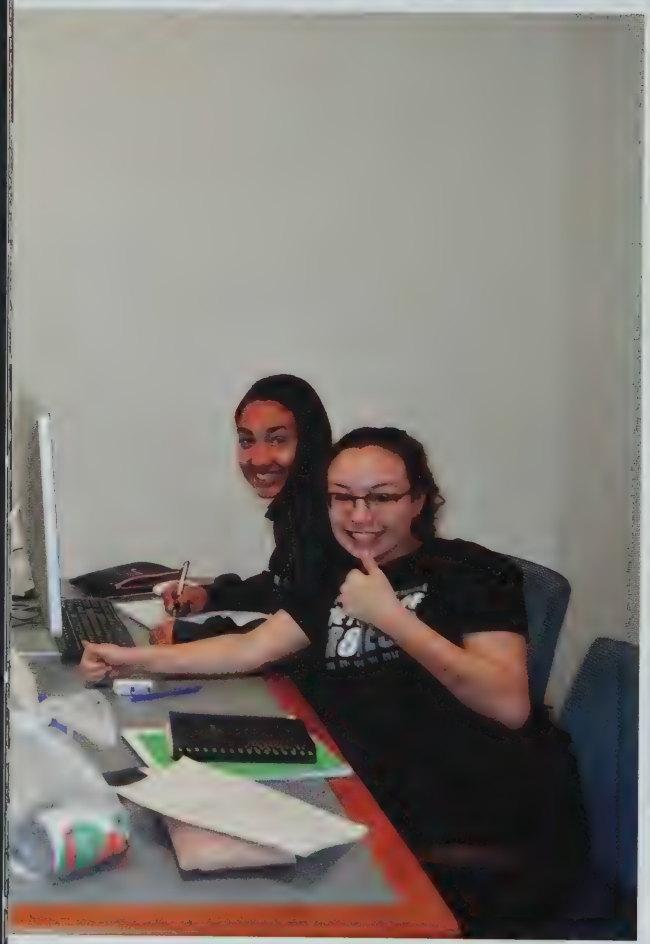
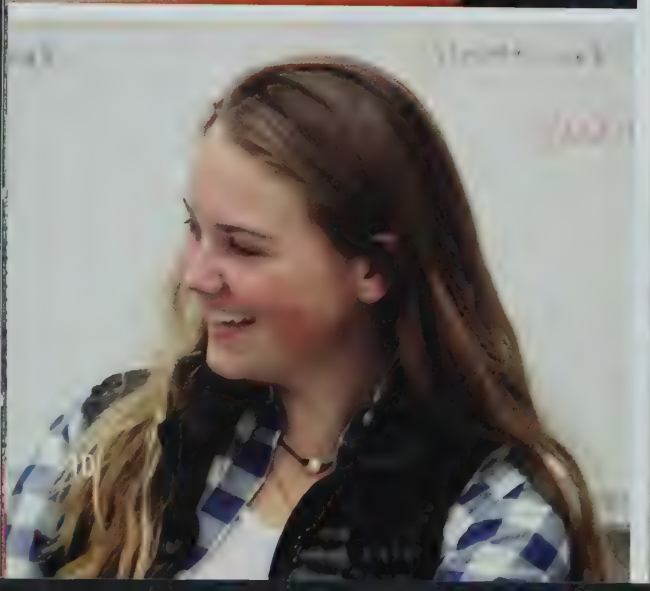
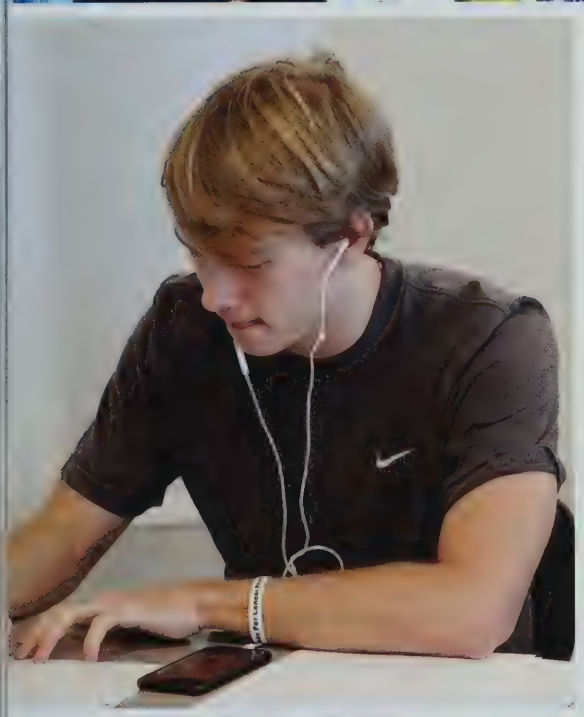
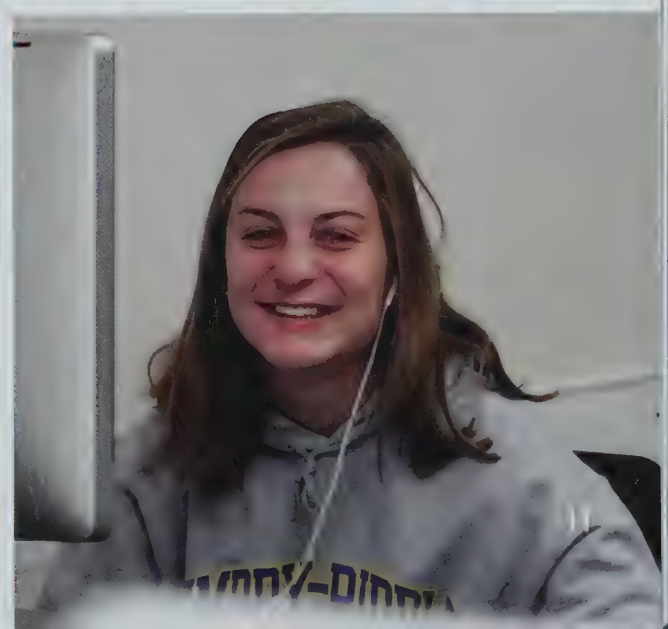




ORK BEACH



LONGMEADOW
2017
TRACK AND FIELD



olina Kits™

SENIORS

This senior class is the most amazing group of individuals to ever walk the earth. How will we possibly be able to live without them?

Gabrielle Acquista
Nini

Field Hockey: 9,10,11,12C
Basketball: 9
Track: 10,11
S.A.D.D: 9,10,11,12
Ukulele: 10,11,12
Women in STEM: 11,12
Tri-M: 11, 12
NHS: 11,12
Ronald MacDonald House:10,11,12

"Be fearless in the pursuit that gets your soul on fire." -Ann Simons

Kevin Allard
Kev

Golf: 9,10,11,12C

"Life moves pretty fast, if you don't stop and look around once in a while, you might miss it."

Anushay Atif

Soccer: 9,10
Cross Country: 11,12
Impressions Club: 11,12
Paws Club: 12

"I shut my eyes and all the world drops dead; I lift my lids and all is born again." -Sylivia Plath

Ashvin Babu

Soccer: 9,10,11,12
Tennis: 9,10,11,12
Model UN Club: 9
Medical Club: 10,11,12
India Club: 9,10,11,12
Ping Pong Club: 9,10,11,12
Science Olympiad: 9,10,11,12
JCC Basketball: 10,11,12

"And I knew exactly what to do. But in a much more real sense, I had no idea what to do."
-Michael Scott, The Office

Glenn Baevsky

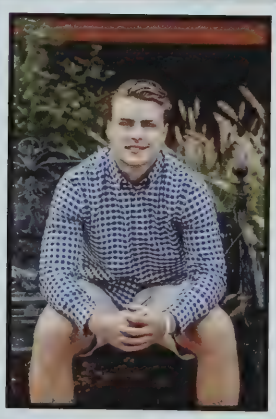
School Committee Student Advisory Council: 12
Jazz Band: 10,11,12
Ski Club: 9,10
Music Mentor: 11,12
Weightlifting Club 9,10,11,12
Poetry Outloud: 11,12
School Civil Engineering Designer: 12
Israeli Culture Club: 12

"And when it's over, I press rewind though." -Fetty Wap

Madelaine Baker

Indoor Track: 9,10,11,12
Track:10,11,12
Key Club: 9,10,11,12
Model UN Club: 10,11,12
East Asia Club: 10,11,12

"And now I'll do what's best for me."



Mason Baron-Pinkowski
Mas

Hockey: 9,10,11,12
Track: 9,10,11
Cross Country: 11
Key Club: 9,10

"Cause through the drama I can always depend on my mama, and when it seems that i'm hopeless, you say the words that can get me back in focus."
-Tupac Shakur

Casey Barrett

Soccer: 9
Swimming: 9,10,11,12
Paws: 11

"Get busy living."

Michael Barrett

Mike, Mikey

Baseball: 9,10,11,12
Basketball: 9,10,11,12
Soccer: 9,10
Cross Country: 11
NHS: 12
Senior Class Play: 12
"If that's the worst thing that ever happens to you... consider yourself lucky."
"The only time success comes before work is in the dictionary."
-Harvery Specter

John Barron

Jack, JB

Hockey: 9,10,11,12C
Lacrosse: 9,10,11,12C

"Why hasn't anyone gone to the sun at night."-Mark McClure
"Winners never quit and quitters never win." -Vince Lombard

Derek Beaulieu

DJ

Lacrosse: 9,10

"Marky buddy what's going on?"
-Mr. McClure

Patrick Bergin

Patty Buckets

Golf: 9,10,11,12C
Indoor Track: 9,10,11,12
Track: 10
Baseball: 9
NHS: 11,12
Senior Class play: 12
Lyrics: 12
JCC Basketball: 10,11,12C

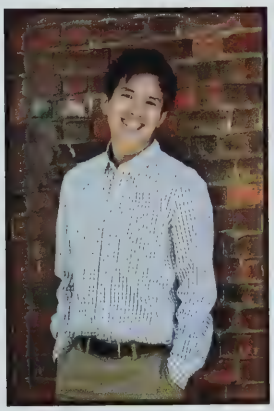
"The best is yet to come, and won't that be fine." -Frank Sinatra

Eric Bocwinski

Boc

Hockey: 9,10,11,12

"Worrying is stupid. its like walking around with an umbrella waiting for it to rain." -Wiz Khalifa



Tyler Boutin

Ty

Cross Country: 9,10,12
Indoor Track: 9,10,11,12
Track: 9,10,11,12
Ulimate Frisbee: 11,12
Key Club: 10,11,12

"Not to spoil the ending but everything is going to be ok."
"The spirit of life is to live, not just to exist."-ER

John Bouvier

Bouv

Football: 9,10,11,12
Baseball: 9, 10,11,12
Indoor Track: 9
JCC Basketball: 9,10,11,12

"Here man."
"Tradition doesn't graduate."
-Nick St.George

Charlie Asher Brackman

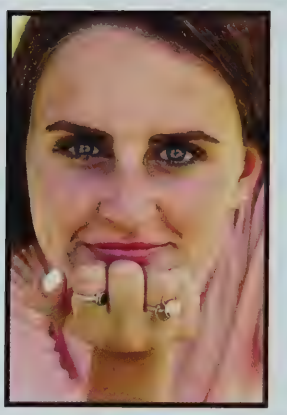
Soccer: 9,10
Basketball: 9,10,11
Ultimate: 9,10
GSA: 10,11,12
Model UN Club: 10, 11

"I'm not a freshman, I'm just a trans."

Jonathan Brady-Prankus

Flip

"Don't wait for the opportunity."



Henrietta Brennan

Henna

Soccer: 9,10,11
Lacrosse: 9,10,11,12
S.A.D.D.: 10,11
NHS: 11,12

"They are like choir boys and we are thieves."
-Steve Dudeck
"Any way the wind blows."-Queen

Samuel Brock

Sam

Cross Country: 9
Indoor Track: 9,10,11,12
Track: 9,10,11,12 Crew: 10
Lyrics: 10,11,12
I Cantori: 12
Key Club: 11Sec, 12P
Peer Leadership: 11,12
Class play: 12
Tri-M: 11, 12
District Chorus: 10, 11
All State Chorus: 11
"Thank you Longmeadow Music."

Leah Burstein

Cheerleading: 9,10,11,12 C
Key Club: 12
Medical Club: 12

"I'm ready to face any challenge that might be foolish enough to face me."-Dwight

Carlo Calabrese

Bird, John

Football: 9,10,11,12
Track: 9,11,12
JCC Basketball: 10,11,12

"Is mayonnaise an instrument?"
-Patrick Star

Cole Calabrese

Wrestling: 9
Track: 9
Ultimate: 11
Weightlifting Club: 9,10,11,12

"Sick Chicken."

Andrew Callan

BB

Football: 9,10,11,12
Swimming: 9, 10
JCC Basketball: 11,12

"Do your job."-Bill Belichick

Joaquin Camacho III

Guac

Football: 9,10,11,12
Basketball: 9
Track: 11

"Rest in peace Manny, you are greatly missed."

Kathryn Campbell

Toph

Lacrosse: 9,10,11,12
Basketball: 9,10
Indoor track: 11,12
Cross Country: 11,12
S.A.D.D.: 11,12
Key Club: 11,12
Love 146: 11,12

"Much too cool for 7th grade".
-SZA
"How dare you."

Vanessa Cardaropoli

Swimming: 9,10,11,12
Soccer: 9,10, Track: 9,10
Ultimate: 11,12
Robotics: 11C, 12C,
GSA: 9,10,11,12VP
East Asia Club: 10,12
NHS: 11,12, Key Club: 9,10,11,12
French Club: 9,10,11,12
Women in STEM: 11,12
Paws Club: 11,12
Science and Engineering Club: 10

"Seems a bit too heterosexual for my taste." -Sheila Daly

Caroline Carmody

Crew: 9,10,11,12
Yearbook: 12

"Go Bruins!" -Mr. Sweeney
"It's game dayyyyy."
-Courtney Massengill

Jason Carrier

Quidditch: 10,11
Math Team: 9,10,11,12
Science Olympiad: 10,11,12
Robotics: 11,12
Key Club: 9,10,11,12

"In the beginning the Universe was created. This has made a lot of people very angry and been widely regarded as a bad move."
-Douglas Adams

Michael Carterud

Dirty Mike

Football: 9,10,11,12
Basketball: 9,11,12
Baseball: 9,10,11,12
Senior Class Play

"It's difficult to put a leash on a dog once you've put a crown on its head."

Grace Casale

Crew: 9,10,11
Interact Club: 9

"I haven't even begun to peak."
-Dennis Reynolds

Caitlin Castillo

Cait

Soccer: 9
Basketball: 9
Softball: 10
Best Buddies: 9,10
Key Club: 11
Unity Club: 11,12
Yearbook: 12

"Don't give up on your dreams, just hit snooze."

Nicole Castro-Saab

Nikki, Nicoli

Volleyball: 9,10
Tennis: 9,10
Basketball: 9
Indoor Track: 11
Ultimate: 11,12
Key Club: 10,11
Unity Club:11,12
Peer Leadership: 11,12
Yearbook: 12

"Guys, I have tea!"

Dawson Center

Daws

Hockey: 9,10,
Lacrosse: 9,10,11,12
Soccer: 9

"See kids I told you I was hot in high school."

Tyler Chwalek

Indoor Track: 11
Throwing: 11
Business Professionals of America: 11,12
Key Club: 12

"If you give 'em an inch, they'll take a mile."

Nathaniel Cieplik

Nate

Cross Country: 11,12
Indoor Track: 10,11,12
Track: 10,11,12
Football: 9
NHS: 11,12 P
Medical Club: 11,12P
Key Club: 9,10,11,12
School Committee Student Advisory Council: 12

"Success is no accident." -Pele

Rosalyn Cloutier

Girls Hockey: 10
Crew: 9,10
Key Club: 11
Competitive Dance: 9,10,11,12
Operation Smile: 12

"People stare at me like they've never seen a walking goddess..."
-Kim Kardashian

Michael Connors

Football: 11,12
Wrestling: 10,11,12
Track: 9,10,11,12

"You're not going to be anything in life unless you learn to commit to a goal." -Louis Zamperini

Kay Conway

Lacrosse: 9,10,11,12
Indoor Track: 10,11,12

"They're like choir boys and we are thieves." -Steve Dudeck

Isabelle Corridan

Izzy

Cross Country: 9,10,11,12C
Indoor Track: 9,10,11,12C
Track: 9,10,11,12C

"Sneezed on the beat and the beat got sicker." -Beyonce

Aidan Coughlin

Football: 9,10,11,12
Lacrosse: 9,10,11,12
JCC Backetball: 10,11,12

"If you're not part of the solution you're part of the problem".
-Nick St. George

Sara Crepeau

Cross Country: 9,10,11
Swimming: 9,10,11
Key Club:10,11,12
Best Buddies: 12

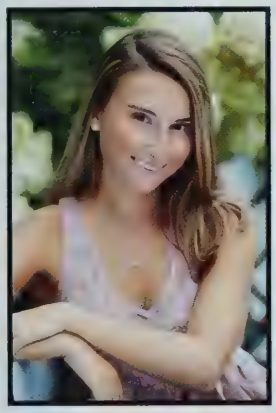
"I would like to die on Mars. Just not on impact" - Elon Musk

Diraliz Cruz

Dira

Volleyball: 9,10
Softball: 9,10,11,12
NHS: 11,12
Key Club: 11,12
Unity Club: 12
Red Cross Club: 11,12

"Get busy living or get busy dying."
-Stephen King

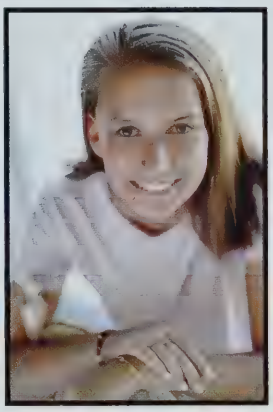


McKenzie Cunningham

Kenzie

Field Hockey: 9,10,11,12
Indoor Track: 9
Track: 9,10,11,12
Key Club: 10
Best Buddies: 11,12
Paws Club: 11
Senior Class Play

"Work hard in silence, let your success be your noise."
- Frank Ocean



Helen Curley-Swannie

Field Hockey: 9,10,11,12
Red Cross Club: 9
Tri-M: 11
Senior Class Play

"The carousel never stops turning. You can't get off." -Grey's Anatomy

"I never look back, Darling. It distracts from the now."
-Edna Mode

Sebastiano D'Angelo

Sam

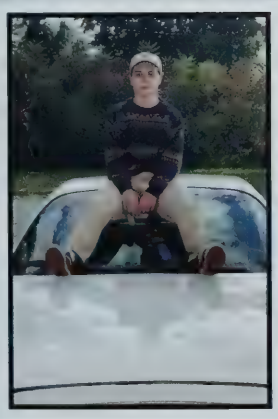
Soccer: 9,10,11,12
Track: 9,10,11,12
Hockey: 9,10,11,12
Lyrics: 11,12
Paws Club: 12
Senior Class Play

"Motivation is a load of crap."
-Dean Martin

Sheila Daly

Yoga Club: 9
GSA: 10

"The love of animals is a different kind of love. People who don't love animals can't love people either.. I know that much." -Kedi



Nicolas Daniele

Nicky

Wrestling: 9

"Don't mess up the rotation."

Gabriella DaSilva

Gabby

Softball: 9,10,11,12
Equestrian: 9,10,11,12C
Red Cross: 9
Key Club: 10,11,12
NHS: 11,12
Paws Club: 11,12

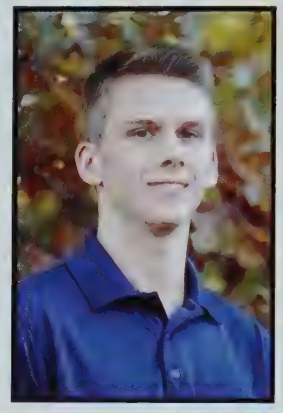
"Bye Felicia."

Wesley Days

Wes

Unity Club: 11,12

"Difficult roads often lead to beautiful destinations."



Travis Donelon

Trav

Swimming and Diving:10,11,12

Eva Draymore

Soccer: 9,10,11,12
Ultimate Frisbee: 10,11,12

"The Shed"

Bridget Drummey

Bridge

Basketball: 9
Indoor Track: 10,11,12
Track: 9,10,11,12
Concert Band: 9, 10,11,12
Jazz Band: 9,10,11,12
Tri-M: 12
Quidditch Club: 10,11,12
Medical Club: 11,12
"Life is not measured by the number of breaths you take, but by the moments that take your breath away." -Maya Angelou

Isaiah Dubois

Dubie

Football: 9,10,11,12
Baseball: 9
Track:10,11,12,
Wrestling: 9

"Water's for the weak!"- Marcel Dubois
"Bird Up!"

Rory Dudeck

R-Pup, Rors

Soccer: 9,10
Track: 9,10
Ultimate: 9,10,11,12
Basketball: 9,10,11,12

"There no talent here, this is hard work. This is an obsession."
- Conor Mcgregor
" Pete Barrett my daddy's a lawyer."
- Michael Barrett

Hailey Dumeny

Soccer: 9,10
Ulitmate: 9
Red Cross: 10VP,12P

"God only lets things grow until they're perfect. Some of us didn't take as long as others."

Cyprien Dzialo

Cyp

Cello
Learning languages
Horseback riding: 9,10,11,12

"Saleem my girl."

Zara Farooqui

Ultimate: 9,11,12
NHS: 11,12
Best Buddies: 11

"When people ask me for advice, I always tell them to take the high road, that way there's more room for me in the low road."
- Tom Havaford

Jasmine Fatemi

Football Manager: 10,11,12
Swimming: 9,10
Track: 10
Interact Club: 9,10
Peer Leadership: 11,12

"Whenever I'm about to do something, I think, would an idiot do that? and if they would, I do not do that thing" - Dwight K Schrute

Lauren Fernandes

Swimming: 9,10,11,12
Field Hockey: 9
East Asia Club: 9,10,11,12
Jet Jotter: 10,12
WMRSAC: 11,12
Class President: 9,10
Senior Class Play

"I'm the better twin."

Marissa Fernandes

Field Hockey: 9,10,11,12
Swimming: 10,11,12
Lacrosse: 9
Ultimate: 10,11
Yearbook: 12
Key Club: 9
Senior Class Play

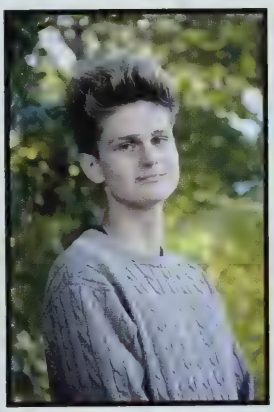
"No, I'm the better twin."

Colin Fitzpatrick

Fitz Nimble

Lacrosse: 9,10,11
Soccer: 9
Indoor Track: 10,11
BPA: 11,12
NHS: 11,12

"I just want the bread, keep the peanut butter jelly." - Kodak Black



Liam Flaherty

Mr. Eagle

Indoor Track: 11
Football: 12
Ultimate Frisbee: 10,11,12
Key Club: 10,11

"That ain't no problem."
-Shannon Sharpe

Fiona Flavin

Bones

Softball: 9
Ultimate Frisbee: 10, 11
Best Buddies: 9,10,11, 12
Key Club: 9,10

"I'm the glue."

Patrick Flynn

Jack M

Football: 9,10
Lacrosse: 9,10,11,12
Senior Class Play

"Let's get this bread."
-Duncan Kelly

Matthew Freda
Mugshot, MF-40

Soccer: 9,10
Wrestling: 9,10,11,12
Ultimate Frisbee: 12
Senior Class Play

"Free Sree", "YG 4 Hunnid"

Rachel Freedman

Soccer: 9,10
Tennis: 9,10,11,12
The Accidentals: 9,10,11,12
NHS: 11,12
S.A.D.D.: 11,12
Tri-M: 11,12

"Go big or go home."

Aishah French
Frenchie

Track: 9,10,11
Indoor Track: 10,11
Ultimate Frisbee: 12
Video Gaming and Art:10
Art Club: 11
ASL: 12
Jet Jotter: 12

"Yes, I would like a children's menu."

Daniel French
Frenchy, Toast, Piso

Lacrosse: 12
Hockey: 9

"You need a new senior quote."
–Mom

Jasmine Fu
Volleyball: 9,10
Key Club; 9,10,11,12
Interact Club: 9,10,11,12
Tri-M: 10,11,12
Best Buddies: 10,11,12
Volleyball Club: 10,11,12
NHS: 11,12
Senior Class Dance Captain: 12
"Be joyful in hope, patient in affliction, faithful in prayer. "–Romans 12:12
"Jon, I want you to stand in front of the mirror every day for two months and declare, "I am worthy of love.""
–Mr Reinemann

Elizabeth Geer
Gear Grinder, Lizzy, Liz, Lizard

Track: 9,10
Indoor Track: 10
Indoor Track Manager:11,12
Track Manager: 11,12

"Whenevr I'm sad, I stop being sad and be awesome instead. True story."
–Barney Stinson

Katherine Gelinas

Key Club: 9,10,11,12
Best Buddies: 9,10,11,12
East Asia Club:10,11,12
Medical Club:11,12
Spanish Club:11,12

"The truth will set you free, but first it will piss you off."
-Gloria Steinem

Samuel Gentile
Sam

"Work hard, play harder."

Max Gevanthor

Max G

Wrestling: 9,10,11,12

"Where's the leak ma'm?.
-Patrick Star

Robert Giampietro

Rob

Hockey: 9,10,11,12
Baseball: 9,10,12
Track:11

"I don't have friends, I got family."
-Vin Diesel
"WAKE UP." -Peter Barrett

Tyler Gonyea

TY

Swimming: 9, 10

"If a man does not have the sauce, then he is lost. But the same man can get lost in the sauce. -Gucci Man

Benjamin Goode

Ben

Strength and Conditioning: 9,10,11,12

"Don't tread on me."

Caroline Goodhines

Carol

Crew: 9,10,11
Best Buddies: 9,10
Interact Club: 9,10
Red Cross Club: 11,12
Senior Class Play Director

"It was only a sunny smile, and little it cost in the giving, but like morning light it scattered the night and made the day worth living."
-F. Scott Fitzgerald

Benjamin Goodrich

Basketball: 9,10

"Don't make your senior quote stupid." -Mom

Luke Gottzmann

Cross Country: 9,10,11,12
Track: 9,10,11

"Words build bridges into unexplored regions."

Julia Alexandria Granado

Jules

Soccer: 10,11,12
Swimming: 10,11
Hockey:12

"No one could take my place even if I gave it to them."

Peter Grant
PG

Football: 9,10,11,12
Wrestling: 9,10,11,12
NHS

"To infinity and beyond."
-Buzz Lightyear

Benjamin Griffiths
Bammer

Basketball: 9,10,11,12
Tennis: 9,10,11,12
East Asia Club: 11,12

"If Earth isn't the largest planet then why do we live on it?!"
-Connor Harold

Lily Grigely

Soccer: 9,10
Indoor Track: 9
Track: 9
Ultimate Frisbee: 10,11,12C
Pottery Club: 10,11,12
NHS: 11,12
Key Club: 11,12
Senior Class Play

"All our dreams can come true, if we have the courage to pursue them." -Walt Disney

James Grinstead
Jimmy

Lacrosse: 9,10,11,12
Basketball: 9,10,11,12
Cross Country: 10,11
Stock Club: 9
Ronald McDonald House: 10,11,12

"I said good day." -Fez

Daniil Gritsenko

Swimming: 9
Basketball: 9
Boxing: 9

"Yes, I am 18..."
"Roll Reds..." -Talia Helmus

Aly Grodsky

Cross Country: 10,11,12
Ski Team: 9,10C,11C,12C
Ultimate Frisbee 10,11,12
Class Secretary: 9
Class Vice President of Activities: 12
Mock Trial: 11,12
NHS

"Somtimes I use big words to make myself sound more photosynthesis."

Katie Guidrey
Geej

Soccer: 9,10
Hockey: 9,10,11,12
Softball: 9,10,11,12C
Love146: 11,12
NHS: 11,12

"I need a ride." -Shelby Moccio

Nicholas Guthrie
Rick, Guth

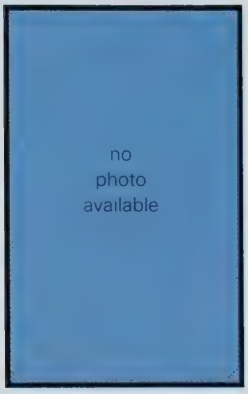
Football: 10,11,12
Track: 10,11,12
Key Club: 9

"I think it's fine." -Danny Duncan
"Yeet." -Terrio

Katie Hadro

Lacrosse: 9,10,11,12
Soccer: 9,10,11,12C
Senior Class Play

"Trust in Trish."
"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."
-Maya Angelou



Evan Hage

Jack Haldopoulos

Haldo

Soccer: 9,
Cross Country: 10,11,12
Indoor Track: 9,10,11,12
Track: 9,10
Key Club: 10,11,12
Ukulele Club: 10,12
Class Secretary: 10,11,12
Ultimate Frisbee: 11,12
East Asia Club: 10,11,12
Senior Class Play
"Keeping you on the straight and narrow." -Matt Lauer

Israel Harrell

Cross Country: 9,10
Track: 9,10
Indoor Track: 11
Ultimate Frisbee: 11

"Yes."

Olesya Havrylyuk

"Stay Fabulous!" -Ms. Daniels

Brett Healy

Wrestling: 9
Baseball: 9
Indoor Track: 11
Track:11
Key Club: 9,10,11,12
Ping Pong Club: 12
Ultimate Frisbee: 12

"It's not denial, I'm just very selective about the reality I accept." -Calvin

Luke O'Neil Heger

Golf: 9,10
Track: 9,10
Crew: 10,11,12

"Life's like a box of chocolates, you never know what you're gonna get." -Forrest Gump

Talia Helmus

Volleyball: 9,10
Indoor Track: 10,11
Ultimate Frisbee: 10,11,12
NHS: 11,12
Best Buddies: 10,11,12
Love 146: 11,12
BPA Club: 11,12
Senior Class Play Choreographer

"Don't call me stupid, that ain't the way my name pronounced."
-Merlyn Wood

Alisa Herger

Lisa

Best Buddies: 9
Key Club: 11

"The difference between ordinary and extrordinary is you gotta be a little extra."

Solomon Hinds

Sol

Track: 9
Swimming: 9,10,11,12
Unity Club: 10,11,12

"Don't do anything stupid for your senior quote." -Mom

Ryan Hottin

Soccer: 9,10,11
Ultimate Frisbee: 10,11,12

"Doom Doom Doom Froom #Scroom"

William Hurwitz

Chez

Soccer: 9,10
Basketball: 9,10,11,12
St. Mary's Angel's Basketball: 11
NHS

"I ride for my guys, that's the bro code." -Young M.A

Matthew Iancu

Matt, John

Football: 11,12
Ski Team: 9,10,11,12C
St. Mary's Angel's Baseball: 9,10

"The only difference between 'try' and 'triumph' is a little umph."
-Raheel Farooqui
"Bend don't break." -Peter Barrett

Meadow Jacobs

MJ

Best Buddies: 12
Key Club: 12

"Why does 'fridge' have a D in it but 'refrigerator' doesn't?"

Madelyn Johnson

Maddy

Volleyball: 9,10
Hockey: 9,10,11
Crew: 10,11

"Sometimes it's the journey that teaches you a lot about your destination." -Drake

Alex Jones

The Master Articulator

Soccer: 9 Baseball: 9
Indoor Track: 10,11,12
Track: 10,11,12
Cross Country: 10,11
Jazz Band: 9,10,11,12
Math Team: 11,12
Tri-M: 12 Science Olympiad: 12
French Club:12 Pit Orchestra: 10
"What we fear most is usually what we most need to do."
-Ralph Waldo Emerson
"Aha!"

Will Jones

Soccer: 9
Cross Country: 10,11
Indoor Track: 10,11
Ultimate Frisbee: 9,10,11,12
Jazz Band: 9,10,11,12

Jenna Joseph

JJ

Cross Country: 9,10,11,12
Basketball: 9,10,11,12
Lacrosse: 9,10,11,12
She's the First: 11
Key Club: 10
Senior Class Play

Robert Joyal

Rob

Hockey: 9,10,11,12
Basketball: 9,10
Key Club: 9

"Try not to become a person of success, but rather try to become a person of value." -Albert Einstein

Caitlyn Joyce

Field Hockey: 9,10,11,12
Ski Team: 9,10,11,12
Lacrosse: 9,10,11,12
Key Club: 10,11,12
S.A.A.D.: 10,11

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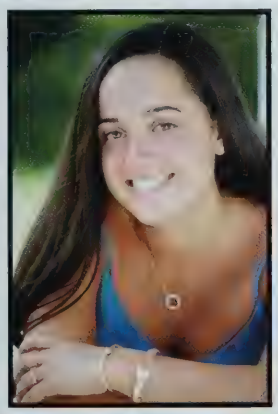

Carolyn Joyce

Lacrosse: 9
Field Hockey: 9,10,11,12
Ski Team: 9,10,11,12
Tennis: 10,11,12C
Key Club: 10,11,12
S.A.A.D.: 10,12

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Megan Judge

Diving: 10,11,12
Pole Vault: 9,10,11,12
Gymnastics: 9,10,11,12
Pottery Club: 10,11,12
Spanish Club: 11,12
Spanish Mentoring Club: 11,12
Best Buddies: 11,12
Sign Language Club: 12
India Club: 12

"I never look back, darling. It distracts from the now." -Edna Mode

Elina Kang

Cross Country: 9,10,11,12
Ultimate Frisbee: 9,10,11,12
Student Gov: 9,10,11,12
Key Club: 9,10,11,12
Love146: 11,12
NHS: 11,12

"You're."

Cooper Keane

Keane

Football: 10,11,12
Track: 9,10,11,12
Best Buddies: 9,10
Lyrics: 11,12

"LET'S GO!" -Coach St. George

Grace Kelleher

G, GK, Gracie

Soccer: 9
Lacrosse: 9
Indoor Track:9
Crew: 10,11,12
Key Club: 9,10,11
Yearbook: 11,12
Senior Class Play

"Hold up...wait." -GK
"The next 4 years are going to fly by." -Ms. August

Duncan Kelly

DK

Basketball: 9,10,11,12
Track: 9,10,11
Cross Country: 11
Soccer: 9,10
St. Mary's Angels Baseball: 9,10
Peer Leadership: 11,12

"Mentally, Physically, emotionally (Hillary) we just weren't there." -Evan Robinson speech of a lifetime
"Can I get a ride?" -Mike Barrett

Sarah Kelly

Skelly

Crew: 10,11
Track: 9
Indoor Track: 9
Key Club: 9
Gardening Club: 11,12
NHS:11,12
Senior Class Play
"Goodbye everyone, I'll remember you all in therapy."
"You're a classic underachiever." -Mr. Fischer

Brody Killeen

Hooglebob

Football: 9,10,11,12
Parasailing: 9
Curling: 10
JCC Basketball: 9,10,11,12

"Brody say CHIPOTLE." -Nicholas St. George

Shannon Kingston

Soccer: 9,10,11,12
Lacrosse: 9,10,11,12
S.A.D.D.: 9,10,12

"Hard work beats talent when talent doesn't work hard."
"They're choir boys and we are thieves." -Steve Dudeck

Brenna Kivel

BK

Cross Country: 9,10
Indoor Track: 9
Crew: 10,11,12
Key Club: 9,10,11
Best Buddies: 10
Yearbook: 12
Interact Club: 12

"Every new beginning comes from some other beginnings end." -Semisonic

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Natalie Klaczak

Nat, Natelz, Natz

CTEC: 9,10,11,12
Skills USA gold medalist: 10, 11
Best Buddies: 9, 10
Key Club: 9, 10

"I am still learning how to go back and reread my own chapters without feeling like I want to let all my pages on fire." -E.V. Rugina

Nicholas Komaiszko

Nick

Wrestling: 10,11,12
As Schools Match Wits: 9,10,11,12
Math Team: 9,10
Debate Team: 9,10
Concert Band: 9,10

"You can never step in the same river twice for it is not the same river and you are not the same person." -Headitus

Emma Jane Konkoly

EJ

Dance: 9,10,11,12
Yearbook: 11,12
NHS: 11,12
Senior Class Play

"This is your world. You're the creator. Find freedom on this canvas."-Bob Ross
";)"-Jill Weldon

Francis Konkoly

Frank K

Soccer: 9,10
Indoor: 9,10
Track: 9,10,11,12
JCC Basketball: 10,11,12
BPA Club: 11,12
Key Club: 11

"It's summer time, why they tryna throw shade?"-Travis Scott

Alexander Koran

Alex

Cross Country: 9,10,11,12
Indoor Track: 9,10,11,12
Track: 9,10,11
Math Team: 9,10,11,12
Science Olympiad: 10,11,12
French Club: 10,12
Key Club: 10,11,12
Competitive Programing Club: 12
Yoyo Club: 10,11
Robotics: 11
"The only thing impossible is impossibility itself."

Nathan Krevolin

Table Tennis: 9,10,11,12
NHS: 12

"Stand up for what is right, even if you're the only one standing."

Gabrielle Kro

Gabby

Basketball: 9
Softball: 9
Ultimate Frisbee: 10,11,12
Best Buddies: 9,10,11,12
Red Cross Club: 11,12
Key Club: 9,10,11,12
S.A.D.D.: 10,11,12
Senior Class Play

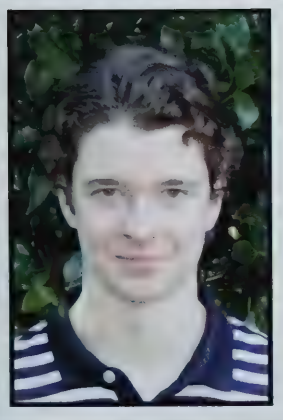
"Don't be late again."-Mrs. Omartian

Abhi Kumar

Abhi, Abhidoo, Nav

Football: 9,10,11,12
Wrestling: 9
Key Club: 9,10,11

"Lights on, pull over."



Addison Lawrence

Daddison

Hockey outside of school: 9,10,11,12
JV Lacrosse: 10

"I put a lot of pressure on myself. I think something's not good enough, and I won't stop until I feel like I've made it. I'm never satisfied."
–J. Cole

James Letendre

Jim

Lacrosse: 10
Hockey: 10,11,12
Cross Country: 12
Key Club: 9
BPA Club: 11,12

"The road to success is always under construction."-Ned Wright

Sophie Levenson

Field Hockey: 9,10,11,12
Ultimate Frisbee: 10,11,12
Indoor Track: 9,10
S.A.D.D: 10,11,12
Senior Class Play: 12
NHS: 11,12

"Life is like a box of chocolates, you never know what you're gonna get."
-Forrest Gump

Harry Li

Cross Country: 10,11,12
Indoor Track: 10,11
Track: 9,10
Science Olympiad: 10,11,12
Key Club: 9,10,11,12
Language Mentoriting: 9,10,11

"Foolishly perhaps, but determined none the less, I have high hopes of smashing my name into history that it will take a legendary form even if all books are destroyed."
-L.Ron Hubbard .

Nancy Li

Pottery Club: 9,10
Key Club: 9,10,11,12
East Asia Club: 12

"I want to be reincarnated as a rock."
-Suga (Min Yoongi)
"I'm not saying that I'm hot but a fan asked me what did I eat to become so hot?'...Rice..."-Jackson Wang

Colin Lockhart

Clock

Soccer: 9,10
Basketball: 9,10,11,12
Track: 9,10,12

"It's about how hard you can get hit and keep moving forward."
-Sylvester Stallone

Arjun Loke

Gunner

Soccer: 9
Cross Country: 11
Tennis: 10,11,12
President Democrat Club: 9,10,11,12
Jazz Band: 10,11,12
Lyrics: 10,11,12

"Cutting gym class is for sure worth it."

Kelsey Low

Field Hockey: 9,10,11,12
Indoor Track: 9,10,11,12
Lacrosse: 9,10
Vice President: 12
SAAD: 9,10,11,12
Key Club: 9,10,11,12
NHS: 11,12
Love 146: 11,12

"You can tell a lot about a man by the jibbits on his crocs."
-Post Malone

Maximilian Loyuk

Ice Hockey: 9,10,11,12
Key Club: 11,12
NHS: 11,12
BPA: 11,12

"It would be a waste of life to do nothing with one's ability, for I feel that life is measured in achievement, not in years alone."
-Bruce Mclaren

Claudia Lukas

Wiz
Crosscountry: 10,11,12,
Basketball: 9,10,11,12
Track: 9,10
Key Club: 9,10,11,12
BPA: 11,12
S.A.D.D.: 11,12
Love 146: 11,12
Ultimate: 11,12
NHS: 11,12
Senior Class Play Choreographer
"Everybody wanna be a critic, I have my life and I will live it."
-Kid Cudi

Jeremiah Maberry

"You miss 100% of the shots you don't take."
-Wayne Gretzky

Asa MacCormick

Cross Country: 9,10,11,12
Ultimate Frisbee: 9,10,11,12
Pottery Club: 11,12

"You can dip your finger in wax and pass it on to the next guy."
-R.B.

Gregory Macdonald

Greg

Lacrosse: 9,10,11,12
Wrestling: 9,10,11
Cross Country: 10
Football: 9

"Don't sweat it."

Mary MacDonnell

Cross Country: 9
Indoor Track 9,10,11
Ultimate Frisbee: 9,10
Key Club: 10,11,12
BPA: 11,12
NHS: 11,12
Senior Class Play

"I have no idea what I'm doing, but I know I'm doing it really well."
-Andy Dwyer

Christopher Magauran

Chris

Cross Country: 9,10,11,12C
Indoor Track: 9,10,11
Track: 9,10
Ultimate Frisbee: 11,12
Ukelele Club: 10,11
Ping Pong Club: 9,10,12
Jazz Band: 11,12
Science Olympiad: 12
"Christoper Ma.-" -Every substitute teacher
"I'm here." -Me

Selimar Malave-Tomei

Seli
Key Club: 9,10,11,12
Gay-Straight Alliance: 9,10,11,12
Tri-M: 10,11,12
Drama Club: 10,11,12
East Asia Club: 9,10,11,12
Jet Jotter: 10,11,12
Yearbook: 9,10
Medical Club: 12
"Wig? Snatched. Beauty? Unmatched. Hotel? Trivago."
-Olesya Havrylyuk
"My whole life is a giant mess and I love it." -Andy Dwyer

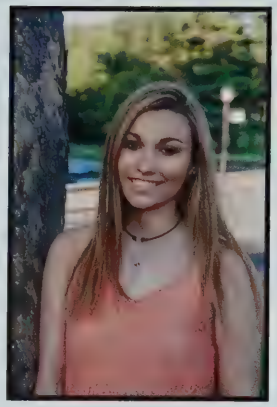
Sydney Maniaci

Key Club: 10,11,12
Medical Club:11,12
Best Buddies: 12

"If the world was ending, I think I would grab some Cinnamon Toast Crunch, a bunch of water, and I'd probably just...I'd probably go crazy.–Tyler The Creator

Kristin Maree

Ski Team: 9,10,11,12
Tennis: 10
Track: 9
NHS: 11,12



Toni Marganti

Cross Country: 9
Key Club: 9,10

"It always seems impossible until it's done."
-Nelson Mandela

Savannah LaRue Martin

Sav

Soccer: 9
Track: 9,10
Ultimate Frisbee: 11,12
Tri-M: 10,11,12
Accidentals: 10,11,12
I Cantori: 12
Ukulele Club: 10,11
Paws Club: 11
Language Mentors Club: 12
East Asia Club: 9
"Say Savannah ooh na na one more time."

McKenzie Matz

Basketball: 9
Indoor Track: 11
Soccer: 9,10,11,12

"You can pay for school, but you can't buy class."

Anna Maurer

Soccer: 9,10
Indoor Track: 9,10,11
Lacrosse: 9,10,11,12
Cross Country: 11,12
Swim Team. 12
NHS:11,12
Best Buddies: 9,10,11
Jet Jotter: 9,10,11
S.A.D.D: 9,10,11

"They're like choir boys and we are thieves."–Steve Dudeck

Eileen McCarthy

Key Club: 9
Operation Smile: 12
Yearbook: 12

"Do you ever talk?"
-Too many people

Mark McClure

Hockey: 9
Lacrosse: 9,10,11,12

"Not all treasure is silver and gold, mate."
-Captain Jack Sparrow

Joseph McDonald

Joey

Wrestling: 11,12
Track: 11
Robotics:12

"I'm a senior, but I stay fresh."

Taylor McHugh

Soccer: 9,10
Indoor Track: 9,10,11,12
Track: 9,10,11,12
Cross Country: 11,12
S.A.D.D: 11,12

"Waves don't die." -Kanye
"How dare you."

Griffin McMahon

Griff

Track: 10,11,12
Pottery Club: 9,10,11,12

"Hey Marky Buddy how's it going big man."

Lauren Messier

Drama Club: 9,10,11,12

*"Life is an ongoing adventure
The adventure only ends, when life itself does. That is the beauty of reality."*

Sarah Metsch

Trish

Crew: 9
Volleyball: 9,10
Ultimate Frisbee: 10,11,12
S.A.D.D: 11,12
Love 146: 11,12
Best Buddies: 11,12

"Trust in Trish." -Will Hurwitz
"Hey that's a nice ringtone you got there Sarah!" BPS

Ellie Michon

Field Hockey: 9,10,11,12
Basketball: 9,10,11,12
Lacrosse: 9
Medical Club: 11,12
Senior Class Play
S.A.D.D: 11,12

"I have to be successful because I like expensive things."

Hunter Mirer

Hunner, Mirror, HunnerGames

Football: 9,10,11,12
Track: 10,11,12
JCC Basketball: 9,10,11,12
Tri-M: 12
Peer Leadership: 12

"Stand for those that can't stand for themselves." -Josh Mirer

Ranen Mirot

East Asia Club: 10,11,12
Science Olympiad: 10,11,12
Robotics: 12
Programming Club: 12

"From even the greatest of terrors, irony is seldom absent."
-H.P. Lovecraft

Bhavin Mistry

Bhavdawg

Ultimate Frisbee: 9,10,11,12

"Being early is being on time; being on time is being late; being late is unacceptable."
-Coach Flaherty

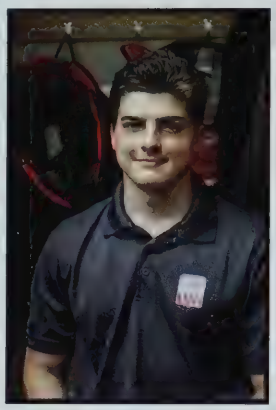
Shelby Moccio

Soccer: 9,10,11
Softball: 9,10,11,12
Accidentals: 10,11,12
Love 146: 11,12
Coats for Kids: 12

"Can you please stop singing."

Rebecca Mooney

"There are two great days in a person's life - the day we are born and the day we discover why." - *William Barclay*



Max Moriarty

USPHL: 9,10,11,12
BPA: 10,11

"Ravioli, ravioli, give me my diplomioli."

William Most

Cross Country: 10,11,12
Indoor Track: 11,12
Track: 9,10,11,12
Hockey: 9,10
Robotics: 11C, 12C
East Asia Club: 11,12
Debate: 9
Math Team: 12
Competitive Program Team: 12

"Oh the robotity of it." -*Jack in the Hat*

Caleb Moulema

POTUS, uBlack Simba, Riccardo, Crisy Caleb, Young Lad

Soccer: 10,11,12
SGA: 11,12
Science Olympiad Club: 10,11,12
S.A.D.D: 9,12
Ted-Ed Club: 12
Wind Ensemble: 9,11,12

"Please don't forget your friends while pursuing your goals."

Quinn Mulcahy

Quinnipiac

Football: 9,10
Lacrosse: 9,10,11,12
Shotput: 11
Indoor Track: 12
Weightlifting Club: 9,10

"Pizza delivery." -*Jordi El Nino*

Sarah Mulcahy

Milk

Soccer: 9
Volleyball: 10
Ultimate Frisbee: 10,11,12
Key Club: 9,10,11,12
S.A.D.D: 9,10,11,12
Operation Smile: 12
Love 146: 11,12
NHS: 11,12

"I knew exactly what to do. But in a much more real sense, I had no idea what to do." -*Michael Scott*

Hassan Mustafa

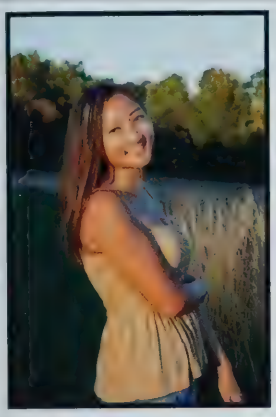
Ultimate Frisbee: 11,12
Badminton Club: 10,11
Key Club: 11,12
Pottery Club: 11
Environmental Club: 9

"Wanna Chill?"

Quinn Nelson

Indoor: 9
Ukulele Club: 10,11,12
Ultimate Frisbee: 11

"If that's how you want to constrive it, then consider it constriven."



Maya Neumann

Cross Country: 9,10,11,12
Track: 9, 11 Crew: 10
Paws Club: 11,12
East Asia Club 11
India Club: 11
NHS: 11,12 Key Club: 9
Jet Jotter: 10
Accidentals: 11

"Would I rather be feared or loved? Easy. Both. I want people to be afraid of how much they love me."
-Michael Scott

Callen Neveu

Cal

Cross Country: 9,10,11,12
Indoor Track: 9,10,11,12
Track: 9,10,11,12
I Cantori: 11,12
Key Club: 9,10,12
NHS: 11,12
Tri-M: 10,11,12

"True terror is to wake up one morning and discover that your high school class is running the country."

Saskia Nicholls

Mock Trial: 11,12
Key Club: 12

"I look back on being 17 and think 'Oh my god, how did I not die."
-John Mulaney

Brandels Norgren

Hockey: 9,10,11,12
Lacrosse: 9,10,11,12
Cross Country: 10,11,12
Golf: 12
Holy Name Hockey:10,11,12
Key Club: 9,10,11,12
Stock Club: 9

"Show time y'all not catching me."
-DeAndre Nalls

Ashley O'Farrell

Track and Field: 9,10,11,12
Tri-M: 11,12
Accidentals: 12
I Cantori: 12
Senior Class Play

"Music gives a soul to the universe, wings to the mind, flight to the imagination, and life to everything."
-Plato

Aidan O'Keefe

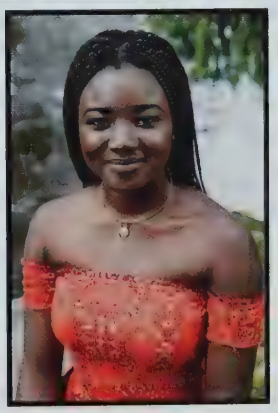
Ultimate Frisbee: 9,10,11,12
BPA: 11,12
NHS: 11,12
Key Club: 11,12
Science Olympiad: 11,12
SCSAC: 12
Senior Class Play

"I wa' nt bawn in de mash to be fool' by trash!" -Mark Twain

Tom O'Shea

Soccer: 9,10,11
NHS: 11,12

"If you wait until the last minute it only takes a minute." -Newton's lesser known 4th law



Kanyinsola Odusami

Sabina, Bean

Volleyball: 10
Indoor Track: 9,10
Key Club: 10,11,12
Unity Club: 11,12
Best Buddies: 9,10,11,12
NHS: 11,12

"I've learned to say here when the teacher hesitates while taking attendance."

Jacob Olczuk

Yakub

Swimming: 9,10,11,12
Football: 11
Track: 9
Lyrics: 11,12
Senior Class Play

"You know they're a good math teacher when they assign the odds for homework."

Emily Oundjian

Ebomb, Emmy

Lacrosse: 9,10,11,12
Cross Country: 9,10,11
Indoor Track: 9
She's The First: 10
Key Club: 10

"They're like choir boys and we are thieves"-Steve Dudeck
"Real G's move in silence like lasagna."-Lil Wayne

Cicily Paadam

Track: 9,10
Ultimate: 11,12
Key Club: 9,10,11,12
Robotics: 11,12
NHS: 11,12
Spanish Club: 11,12
Women in STEM: 11,12
Paws Club: 11,12
India Club: 9,10,11,12

"Life is a journey to be experienced, not a problem to be solved."
-Winnie the Pooh

Sarah Padilla

Soccer: 9,10
Cross Country: 11,12C.
Indoor: 9,10,11,12C.
Track: 9,10,11,12C.
Ukulele Club: 10,11,12
Paws Club: 11,12
India Club: 11,12
Key Club: 11,12
NHS: 11,12

"Positivity, confidence, and persistence are key in life, so never give up on yourself". -Khalid

Joshua Peck

Josh
Cross Country: 9,10,11
Wrestling: 9,10,11
Track: 10
Soccer: 12
Impressions: 10
Jet Jotter:12
Start school Later Task Force: 11,12
"Books are the quietest and most constant of friends; they are the most accessible and wisest of counsellors, and the most patient of teachers."
-Charles Williams Eliot

Jack Peluso

Soccer: 9,10,11,12
Indoor Track: 9,10,11,12
Track: 9,10,11,12
Key Club: 10,11,12

"Sometimes I'll start a sentence, and I don't even know where it's going. I just hope I find it along the way."
-Michael Scott

Michael Perez-Gelinas

Track: 9,10,11,12
Pottery Club: 9,10,11,12

"Life is better on a board."

Patrick Philbin

Philly, Philbo

Hockey: 9,10,11,12
Baseball: 9,10,11,12
BPA: 12

"Perfection is not attainable, but if we chase perfection we can catch excellence."
-Vince Lombardi

Tara Phillips

Hampden County District Attorney
Youth Advisory Board: 10,11,12
Best Buddies: 9,10,11,12
Accidentals: 10,11,12
Spanish Club:11,12
PAWS Club: 11,12
India Club: 12
NHS: 11,12
East Asia Club: 10,11,12
Tri-M: 10,11,12

"This is a part of growing up, a little rebellion, a little adventure."-Tangled

Katrina Pohlman

Swimming: 9,10
Crew: 10,11,12
Key Club: 10

"We cannot direct the wind, but we can adjust the sails."
-Unknown

Benjamin Posnik

Ben, Poz, Lil Benji

Basketball: 9,10,11,12
Cross Country: 9
Operation Smile:
Red Cross Club:

"Dude, 'feat.' is in so many songs."
-Mark McClure

David Pritchard

Pritch

Basketball: 9,10,11,12
Language Mentoring Club: 11
Operation Smile: 12

"Man my team all full of hunters and if you catch me on the court, best believe I got that jumper..."-Sree Boogz

William Quirk

Quirky

Lacrosse: 9,10,11,12
Cross Country: 10,11,12
Hockey: 11,12
Indoor Track: 10
Key Club: 9,10,11,12
BPA: 11,12
Peer Leadership: 11
Senior Class Play

"You wanna know which ring is my favorite? The next one."-Tom Brady

Sky Quiros

Basketball: 9
Volleyball: 9,10
Softball: 10
Key Club: 10,11,12
Red Cross Club: 11
Unity Club: 11,12

"It's been magical, but i'm done."
- Khole Kardashian
"It'll be over in no time and that's life."- Frank Ocean

Jacob Reed

Concert Band: 9
Wind Ensemble: 10,11,12
Jazz Band: 10,11,12

"All I can do is be me, whoever that is."- Bob Dylan

Cameron Riordan

Cam

Basketball: 9,10,11,12
Cross Country: 10,11
Lacrosse: 9

"She asked when is fashion week ...uuuuum..I thought it was every week??!!"-Kanye West

Joshua Rivera
Skittle God

Football: 11

"Life's a garden, dig it!"

Nicholas Robinson
Nick

Baseball: 9,10,11,12
Soccer: 9,10,12
Basketball: 9,10
Cross Country: 11
Angels Baseball: 9,10
JCC Basketball: 11,12
NHS: 11,12
BPA: 11,12

"Country road take me home."
-John Denver

Timothy Robinson
Tim

Basketball: 9
Baseball: 9,10,11,12
Soccer: 9,10,11,12
Angels Baseball: 9,10,11
JCC Basketball
NHS: 11,12
Key Club
Science Olympiad

"Don't be afraid to make a mistake."

Dylan Rodriguez-Shaw
D-Rod
Cross Country: 9,10,11,12
Track: 9,10
Wrestling: 9,10
Stock Club: 9,10
Stroll for Strength: 9,10,11,12
'"Some people create with words, or with music, or with a brush and paints. I like to make something beautiful when I run. I like to make people stop and say 'I've never seen anyone run like that before.' It's more than just a race, it's style."

Madison Romano
Madds

Softball: 9,10,11
Volleyball: 10,11

"Goodbye everyone, I'll remember you all in therapy." -Plankton

Thomas Rosemond
Tommy

Indoor Track: 9,10,11,12
Baseball: 9,10,11,12
BPA: 10,11,12

"We're all just a kid from somewhere." -Derrick Rose

Carter Rosewell

Soccer: 9,10,11,12
Indoor Track: 9,10,11,12
Lacrosse: 9,10
Track: 11,12
Key Club: 11,12

"If you don't try to win, you might as well hold the Olympics in somebody's backyard." -Jesse Owens

Samantha Rubin
Sammi

Key Club: 9,10,11
La Capella: 10,11,12

"I don't wear loud shoes to sound like a teacher, I wear them because I like them."

Joshua Ruglass

JJ

Lyrics: 12

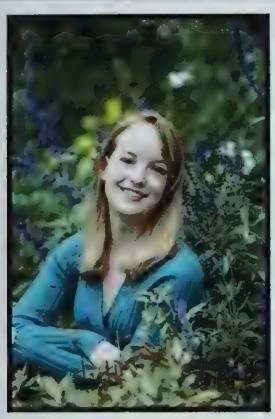
"I got kicked outta Hogwarts for using black magic."

Karlee Russo

Cross Country: 9,10,11,12
Lacrosse: 9,10,11,12
Key Club: 11,12
NHS: 11,12

"They're like choir boys and we are thieves." -Steve Dudeck

"You just go with the flow because life is just all about how you feel." -Post Malone



Amelia Ryan

Ballet: 9,10,11,12
Mock Trial: 10,11,12
Massachussetts High School Democrats: 10,11,12
LHS Democrats: 10,11,12

"Hi, I'm Junie B. Jones and the B stands for Brett Kavanaugh doesn't belong on the Supreme Court." -Someone on Twitter

Ian Samuelson

Een

Hockey: 9,10,11,12
Lacrosse: 9,10
Soccer: 9

"A bruise on the leg is a hell of a way from the heart." -Herb Brooks

"Ryan feed and walk the dogger." -AJ Hottin

Joseph Santaniello

Sant

Hockey: 9,10,11,12
Football: 9
Holy Name Hockey: 9,10,11,12
Crew: 9

"NOO! This is Patrick!" -Patrick Star

Kathleen Santarelli

Katie

Ski Team: 9,10,11,12
Soccer: 9,10
Cross Country: 11,12
Ulitmate Frisbee: 10,11,12
Best Buddies: 9,10,11,12
NHS: 11,12
Takikawa-Longmeadow Exchange: 11

"I am ready to face any challenge that might be foolish enough to face me." –Dwight Schrute, The Office

Gabriella Santiago

Ella

Cross Country: 9,10,11,12C
Indoor Track: 10,11,12
Ultimate Frisbee: 10,11,12
Ukulele Club: 10,11,12
PAWS Club: 11,12
Lyrics: 11,12
The Accidentals: 10,11,12
NHS: 11,12 Yearbook: 11,12

"Even your worst has to be, like, pretty good." -Mrs. Callahan

Ruby Scheff

Red Cross Club: 12
Football Manager: 10,11

"That wasn't like high school musical at all."

Isaac Schein

Yearbook: 11,12
Junior Activities Council: 11
Israeli Culture Club: 12
Senior Class Play

"A great attitude becomes a great day which becomes a great month which becomes a great year which becomes a great life."

Gia Sellica

Gigi, G

Ultimate: 11
Key Club: 9,10,11
Jet Jotter: 12
Paws:11

"Time for an existential crisis!" -Mr. Williams

Adam Sergentanis

Sarge

Indoor Track: 9,10,11,12
Track: 9,10,11,12
East Asia: 9,10,11,12
Key Club: 11,12

"It's not that bad, it's just got a little wang to it." -Joey Diaz

Peter Shadwell

Football: 9,10,11,12
Baseball: 9
Indoor Track: 9
Ultimate: 10
Table Tennis: 9

"I have never developed indigestion from eating my own words." -Winston Churchill
"I have not failed. I've just found 10,000 ways that don't work." -Thomas A. Edison

Mohammed Ali Shah

Allen

Ping Pong Club: 11
CTEC Health: 10,11
CTEC Networking: 12
CTEC Student of the Month Networking: 11
Certifications in OSHA, Basic Life Support, CPR, Feeding Assistant: 10

"God gives His hardest battles to His strongest soldiers."

James Shea

Jimmy, Jim

Wrestling: 9,11,12C
Cross Country: 9,10
Ultimate Frisbee: 10,12

"But are you a different animal, and the same beast?...You're welcome." -Kobe Bryant

Matthew Shea

Matt

Soccer: 9,10,11,12C
Indoor Track: 9,10,11,12
Baseball: 9,10,11,12
Lyrics: 11,12
NHS: 11,12
Senior Class Play

"If the ground is more dense than water, wouldn't the earth sink." -Will Most

Ruby Shea

Lyrics: 10,11,12
I Cantori: 10,11,12
Accidentals: 9,10,11,12
East Asia Club: 10,11,12
Best Buddies: 9,10,11,12
NHS: 11,12
Tri-M: 10,11,12

"Secret classroon superpowers?" -Kahoot

Brahadesh Sivakumar

Breggy

Tennis: 10,11,12
Cross Country: 9,10,11,12
Key Club: 9,10,11,12
School Committee: 10,11,12
Science Olympiad: 10,11,12

"Why can't we all just get along? -Rodney King" -Mr. Fischer

Maeve Smith

Cross Country: 9,10,11,12
Basketball: 9,10
Indoor Track: 11,12
Track: 9,10,11,12
S.A.D.D: 10,11,12
Key Club: 10,11,12

"Everyday is leg day when you're running away from your problems."

McKelvie Smith

Jet Jotter: 9,10,11
Ukelele Club: 10,11,12
Women in STEM: 11,12
Tri-M: 11,12
NHS: 11,12

"You are you. Now, isn't that pleasant?" -Dr. Seuss

Zachary Steinberg

Ski Team: 9,10,11,12
Cross Country: 11,12
Track and Field: 10,11,12
Baseball: 9
St. Mary's Angels Baseball: 9,10,11
Key Club: 9,10,12
Medical Club: 11,12
BPA: 11,12
NHS: 11,12
"Before I do anything I ask myself, 'Would an idiot do that?' and if the answer is yes, I do not do that thing." -Dwight Schrute

Jessica Stevens

Jess

Football Manager: 9,10,11
Key Club: 9

"Never thought cheating would get me this far."

Ryan Stocks

Stocks

Lacrosse: 9,10,11,12
Football: 9,10,11,12
Ping Pong Club: 9

"Well done is better than well said" –Benjamin Franklin
"No it's not that." –Danny Duncan

Andrew Stratton

Football: 9,10,11,12
Indoor Track: 9,10,11,12
Track: 9,10,11,12
Jazz Band: 9,10,11,12
NHS: 11,12

"There has never been a sadness that can't be cured by breakfast food." – Ron Swanson

Kristopher Strempel

Kris, Toph

Soccer: 9,10,11,12
Baseball: 9,10,11,12
Basketball: 9,10
Red Cross Club: 12
Operation Smile: 12

"They don't think it be like it is, but it do." –Oscar Gamble

Abigale Szlajen
Abby

Field Hockey: 9,10,11,12
Indoor Track: 11,12
Track: 10,11,12
Lacrosse: 9
Key Club: 9,10,11,12
Paws Club: 11,12
Women in STEM: 11,12
Wind Ensemble: 11,12
Senior Class Play

"Three ways to describe me: #super #smart."–Chris Pratt

Georgia Szostkiewicz
Gep

Cross Country: 9,10,11,12C
Track: 9,10,11
Indoor Track: 9,10,11
NHS: 11,12
Medical Club: 12

"Let me do me." -Lil Wayne

Lauren Thomas

Soccer: 9,10
Crew: 10,11,12
Key Club: 10,11,12
Gardening Club: 12
Wind Ensamble: 11,12
Senior Class Play

"A lot of people always question, 'What else can she do, what else can she do?' And I'm going to show you."
–Cardi B

Delaney Tobias
D. Delanes

Softball: 9,10
Ultimate Frisbee: 11,12
Best Buddies: 9,10,11,12
S.A.D.D: 9,10,11,12
Yearbook: 12
Senior Class Play

"I'll be back."
–Ms. August

Kathryn Vasu

Cross Country: 9,10,11,12
Track: 9,10,11
Jet Jotter: 12
Senior Class Play

Lauren Walt
Larn

Crew: 9,10,11C,12C
STEM Club: 11,12
Gardening Club: 11,12
NHS: 11,12

"I think I'll go to Boston."
";) " –Emma Jane Knokoly

Abraham Wanyama
Abe

"America is Super weird."

Julia Warchol

Crew: 10,11,12
Best Buddies: 9
Key Club: 9
Gardening Club: 11,12

"I wanted to cry during most of it."
–Abdiel Ramos

Maxwell Waslick

Max

Cross Country: 9,10,11,12C
Indoor Track: 9,10,11,12
Track: 9,10,11,12
Lyrics: 10,11,12
I Cantori: 11,12

"We are all in the gutter, but some of us are looking at the stars."
-Chief Keef

Michael Wcislo

Mike

JCC Swim Team: 9,10,11,12
Archery: 9,10
Gaming Club: 9,10
Drama Club: 11

"There is no 'one up' in life. So live life to the fullest!"

Gillian Weissman

Gill

Indoor Track: 9,11,12
Cross Counry: 11,12
Track: 11,12
Key Club: 10,11,12
Ukulele Club: 10,11,12
Women in STEM: 11,12
Paws: 11,12
NHS: 11,12

"Hit it, Fergie" -Will.i.am

Jillian Weldon

Jill

Basketball: 9,10
Crew: 10,11,12
Women in STEM: 11,12
Ukulele Club: 10,11,12
NHS: 11,12

" " –Ferb
";) " –Lauren Walt

Emily Williams

Em

Swim Team: 9,10
Key Club: 9,10,11,12
East Asia Club: 12

"I'd rather not."
–Savannah Martin

Audrey Woods

Indoor: 9,10,11,12
Track: 9,10,11,12
Spanish Club: 9,10,11,12
Language Mentoring Club: 11,12
Jet Jotter: 10,11,12
NHS: 11,12
Key Club: 9,10,11

"I don't say anything. I merely offer you a facial expression that suggests you've gone insane."
-Sheldon Cooper

Chloe Wray

Soccer: 9,10
Spanish Club: 9,10,11,12
Ultimate Frisbee: 9,10,11,12
Gardening Club: 11,12

"Boom bam bap badda bap boom pow." –Supa Hot Fire

Edward Wright

Ned

Football: 9,10,11,12
Laccrosse: 9,10,11,12
BPA: 12
JCC Basketball: 10,11,12

"God's Plan."

Zachary Wright
Zach

Football: 9,10
Baseball: 9,10,11,12

"Almost only counts in horseshoes and hand grenades."

Esther Yen

Cross Country: 9,10
Track: 10,11
Ultimate: 11,12
Key Club: 9
Tri-M: 11,12
Ukulele Club: 10,11,12
NHS: 11,12
India Club: 11,12
The Accidentals: 11,12
Lyrics: 11,12

"Well, well, well, how the turntables have..."

Emily Yorns
Em

Soccer: 9,10,11,12
Indoor Track: 10,11,12
Lacrosse: 9,10,11,12
NHS: 11,12
S.A.D.D: 11,12

"How dare you?"
"Much too cool for 7th grade."-SZA
"They're like choir boys and we are thieves."–Steve Dudeck

Jeffrey Zheng

Math Team: 9,10,11,12
Science Olympiad: 10,11,12
Competitive Programming Club: 11,12
Yo-yo Club: 10,11 Key Club: 10,11,12
SCSAC: 11,12 French Club: 10,11,12
Language Mentoring Club: 9,10,11,12
Robotics: 11 NHS: 11,12
Tri-M: 10,11,12
"The mind is a complex and many-layered thing... or at least, most minds are." "As this quote concludes, so ends this senior section of this yearbook. Let's move on to the next chapter– you know what I mean."

CLASS OFFICERS

Left to Right: Kelsey Low, Aly Grodsky, Elina Kang, Jack Haldopoulos, Caleb Moulema, Mr. Rusenko, Mr. O'Connell

PRESIDENT: Caleb Moulema
VICE PRESIDENT: Kelsey Low
VP ACTIVITIES: Aly Grodsky
SECRETARY: Jack Haldopoulos
TREASURER: Elina Kang

ADVISOR: Robert O'Connell
ADVISOR: Joe Rusenko

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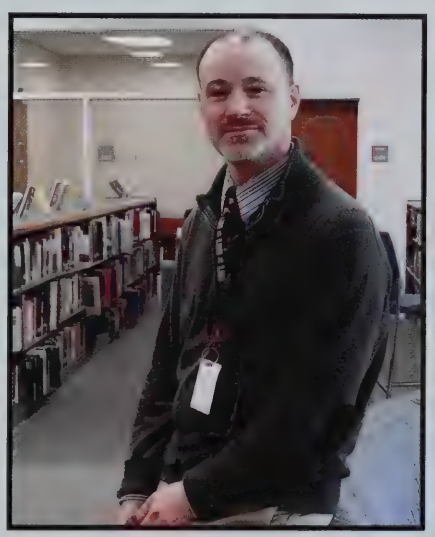


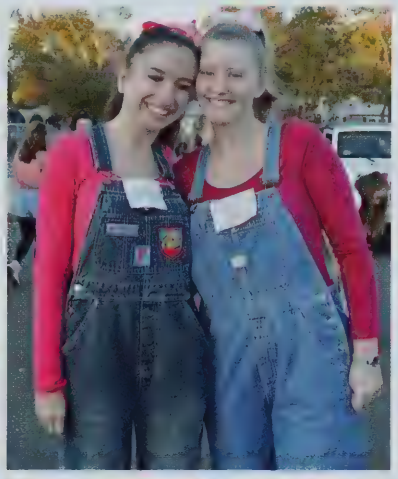
Mr. O'Connell

Mr. Rusenko

Thank you for all that you have done for our class throughout our four years at LHS!

Quizlet Live
777
FORTNITE
patagonia
NETFLIX
Extra
10k
STUDENT PASS
SHELBURNE FALLS COFFEE ROASTERS
ROASTED AND BLENDED BY HAND
DQ
Kahoot!
ENTERING
EST. 1630
LONGMEADOW
ENTERING
INC. 1639
CAPE CO
YER!
ALEX'S BAGEL SHOP
BLACK HOLE
Springfield JCC
YouTube
Thank you for watching
HUJI
CHIPOTLE MEXICAN GRILL
MOE'S
southwest grill
MASTER BREW KOMBUCHA
2K
WISCONSIN
1848
CANADA GOOSE
ARCTIC PROGRAM
BLISS WAGERS STREETBALL
Donut Dip

HALLOWEEN



WAY BACK WHEN...

Nini Acquista

Kevin Allard

Ashvin Babu

Glenn Baevsky

Madelaine Baker

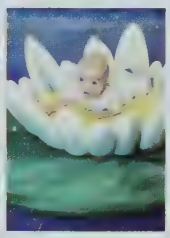
Mason Baron-Pinkowski

Casey Barrett

Mikey Barrett

DJ Beaulieu

Patrick Bergin


Eric Bocwinski

John Bouvier

Charlie Brackman

Henna Brennan

Leah Burstein

Cole Calabrese

Andrew Callan

Kathryn Campbell

Vanessa Cardaropoli

Caroline Carmody

Grace Casale

Caitlin Castillo

Nicole Castro-Saab

Dawson Center

Nate Cieplik

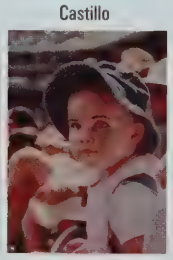
Michael Connors

Kay Conway

Izzy Corridan

Aidan Coughlin

Ellie Coughlin-Michon


Sara Crepeau

Diraliz Cruz

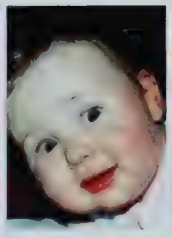
McKenzie Cunningham

Shelia Daly

Gabby DaSilva

Wesley Days

Eva Draymore

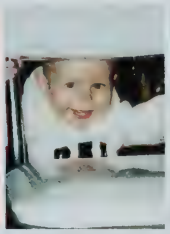

Bridget Drummey

Isaiah Dubois

Rory Dudeck

Hailey Dumeny

Jasmine Fatemi


Liam Flaherty

Rachel Freedman

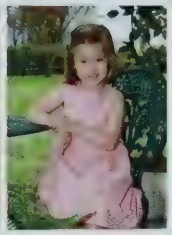
Aishah French

Dan French

Jasmine Fu

Elizabeth Geer

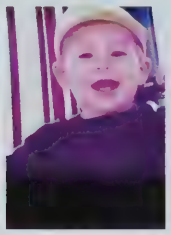
Kate Gelinas


Caroline Goodhines

Ben Goodrich

Luke Gottzmann

Julia Granado


Peter Grant

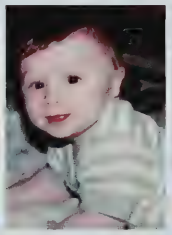
Ben Griffiths

Lily Grigely

Jimmy Grinstead

Aly Grodsky

Katie Guidrey


Nick Guthrie

Katie Hadro

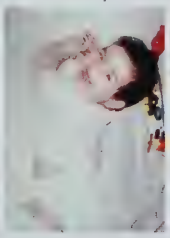
Israel Harrell

Olesya Havrylyuk

Brett Healy

Luke Heger

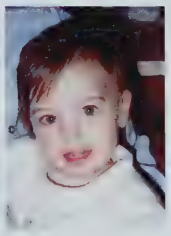
Talia Helmus


Lisa Herger

Solomon Hinds

Will Hurwitz

Matt Iancu


MJ Jacobs

Maddy Johnson

Alex Jones

Will Jones

Jenna Joseph

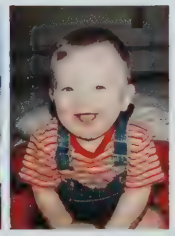
Rob Joyal

Carolyn Joyce
Caitlyn Joyce

Megan Judge

Elina Kang

Gracie Kelleher


Duncan Kelly

Sarah Kelly

Brody Killeen

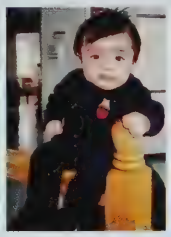
Shannon Kingston

Brenna Kivel

Nick Komaiszko

Emma Jane Konkoly

Francis Konkoly


Alex Koran

Nathan Krevolin

James Letendre

Sophie Levenson

Harry Li

Nancy Li

Colin Lockhart

Arjun Loke

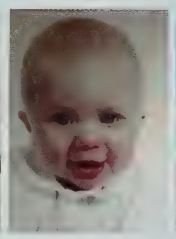
Max Loyuk

Claudia Lukas

Asa MacCormick

Greg Macdonald

Mary MacDonnell

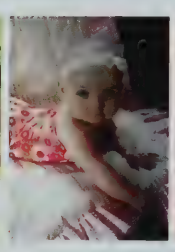


Chris Magauran

Seli Malave-Tomei

Sydney Maniaci

Kristin Maree



Savannah Martin

McKenzie Matz

Anna Maurer

Eileen McCarthy

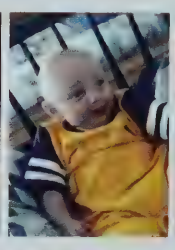
Mark McClure

Taylor McHugh

Lauren Messier

Sarah Metsch

Hunter Mirer



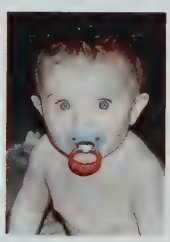
Ranen Mirot

Bhavin Mistry

Shelby Moccio

Rebecca Mooney

Will Most



Quinn Mulcahy

Sarah Mulcahy

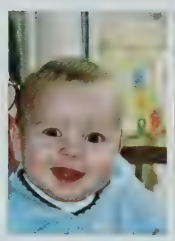
Quinn Nelson

Saskia Nicholls

Brandels Norgen

Ashley O'Farrell

Aidan O'Keefe



Tom O'Shea

Sabina Odusami

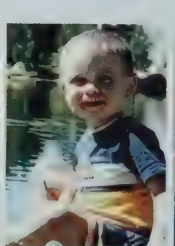
Emily Oundjian

Cicily Paadam

Sarah Padilla

Josh Peck

Jack Peluso

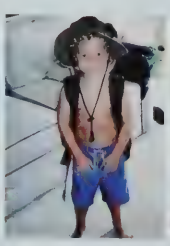


Michael Perez-Gelinas

Patrick Philbin

Tara Phillips

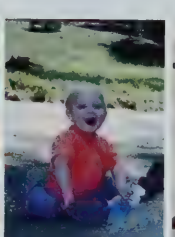
Katrina Pohlman



Ben Posnik

David Pritchard

Will Quirk



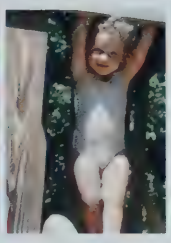
Jacob Reed

Cam Riordan

Josh Rivera

Tommy Rosemond

Carter Rosewell



Sammi Rubin

Josh Ruglass

Karlee Russo

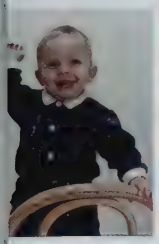
Amelia Ryan

Joe Santaniello

Katie Santarelli

Ella Santiago

Ruby Scheff



Isaac Schein

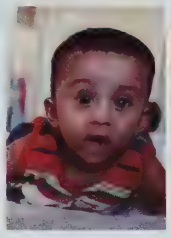
Gia Sellica

Adam Sergentanis

Peter Shadwell

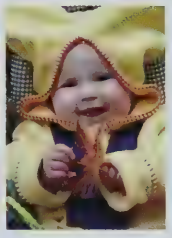
Matt Shea

Ruby Shea



Breggy Sivakumar

Maeve Smith

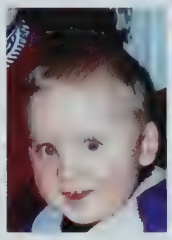


McKelvie Smith

Zac Steinberg

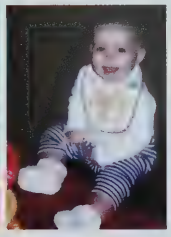
Jess Stevens

Ryan Stocks



Andrew Stratton

Kris Strempel



Delaney Tobias

Kathryn Vasu

Lauren Walt

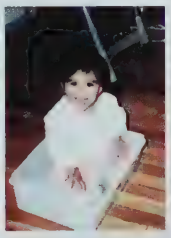
Max Waslick

Gillian Weissman

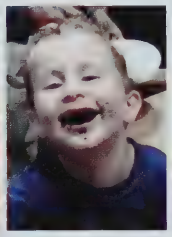
Jillian Weldon

Emily Williams

Audrey Woods



Chloe Wray



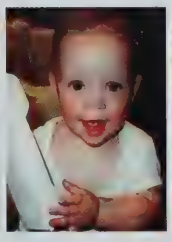
Zach Wright

Esther Yen

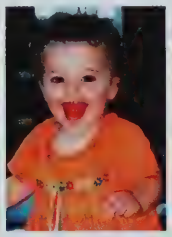
Emily Yorns

Jeffrey Zheng

Sam Brock



Lauren Fernandes



Marissa Fernandes

Abhi Kumar

Gabby Kro

Sam Gentile

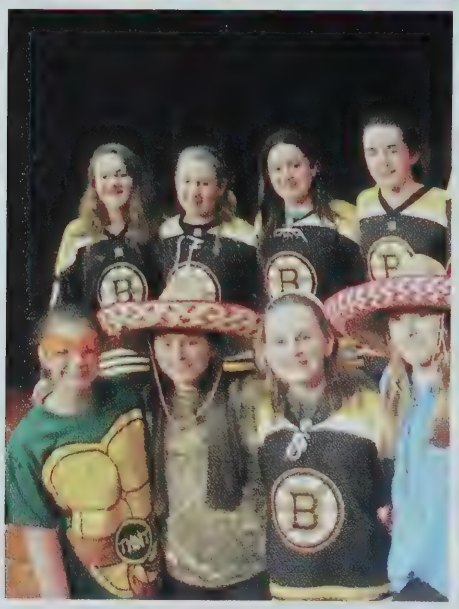
Tyler Gonyea

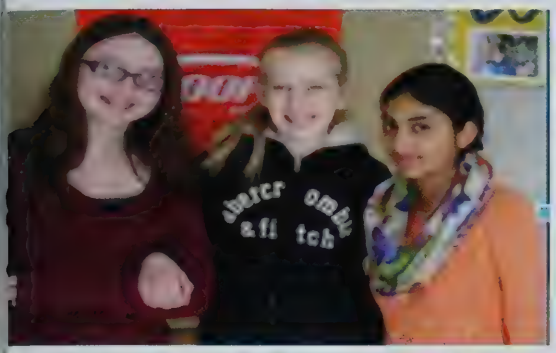
Toni Marganti

Lauren Thomas

GOOD LUCK CLASS OF 2019!

THROWBACK





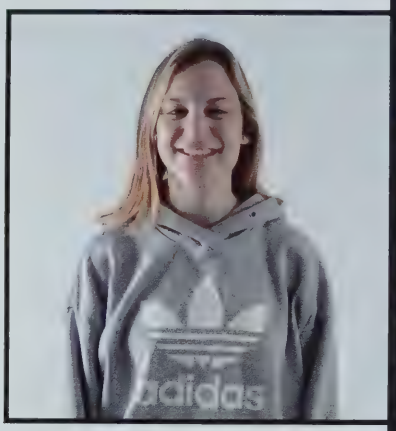
PINK

AMHERST

SENIOR SUPERLATIVES

Best Eyes

Anna Maurer



Patrick Flynn

Best Hair

Lauren Fernandes

Liam Flaherty

Best Athlete

Kay Conway

Jack Barron

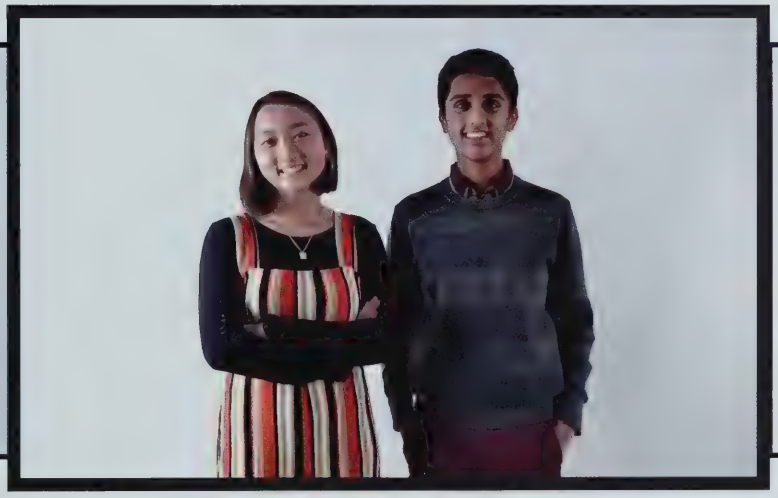
Best Artist

Lily Grigely

David Pritchard

Best Dressed

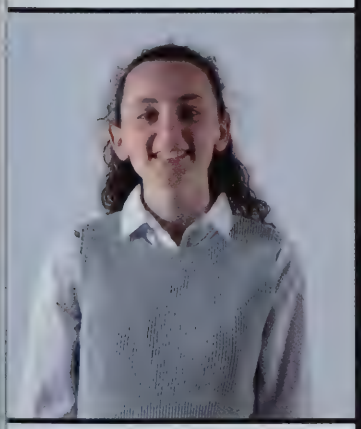
Maya Neumann



Arjun Loke

Best Musician

Ruby Shea

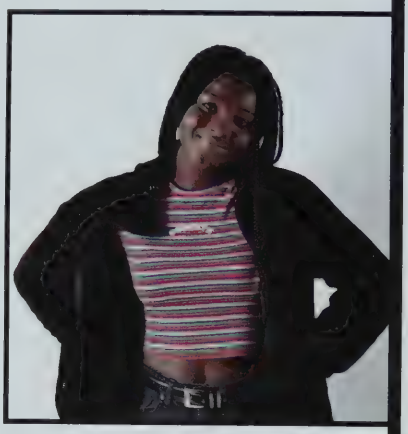


Sam Brock

HS

Best Looking

Sabina Odusami



Joe Santaniello

Teacher's Pet

Caroline Goodhines

Sam D'Angelo

Best Laugh

Dawson Center

Fiona Flavin

19

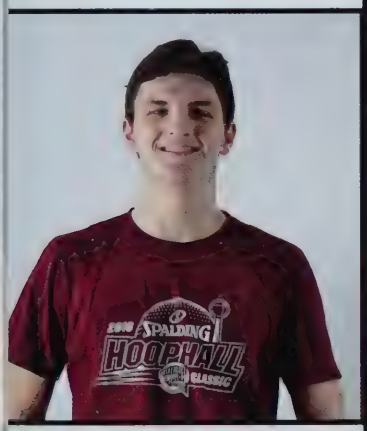
Class Brain

Cicily Paadam

Nate Cieplik

Life of the Party

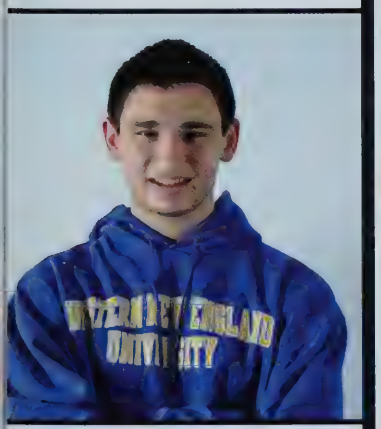
Duncan Kelly



Marissa Fernandes

Best Twins

Nick Robinson

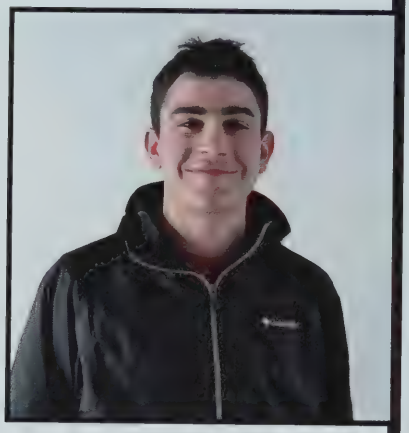


Tim Robinson

LHS

Friendliest

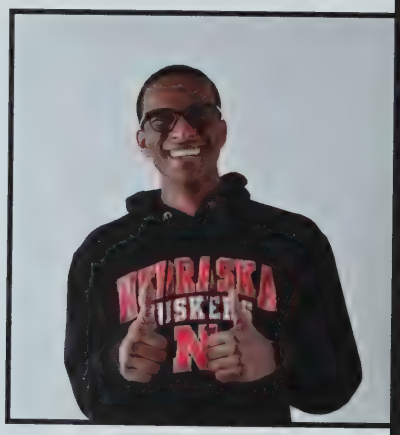
Mike Barrett



Katie Santarelli

Best Smile

Solomon Hinds



Aly Grodsky

LHS Superfan

Will Hurwitz

Jasmine Fatemi

19

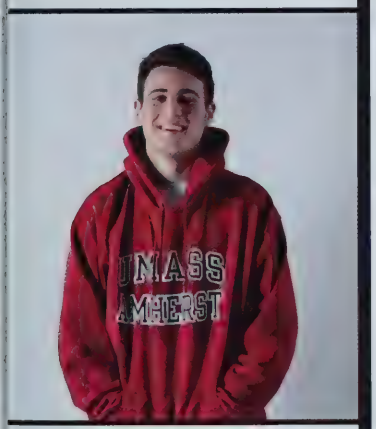
Class Hipster

Daniil Gritzenko

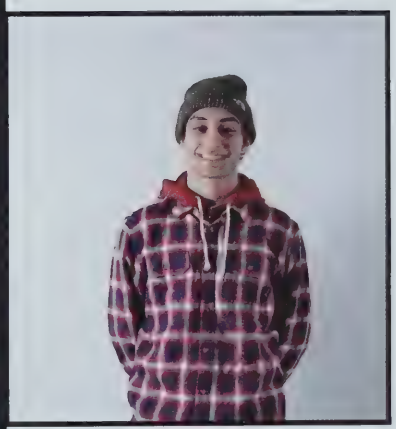
Anushay Atif

Best Bromance

Joe Santaniello



Matt Freda



Best BFFs

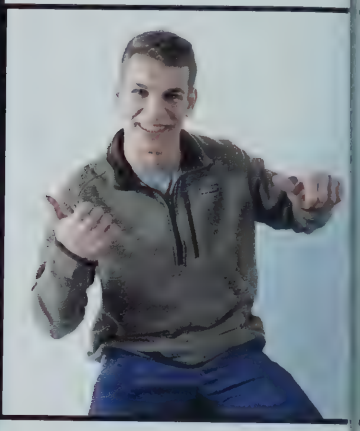
Shelby Moccio

Katie Guidrey

Class Couple

Ellie Michon

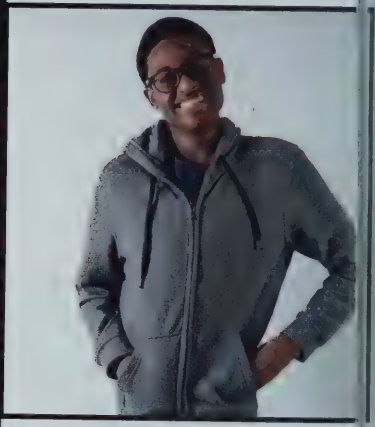
Mike Carterud



Most Likely to be Famous

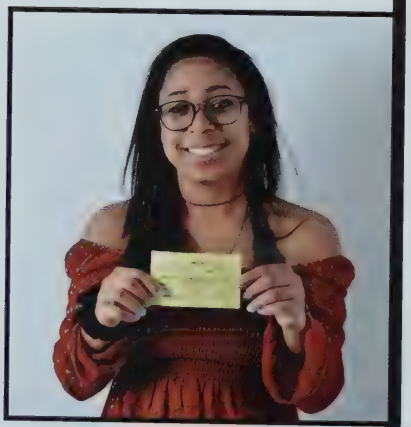
Shelby Moccio

Wesley Days



Always Running Late

Gabby Kro

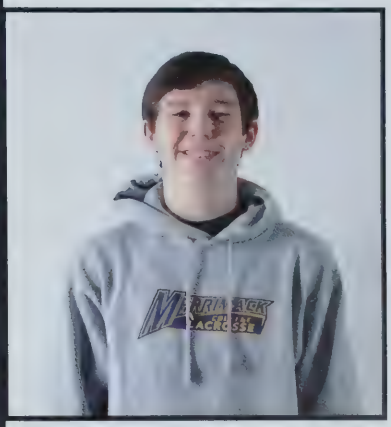


Greg Macdonald

Most Likely to be ID'd at 30

Elina Kang

Rory Dudeck



Funniest

Matt Iancu

Claudia Lukas

Class Couple That Never Dated

Shannon Kingston

Zach Wright

the senior class presents...

Beauty and the Beast

We are so happy with the two shows of "Beauty and the Beast" that we performed for our community. The resilience of our class was made clear when we bounced back from every mistake... even a show cancellation. From late nights spent dancing to song memorization to cast dinners, the play was a huge success and we hope that the memories made during the production will stay with us all for years to come. Thank you for trusting our judgement and helping the vision we had for this production become a reality. A special thanks to the class advisors and class officers, as well as our production team, stage crew, and choreographers for all of their hard work. The play would not have been successful without all of you!

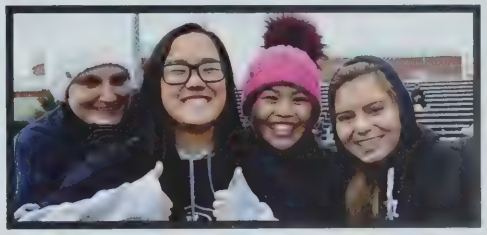
Your directors,

Ashley O'Farrell and Caroline Goodhines

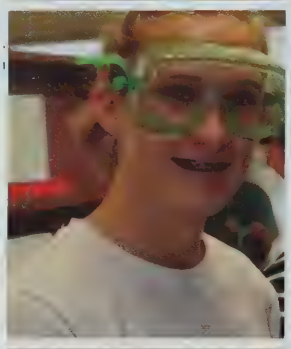
POWDERPUFF 19

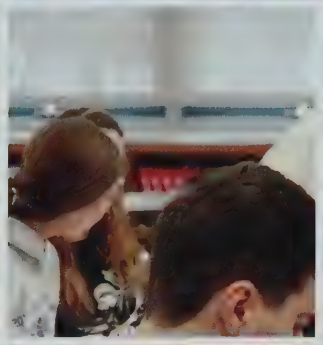
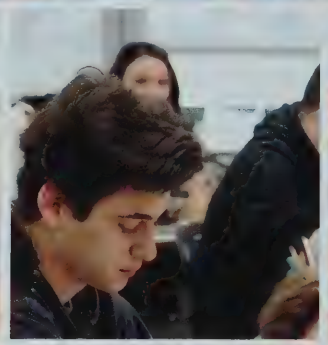
ARMY STOMPS OVER NAVY

ARMY vs NAVY

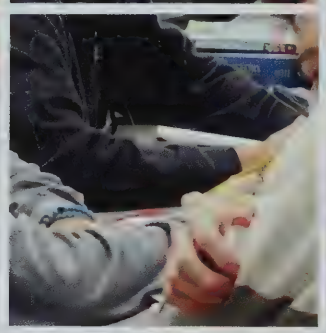


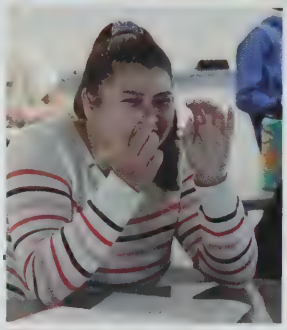
12-2

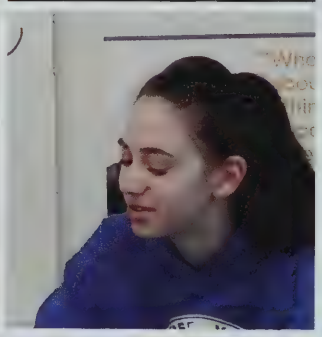


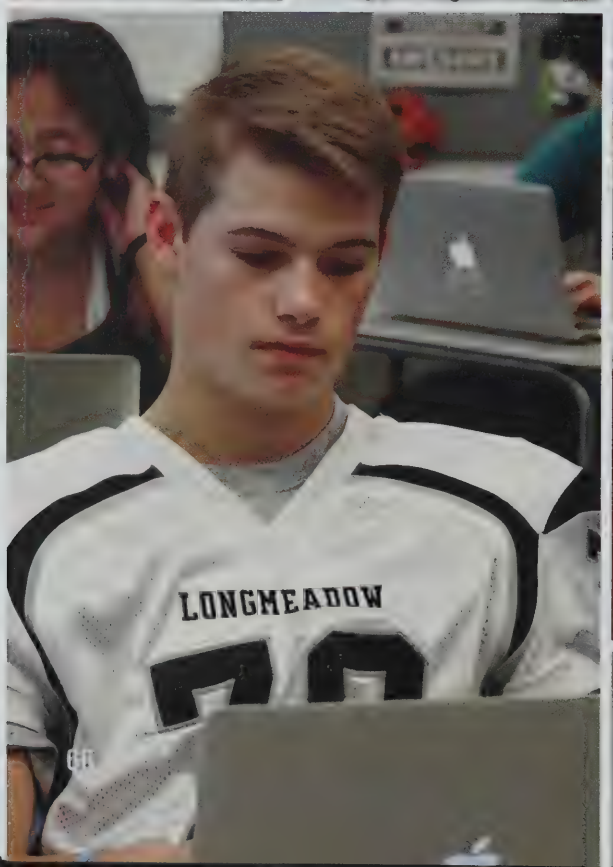
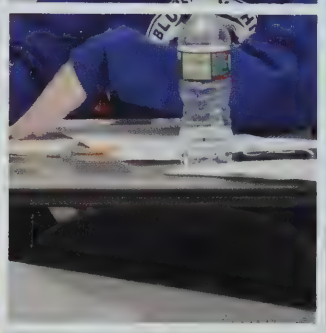



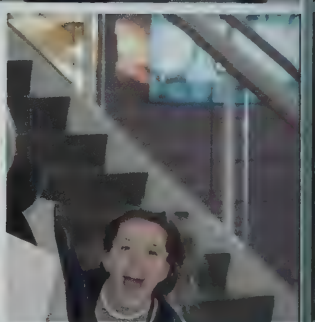
ENTERTAINME
STAFF

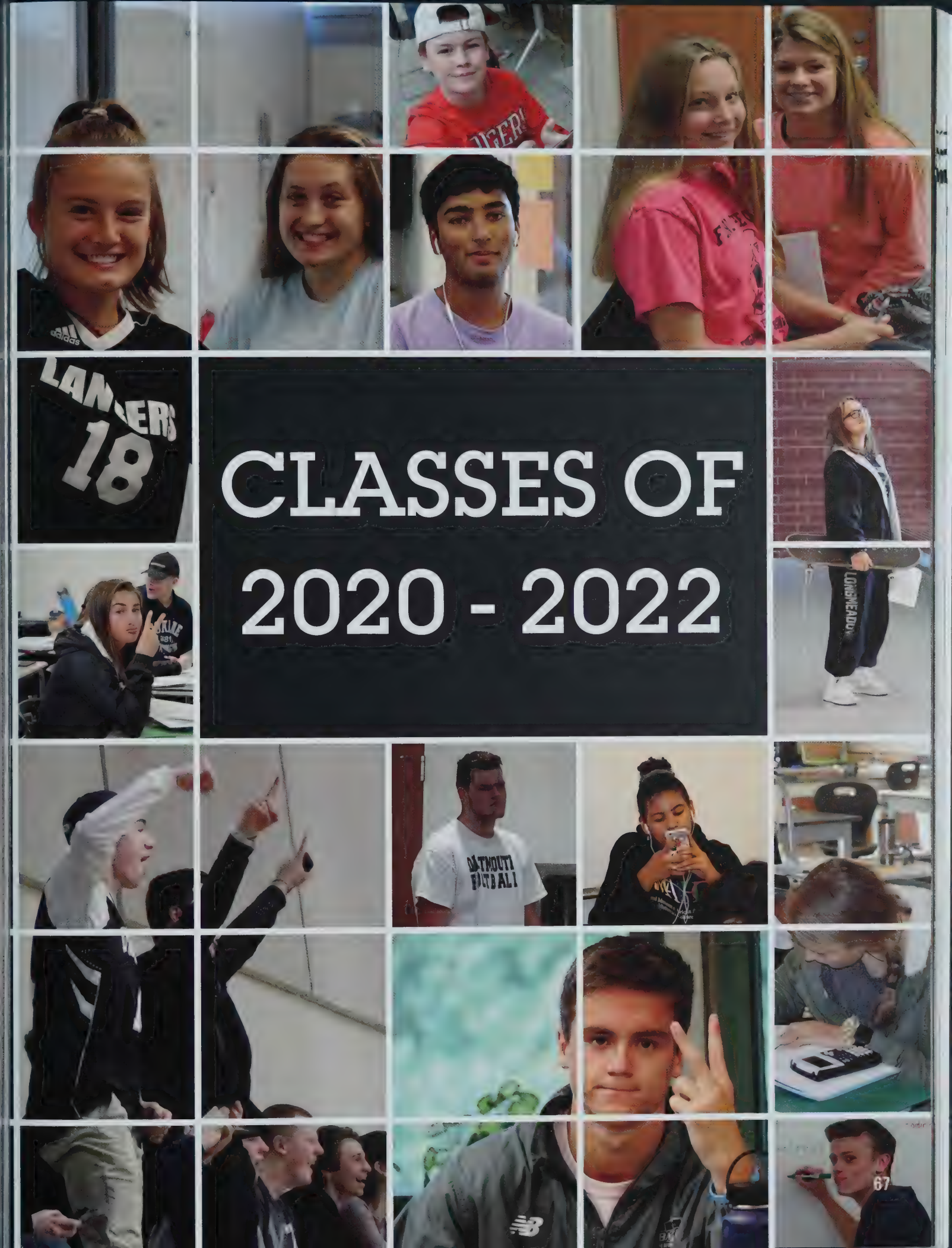







LONGMEADOW





CLASSES OF
2020 - 2022

CLASS OFFICERS

President: Sophia Lemire
Vice-President: Hallie Gallo
Secretary: Nishant D'Souza
Treasurer: Eleni Kollias

ADVISORS:

Mrs. Baker
Ms. Kervian

TWENTY 20

Taqdees Ahmad
William Albano
Nathan Anderson
Daniel Atassi
Varsha Athreya
Maximilian Aveyard
Lianna Baatz

John Baker
Caroline Barbieri
Samuel Barresi
Ashley Barron
Niko Beach
Troy Bennett
Lachlan Berry

Veronica Beznos
Caitlin Blanchette
Brandon Bombard
Michael Bonavita
Aidan Bone
Sophia Brackman
Owen Bradshaw

Andrew Brais
Justin Brayton
Joshua Brody
Margaret Bruderman
Caitlin Brunette
Nathaniel Burt
Liam Byrne

Rocco Calabrese
Joseph Cardaropoli
Julia Cardaropoli
Gillian Carrington
Michael Carroll
Anna Carson
Tyler Case

Emily Catanzaro
Olivia Charboneau
Eugena Choi
Madeline Choiniere-Barr
Zachary Clayton
Haleigh Cole
Noemi Colon

Kelly Conway
Emma Coogan
Trevor Cook
Emily Cooper
Madison Copland
Catherine Corrigan
Christopher Coughlin

Olivia Courchesne
Anna Coyle
William Crews
Jillian Croteau
Julia Cummings
Francesca D'Agostino
Sophia D'Angelo

Nishant D'Souza
Vanessa Dailey
Owen Dalton
Caroline Davis
William Denno
Arend Desarro
Jake Desautels

Noah Desmarais
Matthew DeSouza
Elizabeth DeVore
Christa Mae Diana
Gabriela Diaz
Olivia Dignazio
Madison Dion

MaryJane Ditmar
Jordan DiTusa
Noah Dow
Avery Dunaisky
Jaquelin Eisenhaure
Skylar Enam
Noah Epstein

Jared Ezer
Aleza Falk
Miriam Felzenstein
Menashe Fenster
Emily Fleming
James Foard
Jacqueline Frank

Francis Furnelli
Hallie Gallo
Iris Gallo
Juliana Gandelli
Lanelle Garcia
Courtynie Geier
Sally Gill

Grace Glick
Madeline Goggin
Alisa Goldberg
Jamlec Gonzalez Santiago
David Goode

LHS

Leah Gorfinkel
Tanner Gregori
Breandan Griffin
Molly Griswold
Sanhit Gutta
Adam Hanna
Daniel Harder

Zain Hassan
Andrew Healy
Lily Henshaw
Rilee Holt
Luke Hornyak
Christopher Hulbert
Nathaniel Hunter

Ryan James
Wynton Jarvinen
Christopher Johns
Piper Johnson
Carly Joyal
Cooper Joyal
Sadie Kaim

Joseph Kang
Emma Karamian
Nina Katz
Alexander Kavrakis
Darby Keaney
Devon Kelly
Faith Kelsey

Kevin King
Liam Knowlton
Ilana Kofman
Eleni Kollias
Nicholas Koran
Zachary Kornblum
Nicholas Kowalewski

Sawyer Langer
Alicia Lanides
Blaise LaValle
Emma Lavoie
Matthew LeHouiller
Sophia Lemire
Benjamin Levin

Isabelle Lewis
Erica Li
Joey Li
Katie Li
Liam Lobik
Daniel Madden
Zamyaa Mahmood

Anabella Marchese
Emma Marchetta Turner
Nina Marganti
Luke Martin
Kayla Martinez
Bridgette McAndrews
Owen McGeer

Madison McGrath
Quinn McGrath
Katie McMahon
Michael Mikaelian
Alec Miltenberger
Hanna Minardi
Alexander Mishol

Wyatt Mitchell
Jeremy Moody
Julianna Morfit
Yasmine Morris
Madison Moses
Benjamin Moss
Alexandra Moutafis

Safia Muftic
Esther Muhlmann
Nathanial Neveu
Morgan Nolan
Grace O'Connor
James O'Connor
Natalie O'Connor

Joshua Orujev
Kaleb Osborne
Nora Pandolfi
Klara Pasterczyk
Max Pechulis
Parth Penukonda
Nolan Perna

Rachel Perry
Mai Pho
Linnea Piper
Logan Pohl
Maurice Powe
Maya Powe
Samantha Preston

Isabella Quercia
John Quinlan
Erika Rehbein
Sarah Reyes
Ruby Rich
Kaile Riess
Max Robbins

Devin Roffo
William Rome
Leah Rosenman
Rebecca Rothstein
Zoe Roumeliotis
Samantha Ruyffelaert
Liam Ryan

Kaitlyn Ryczek
Ava Sadowski
Christopher Salwen
Josephine Samo
Jared Scavotto
Lily Schneider
Camille Scott

Joshua Shafier
Maeve Shea
Jared Smith
Matthew Smith
Nathan Sokol
Dena Solomon
Sarah Sprinthall

Grace Stelzer
Caroline Stratton
Jack Suher
Nathaniel Sullivan
Lillian Swanson
Eva Sweeney
Hannah Sweeney

Jack Szyluk
Lilly Tabb
Braeden Tanzer
Sean Tashjian
Madigan Tershner-Kolodziejski
Cathleen Tessier
Jhanavi Thakkar

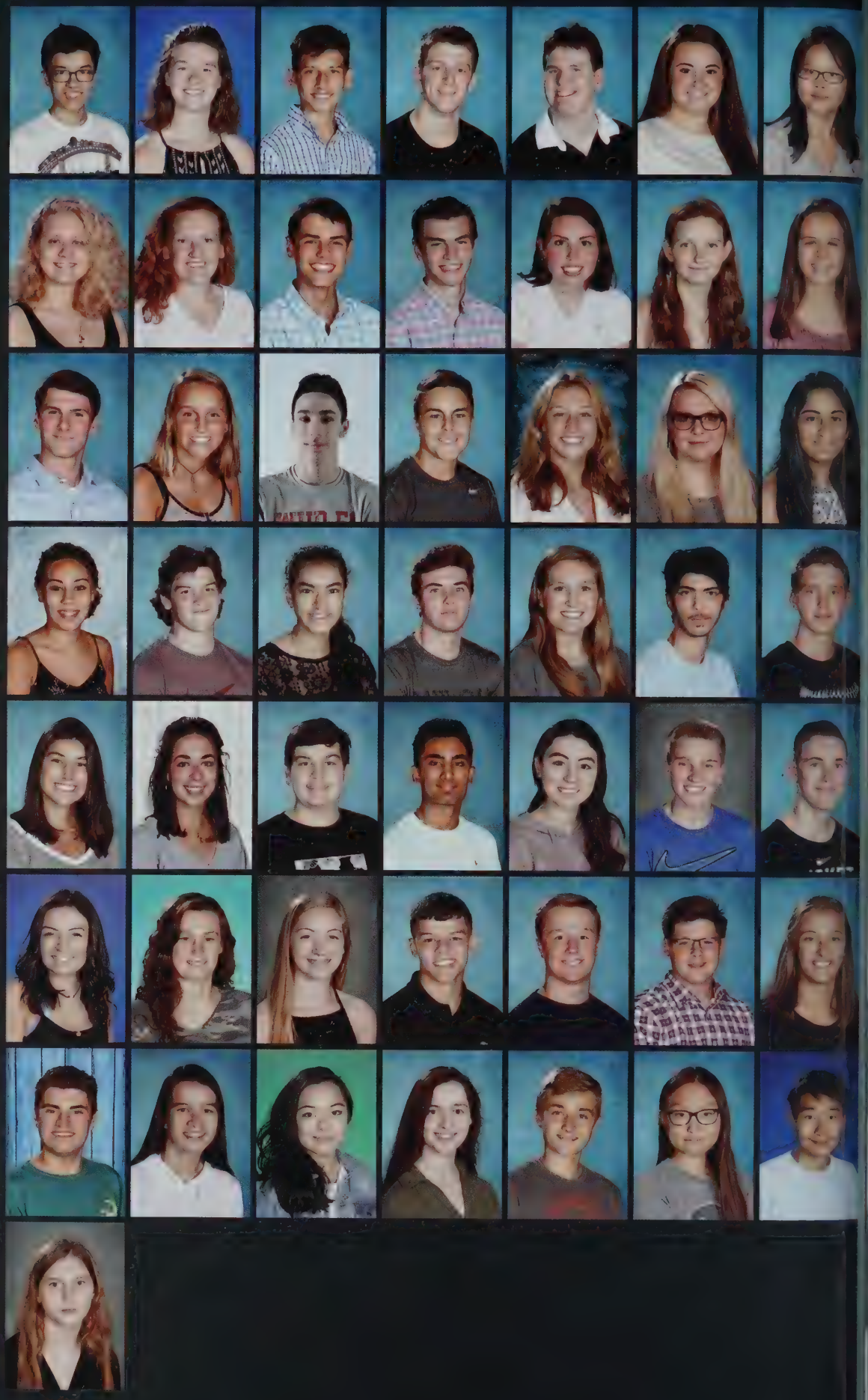
Talyesha Thomas
Eric Thor
Ela Trehan
Alexander Tuttle
Lyssa Tyler
Bijan Vahadji
Peter Valencia

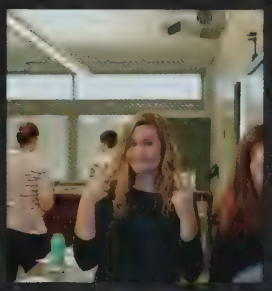
Kendall Vazquez
Isabella Vecchiarelli
Salvador Vega
Videep Vemulapalli
Sage Verdi-Pasquini
Nolan Vuori
Griffin Walbridge

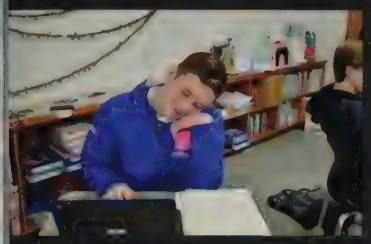
Isabella Walker
Sofia Warren
Alexa Weyer
Michael Willis
Christian Winkler
Shane Woods
Alyssa Wright

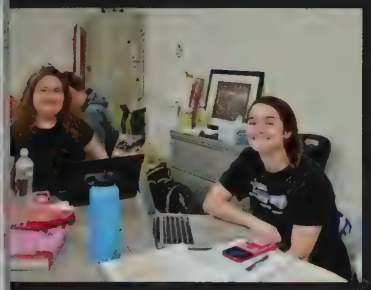
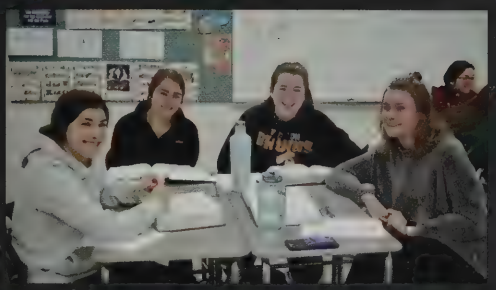
Brandon Wright
Rachel Wun
Vivienne Yang
Emily Yesu
Nicholas Yevsyuk
Claire Yun
Johnathan Yun

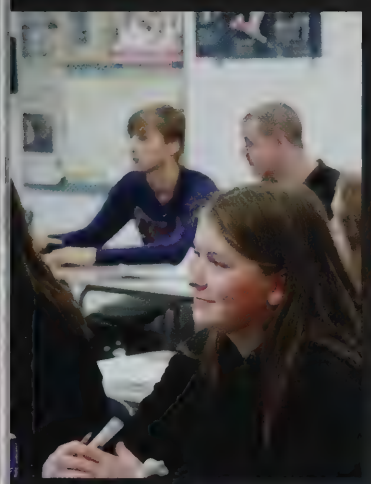
Sophia Ziegler

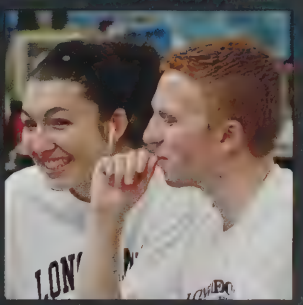
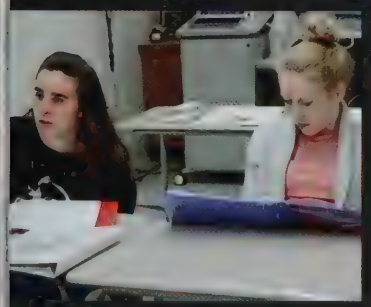
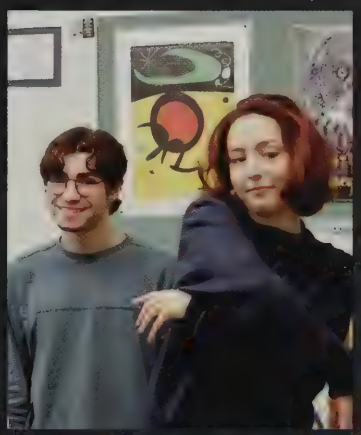


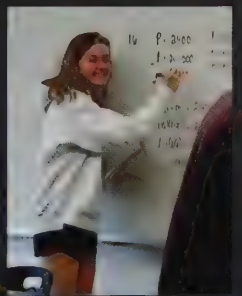








CLASS OFFICERS

President: Armen Asik
Vice-President: Sontino Allentuck
Secretary: Maksim Tonyushkin
Treasurer: Thomas Coulouras

ADVISORS:

Mrs. Drake
Mr. Magowan

TWENTY 21

Kaylee Achatz
Hannah Adams
Sontino Allentuck
Olivia Anderson
Natalie Antonucci
Allison Aron
Armen Asik

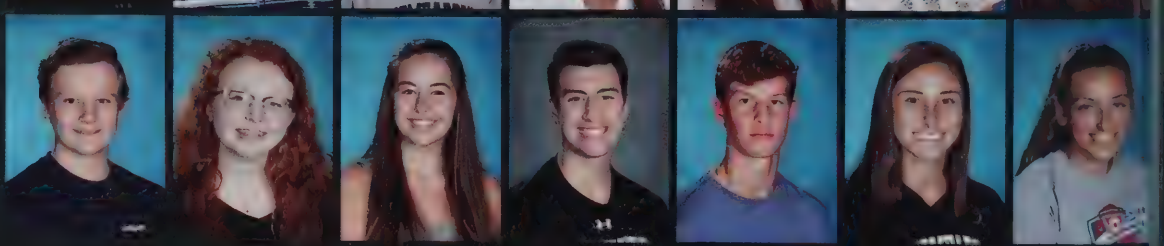
Patrick Bajek
Nina Barnett
Noah Barnett
Megan Baron-Pinkowski
James Barrett
Marjorie Black
Dimitry Blazy

Isibeal Borgea
Brenda Bouvier
Mitchelll Brecht
Wesley Breed
Elizabeth Brown
Laura Burstein
Jack Byrne

Marie Calabrese
Charles Calvanese
Michael Calvanese
Christopher Camerlin
London Cannon-Eckerle
Sabrina Cardaropoli
Perry Carman

Shelby Carman
Andrew Carrier-Pearce
Anthony Casabianca
Priyanka Chamaa
Sarah Chamberland
Rong Chen
Abigail Chiz

Preston Cloutier
Lily Corridan
Bella Costello
Thomas Coulouras
Nicholas Culver
Olivia Cunningham
Michelina D'Agostino



Connie Dai
Elani Daigle
Michael Daly
Tanya Dang
Alexander Daviau
Brooke Days
Ted DeCosmo

Urvashi Desai
Edmund Desarro
Meghan Desrosiers
Ella Dietz
Wynne Dromey
Jayna Ducharme
David Dulaimy

Emily Dumeny
Conor Dunn
Elizabeth Dunne
Bridget Duquette
Owen Dzierzgowski
Jazmine Eadie-Dixon
Sadie Ehrenberg

Michael Emery
Eren Erden
Edward Erofeyev
Antonio Facente
Mary Fallon
Avraham Felzenstein
Binyamin Fenster

Naftali Fenster
Brendan Fitzgerald
Erica Fontaine
Jacob Freedman
Michael French
Salvatore Fusco
Anna Garibian

Eleanor Gettens
Rose Gevanthor
Taylor Gitsas
Aaron Goldberg
Trevor Gonyea
Miriam Gousseynoff
Emma Griffith

Cole Guidrey
Anna Hadro
Christian Hammett
Carter Hanrahan
Michael Harrell
Kelsey Harris
Thomas Heap

Anne Heenan
Ellis Henry
Simon Higgins
Andrew Hines
Christopher Hiser

Colin Hoffman
Max Horowitz
Evelyn Humphries
Rebecca Hundley
Sean Hurley
Ella Hutchins
Emily Ibrahimov

Julia Iwasinski
Samuel Jasmin
Jasmine Jia
Cole Johnson
Edward Johnson
Elizabeth Jones
Richard Joseph

Henry Joyner
Caitlin Judge
Moonis Kazi
Ian Kelly
John Kelly
Madison Khoury
Grace Kimball

Keely Kivel
Alexander Komaiszko
Carly Kratovil
Oliver Kroon
Sydni Landman
Vincent Leander
Brian Leverock

Grace Levin
Katherine Li
Thomas Li
Morgan Lilley
Meaghan MacDonnell
Megan MacElhiney
Brady MacLelland

Michael Mafuz
Christopher Mahoney
Nicholas Manitsas
Olivia Manning
Jeremiah Mantho
Anthony Marino
Dylan Marino

John Marino
Ella Matthew
Kevin McAfee Crowley
Aidan McGeary
Elizabeth McGeer
Luke McHugh
James McLaughlin

Reilly McLaughlin
Arushi Meharwal
Madelyn Messier
Elise Michaud
Audra Miller
Maeve Miller
Charles Miranda

McKenna Mirer
Cole Mitchell
Bradford Moccio
Chandler Morfit
Jake Moriaty
Triana Morrow
Anthony Nguyen

Luke Norman
Samuel Ollari
Lucas Olson
Andrew Ortiz
Celina Osei
Victoria Osei-Owusu
Lauren Oundjian

Matthew Pacella
Harashawardhan Pande
Veronica Paulson
Alyssa Peck
Ryan Peluso
Thomas Perez
Richard Pham

Connor Plankey
Carson Plaus
Alexandra Pohl
Cecelia Reed
Devon Reynolds
Jacob Rice
Hailey Rivest

Camden Rodriguez-Shaw
Delaney Rodriguez- Shaw
Yasmin Rosewell
Katelyn Ryan
Leah Sabatini
Katerina Sanchez-Farina
Aquinnah Sandberg

Elizabeth Sangelo
Emily Sangkachand
Gerald Santos
Theresa Scolari
Andrew Serafino
Meghan Shea
Sean Shea

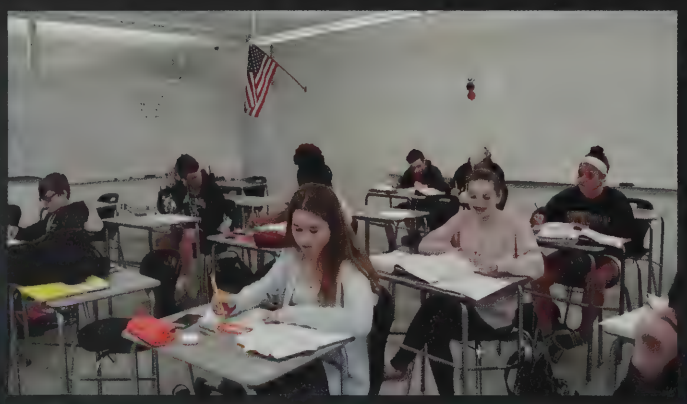
Bilal Sheikh
Benjamin Sokolov
Nolan Srebnick
Samuel Taksar
Daniel Templeton
Stephen Tessier
Catherine Thomas

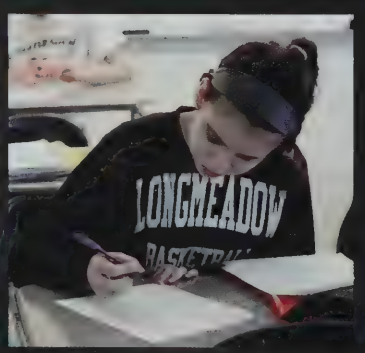
Cooper Thomas
Maksim Tonyushkin
Miaread Toole
Siobhan Toole
Charles Townsend
Nia Trajkovski
Emily Tran

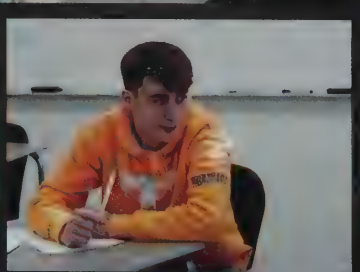
Melissa Tran
Vincent Tranghese
Marisol Treble
Denny Truong
Madison Turpin
Collin Vasu
Miranda Vellenga

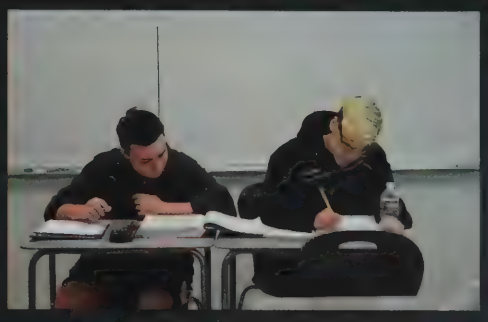
Sydney Walbridge
Elizabeth Walsh
Piper Weldon
Megan Weyer
Brianna White
Alexander Wun
Ainsley Yorns

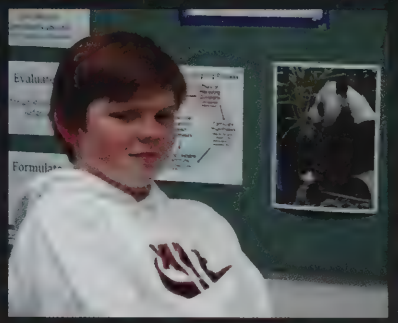
Elisabeth Yorns
Shirley Yuan
Gloria Zhang
Steven Zicolella
Asher Zive







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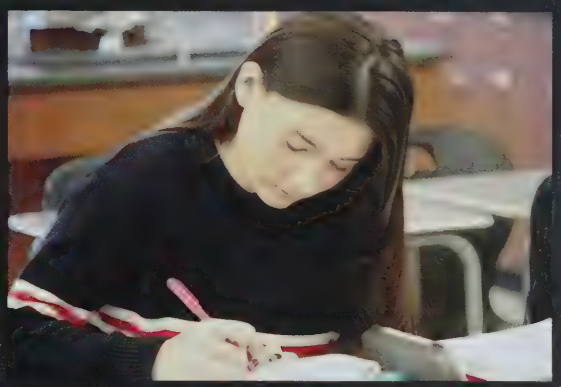

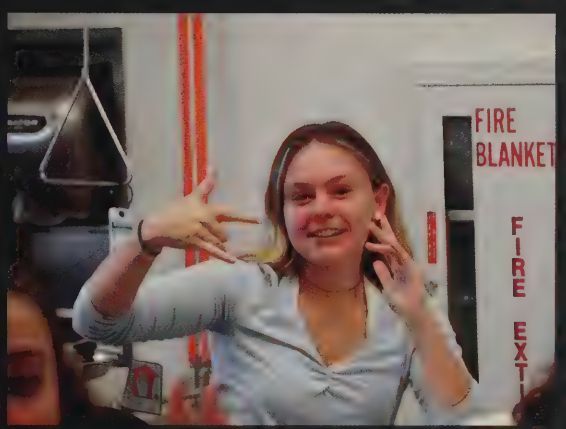
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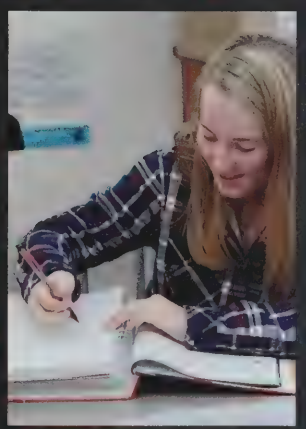
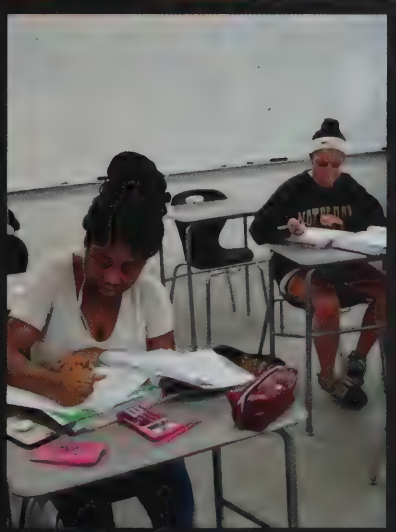




CLASS OFFICERS

President: Jonah Barresi
Vice-President: Peter Preston
Secretary: Christen Charles
Treasurer: Tlna Li

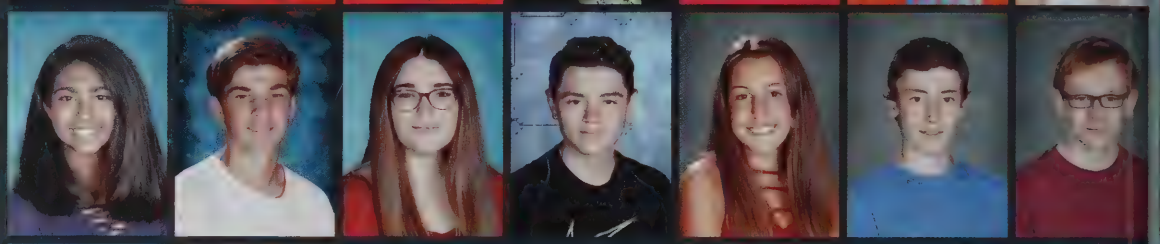
ADVISORS:

Mrs. Moore
Mr. Pantuosco

TWENTY 22

Colin Achatz
Alexander Agranat
Zimraan Ahmad
Ryan Amell
Ryan Anderson
Jack Arnold
Maria Atassi

Srisha Athreya
Jack Aveyard
Zoe Aveyard
Chase Babich
Carly Baker
Sean Baker
Merrick Ball



Owen Bannon
Jonah Barresi
David Barrett
Ella Barton
Ava Basile
John Batchelor
Elsie Bennett

Aiden Bombard
Kayley Bone
Katarina Boskovic
Claudia Breed
Olivia Brown
Benjamin Buckovitch
Kha-Tu Bui

Tod Burns
Marissa Burstein
Madeline Bussolari
Austin Butt
Carlin Byrne
Nicholas Calvanese
Victor Carra

Ryan Casagrande
Aiden Cass
Christen Charles
Kathryn Chase
Vito Cocchi
Emma Coleman
Cyrus Colford

Celeste Connell
Alessandra Costello
William Cowley
Robert Croteau
Christopher Cummings
Amelia Cybulski
Ryan Dallas

Kitty Daniell
Felicia DaSilva
Marco DeBiasio
Parker DelGallo
Monica DeSouza
Sadie Diana
Zoe Diaz

Patrick Dinn
Aidan Douville
Olivia Dubois
Jack Dunaisky
Zachary Elfman
Lina Eves
Francesco Facente

Darby Fazio
Chloe Flack
Madeleine Foard
James Foster
Michael Freda
Marni Freedman
Anthony Furnelli

Gabriella Gauthier
Edgar Gebhardt
Edward Geier
Angela Gentile
Ariel Girshik
Alec Goode
Colin Goodhines

Katherine Goodhines
Riley Gordon
Donovan Gravel
Adam Greene
Kirat Grewal
Laura Griffiths
Suchit Gutta

Cole Haag
Elijah Hairston
Shea Hamel
Garrett Hanna
Robbie Harrington
Matthew Harty
Patrick Hefner

Martin Hernandez Vazquez
Jacob Hoffman
Liam Hunt
George Hurley
Derin Ilginer

LHS

Lilly Jackson
Vincent James
Ian Jarosz
Emily Jarry
Madeline Jarvinen
Ryan Jewell
Anya Jordan

Isadora Jorgensen
Maxwell Kaeding
Michael Khoury
Logan Killeen
Landon Kinnear
Nina Kriska
Konstantinos Kollias

Elizabeth Komaiszko
Marissa Mia Kraez
Leonardo Kwasnik
Nicholas Lachapelle
John Lafleur
Alexander Lam
Zachary Landon

Michael Langieri
Brooke LaVallee
Evan Lenn
Abigial Lewis
Jenny Lewis
Tina Li
David Lindman

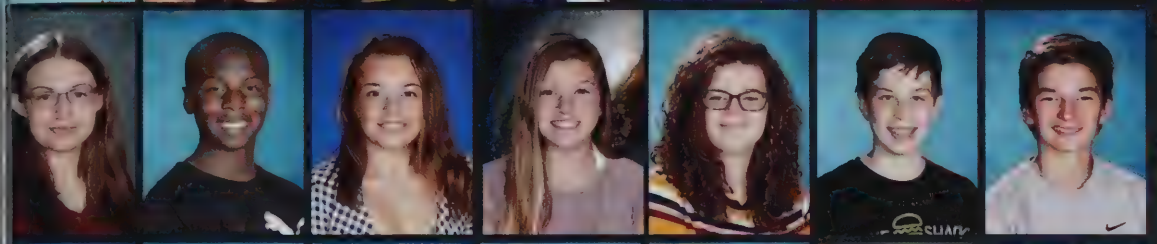
Georgia Lindman
Erin Lobik
Adam Low
Nora MacDonnell
Paige Magauran
Sophia Marchese
Samuel Mard

Ally Matz
Santino Mazza
Vincenzo Mazza
Joseph McMahon
Nicholas Medeiros
Samantha Mengwasser
Mason Merchant

Chaelys Mills
Julia Miltenburger
Autumn Miranda
Mary Alice Miranda
Makayla Mirkin
Abigail Mirot
Maria Mishol

Kavi Mistry
Lea Mokwuah
Sean Molden
Emmett Morin
Logan Morris
Jocelyn Moss
Catherine Mulcahy

Ryan Muldenig
Danielle Mustain
Andrew Nam
Tina Nguyen
Margaret O'Connor
Griffin O'Shea
Jack O'Toole



Olivia Oakley
Adebola Odutola
Charlotte Orr
Adeline Osborne
Julia Paquette
Luke Pasterczyk
Jacob Pauze

Samuel Perry
Samantha Phillips
Heidi Pohlman
Aleksandro Pozzuto
Peter Preston
Cameron Provencher
MaryKate Quinlan

Allison Ranger
Dylan Ratner
Robert Ravosa
Joshua Raynor
Sarah Renola
Ava Reppucci
Gordon Rhodes

Cooper Rich
Emily Richard
William Riess
Connor Rintoul
Alexander Rivera
Jasmine Rivera
Sophia Robbins

Gianna Rocca
Hannah Rooney
Sean Rosemond
Victoria Rossi
Ian Roumeliotis
Mackenzie Russo
Maeve Ryan

Samuel Santaniello
Jonathan Santarelli
Greta Scheff
Rachel Schwartz
Laura Sciarrino
Kathleen Scott
Megan Seeley

Brooke Sellica
ThankGod Setsoafia
Isabelle Shafiei
George Sidor
Theodore Silva
Luke Skiba
Caroline Smith

Madeline Soukup
Lily Spencer
Breanna Steiger
Hayden Steinberg
Olivia Stepanian
Chloe Stevens
Lauren Stocks

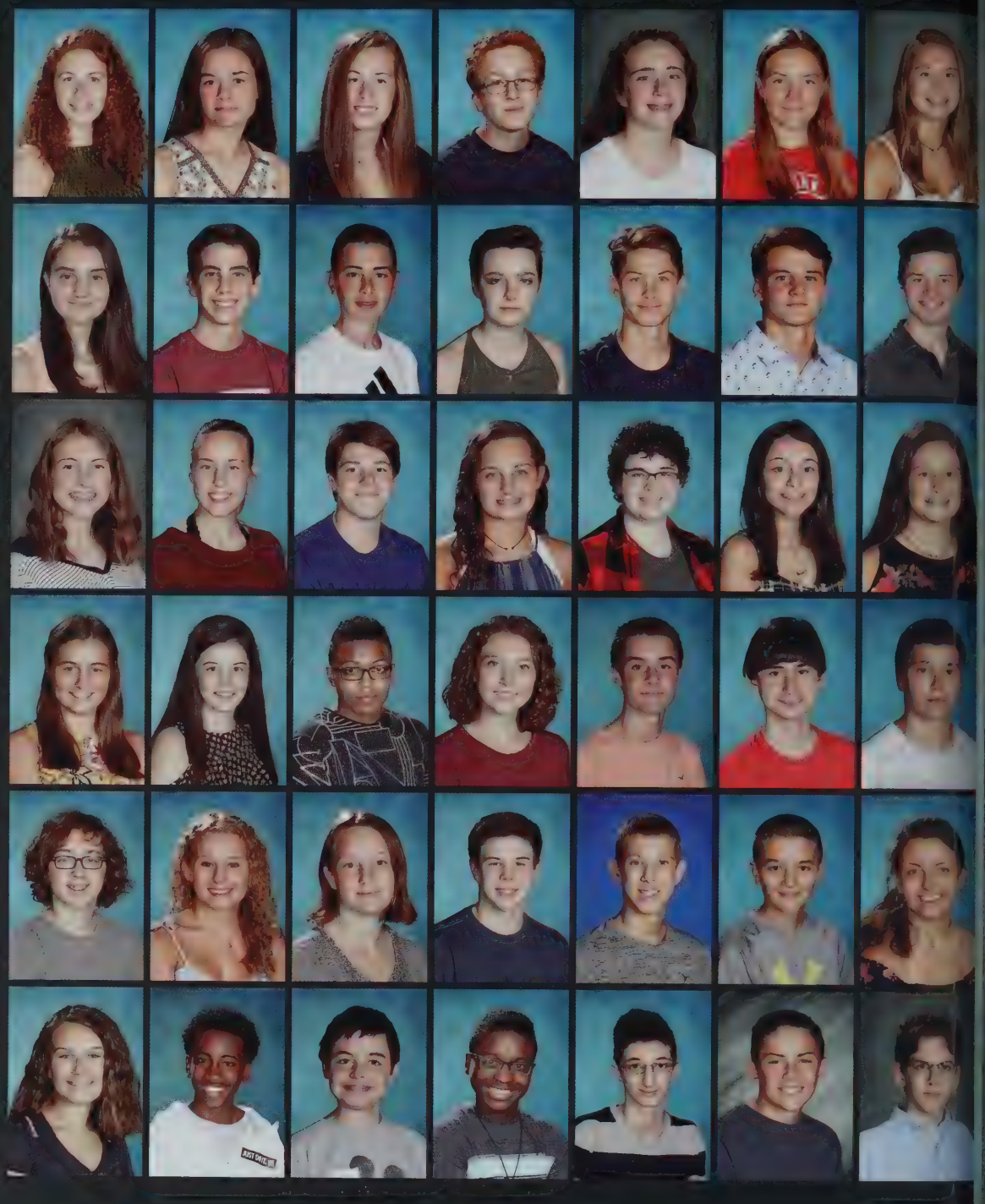
Madison Sullivan
Matthew Sulivan
William Swanson
Mae Sweeney
Gregory Szyluk
Luke Szyluk
Wyatt Tallaksen

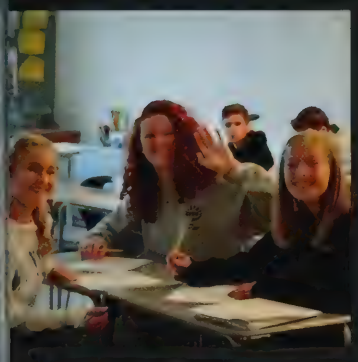
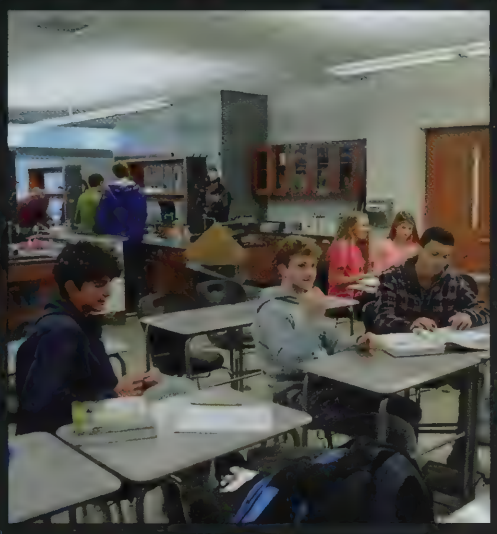
Faith Taylor
Daly Therien
Hunter Thor
Lily Tracy
Guinevere Trznadal
Vivian Tsisto
Hannah Tyler

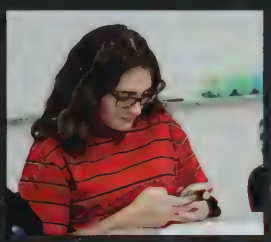
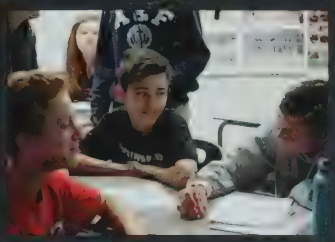
Caroline Upson
Erin Vasu
Giovanni Walker
Helena Warchol
Mason Waterman
Michael Weagle
Samuel Weaver

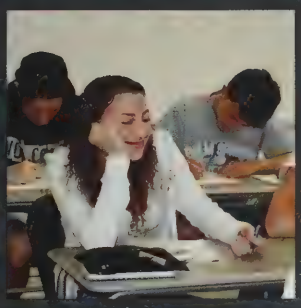
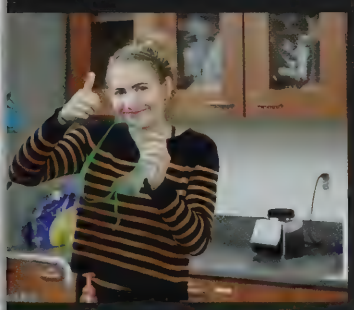
Jacob Weiswasser
Emily Weldon
Sadie Westhaver
Jack Williams
Samuel Wisnouskas
Matthew Withroder
Monica Witoslaw

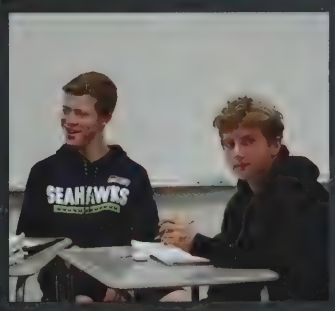
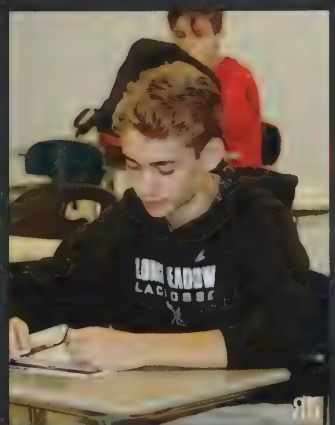
Carlie Woods
Brian Wright
Jackson Yesu
Tramain Young
Alan Zavalunov
James Zicolella
Griffyn Ziegler

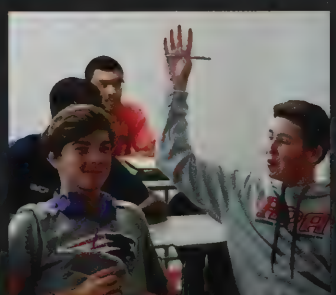


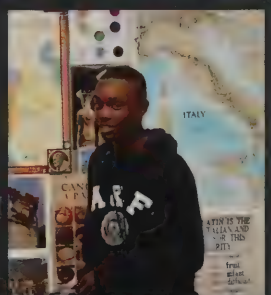







Welcome to Longmeadow
INTERACT CLUB
PRESENTS THE
CAN DRIVE

FACULTY
& STAFF

FAC & STAFF

ADMINISTRATION

Principal Thomas Landers
Assistant Principal Paul Dunkerley
Assistant Principal Lisa Efstratios

Marilyn Abbott
Pupil Services

Jill Adkins
Secretary-Main Office

Ruthann August
Pupil Services

Suzanne Baker
Mathematics

Yvonne Balaban
Pupil Services

Betsy Baldwin
Volunteer

Jayne Berman
Pupil Services

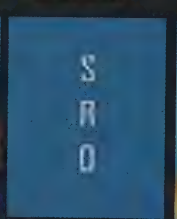
Julie Betancourt
Pupil Services

Greg Bonacker
Pupil Services

Deborah Callahan
Art-Chair

Melissa Candon
World Languages

Michael Capotosto
Athletic Director



Pamela Chaplin
Resourse Officer

Erin Corbett
Counseling

Mark Cormier
English-Chair

Angela Courchesne
Science

Lauren Crafts
Pupil Services

Karen Cuthbert-Mikaluns
Science

Michael Czupryna
Mathematics

Carol Daigle
Mathematics

Jennifer Daly
Mathematics

Mariel Daniels
Art

Mary Davis
English

Natalie de Gruyl
Pupil Services

Kelsey Deary
Mathematics

James Dibbern
Science

Mary Ellen Dillon
Social Studies

Karla Drake
English

Patricia Dussault
Pupil Services

Kathleen Epaul
World Languages-Chair

Michael Evitts
Pupil Service

Barbara Ezer
Pupil Services

Maryann Farrell
Pupil Services

Katherine Fedorov
English

Laurie Ferreira
World Languages

Gideon Fischer
Social Studies

Christina Fisher
Pupil Services

James Flaherty
Mathematics

Matthew Flanagan
Business-Chair

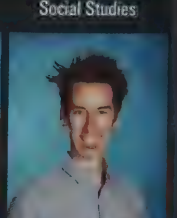
Julia Fournier-Rea
Science

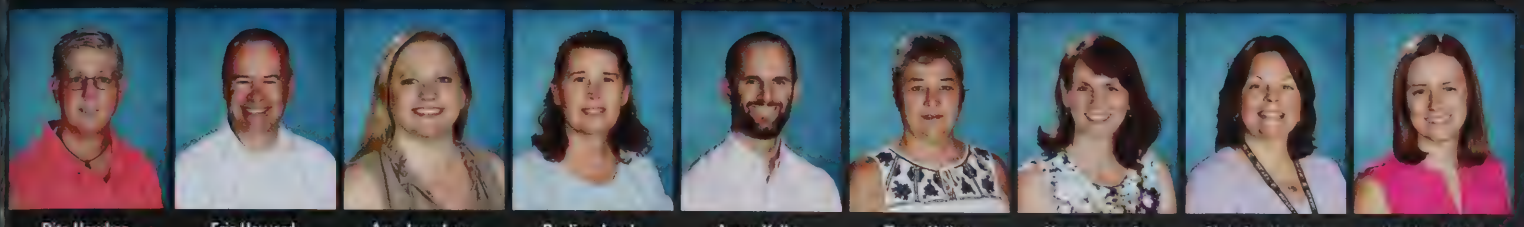
Michael Framarin
Science

Catherine Giampietro
Pupil Services

Hilary Godin
Art

Michael Gulden
World Languages


Scott Halligan
Music



Rita Hawker
Wellness-Chair

Eric Howard
Science

Amy Ingraham
Social Studies

Pauline Jacek
Mathematics

Aaron Keller
Science

Tracy Kelley
Internal Suspension

Kerry Kennedy
Librarian

Christine Kervian
Business

Heather Koziol
World Languages

Meredith Laughlin
Mathematics-Chair

Scott Layman
Head Custodian

Daniel Liese
Pupil Services

Scott Little
Mathematics

Karen Locke
Pupil Services

Jennifer Lynch
Pupil Services-Chair

Donna Lyons
Counseling-Chair

Sandra Macdonald
METCO

Patrick Magowan
World Languages

Katherina Mard
Pupil Services

Alice Marino
Secretary-Main Office

Wendy Martin
Pupil Services

Victoria McDonald
Secretary-Counseling

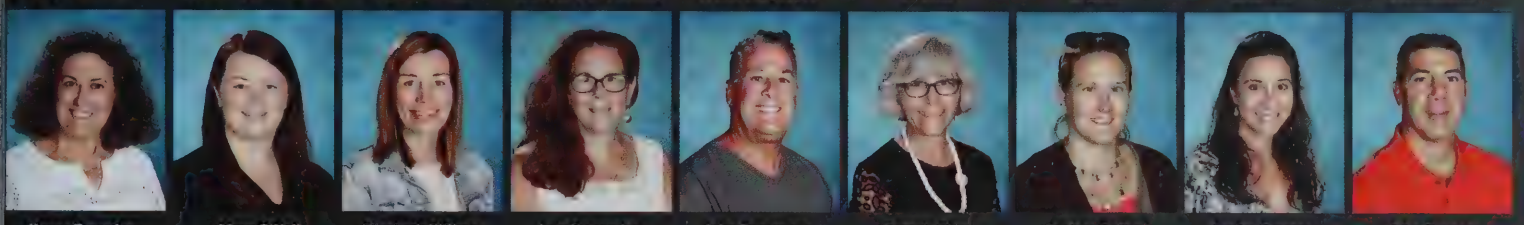
Maria Mendez
World Languages

Victoria Metz
Science

Jessica Moore
English

Rosemarie Moriarty
Business

Robert O'Connell
Mathematics



Karen Omartian
Secretary-Student Office

Mary O'Neil
Nurse

Elizabeth O'Shea
Counseling

Lois Ostrander
Mathematics

John Pantuosco
Business

Pamela Pion
English

Heather Pollard
Social Studies

Janine Preston
ELL

John Rauseo
Wellness

Karin Riordan
World Languages

Michael Rosemond
Counseling

Denise Rossi
English

Meaghan Roy
Wellness

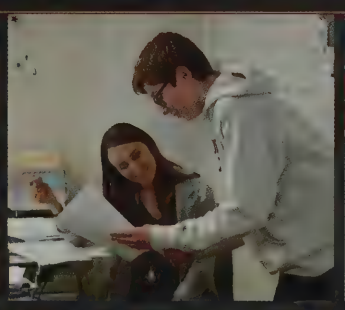
Joseph Rusenko
Science

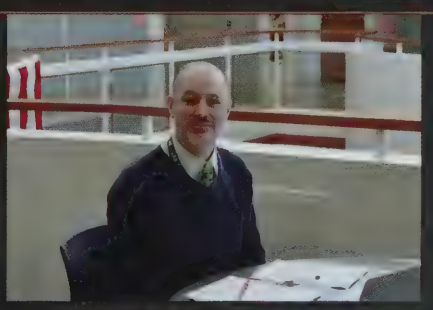
Lisa Russo
Special Education

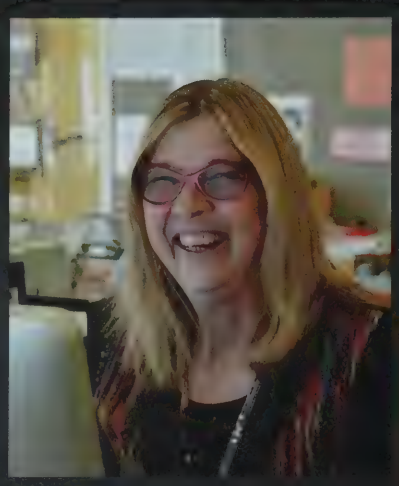
Bethanie Sawyer
World Languages

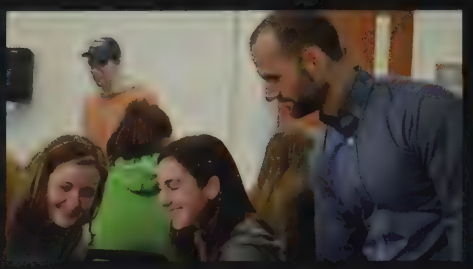
Allison Schlachter
Counseling

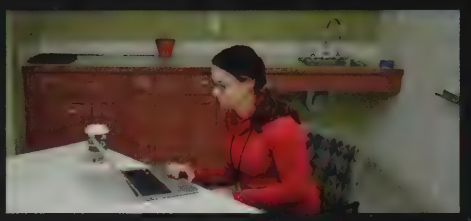
Megan Schwartz
Social Studies-Chair











FAC & STAFF

Joanne Sleigh
Science

Marianne Smith
Counseling

Stacy Smith
Social Studies

Lori Snyder
Social Studies

Karen Sprinthall
Pupil Services

Nicholas St. George
Wellness

Mark Staples
English

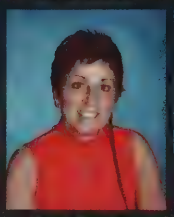
Dawn Striker
Science

Joseph Sweeney
Social Studies

Lyn Szostkiewicz
Secretary-Pupil Services

Arthur Thovmasian
Music

Kristen Tranghese
Pupil Services


Susan Turcotte
Secretary-Principal

Justin Valley
Science

Lorraine Vassilopoulos
Pupil Services

Stewart Walker
Social Studies

Shelly Warren
Substance Abuse Counselor

John Weaver
English

Matthew Webber
Pupil Services

Jonathan Weil
English

Robert Weir
Science

Kathleen Wells
Mathematics

Kayla Werlin
Music-Chair

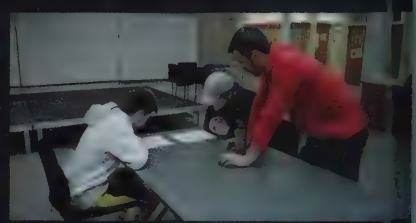
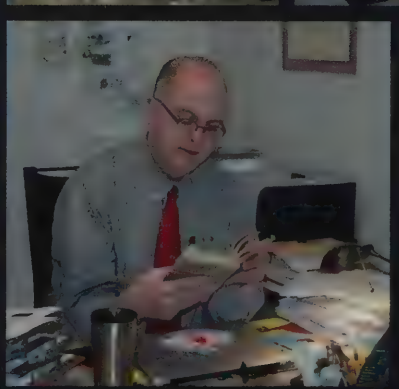
Mary Wesolowski
Counseling

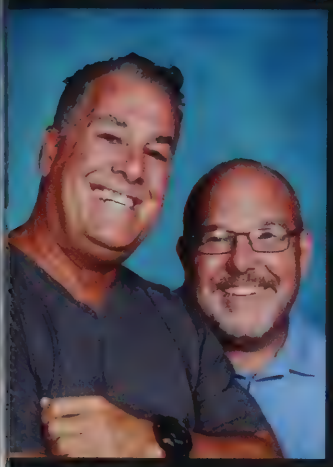
John Williams
English

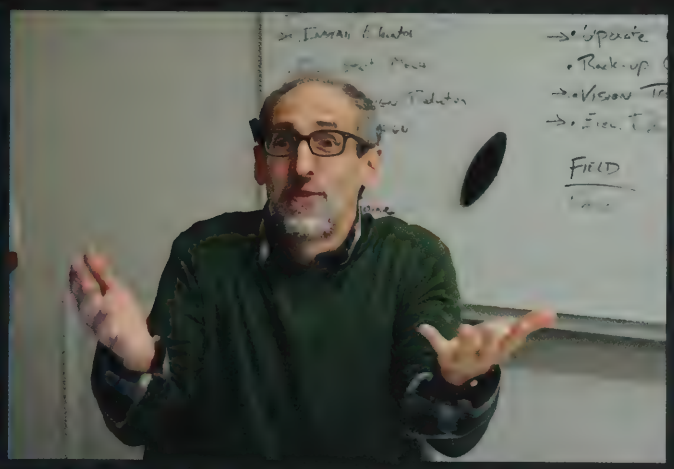
Tanner Williams
Wellness

CUSTODIANS

Left to right: Jerry Murphy, Mike LaFroboise, Kafui Kro, Marty Bobowiec, Roy Hundley, Xhemail Ahmeti

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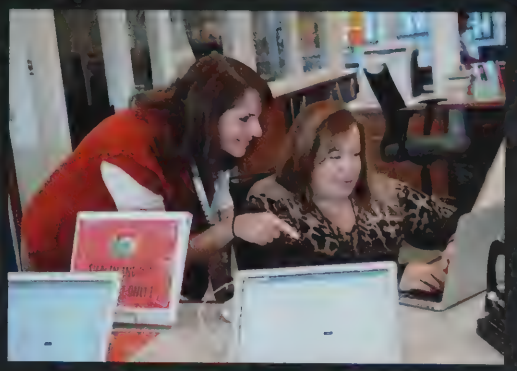
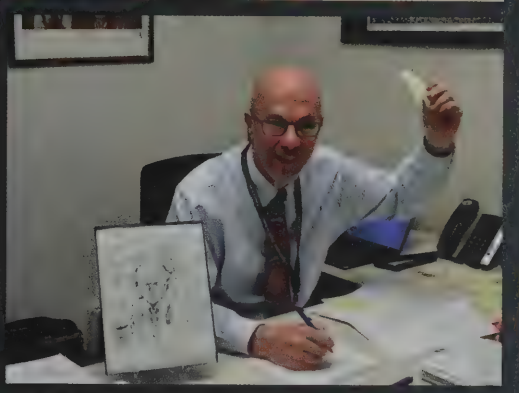
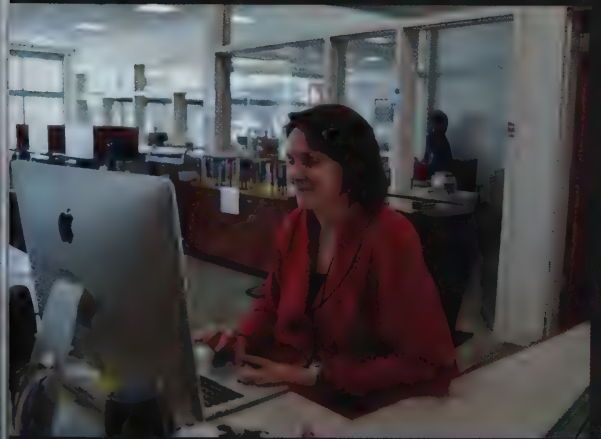
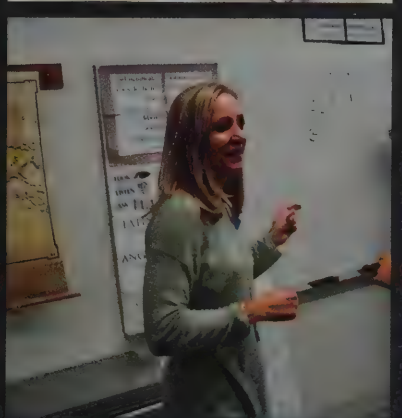




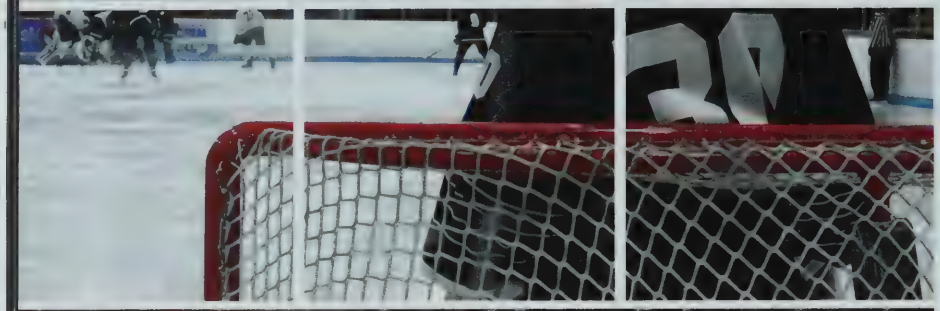
DEAN
COLLEGE





HOCKEY

10:49
LONGMEADOW
13



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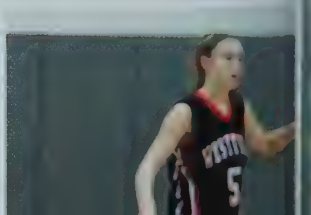
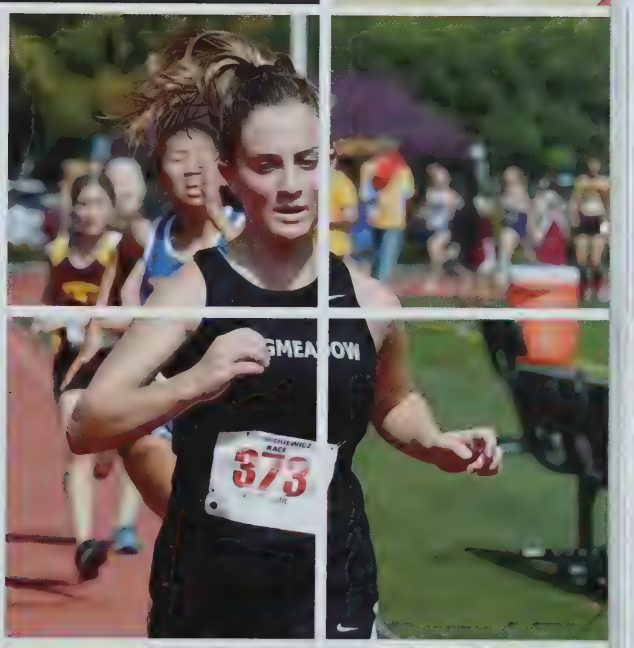


SPORTS

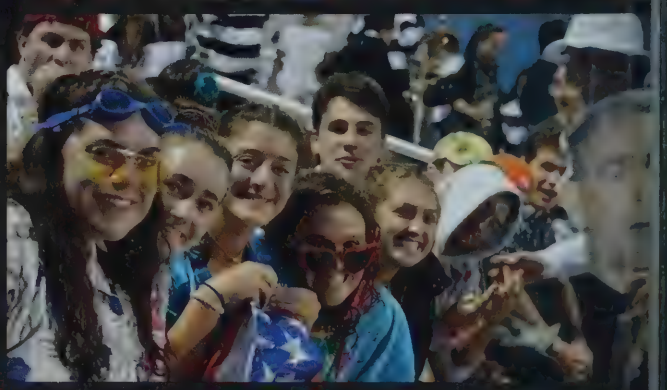


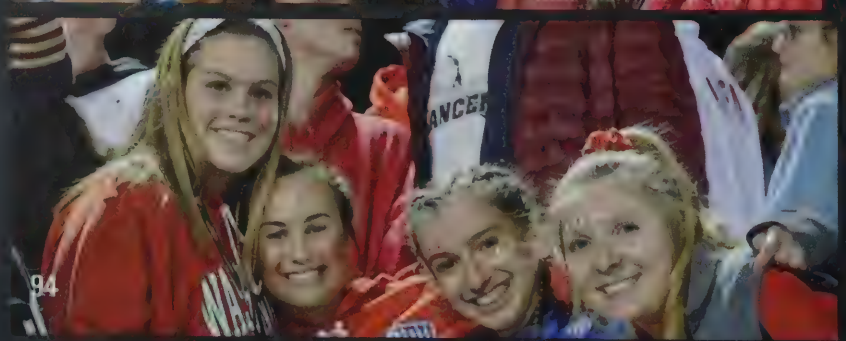
WELCOME TO...

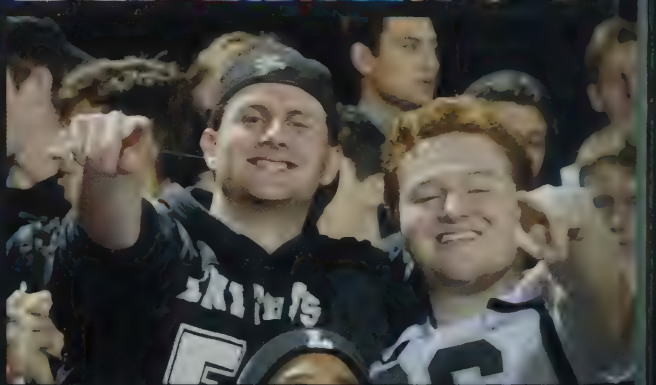
LONGMEADOW

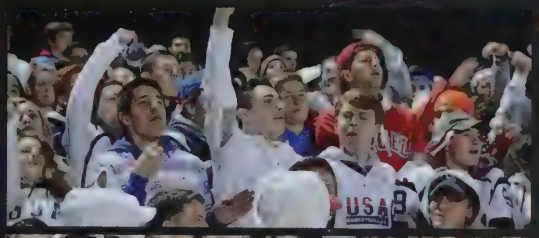
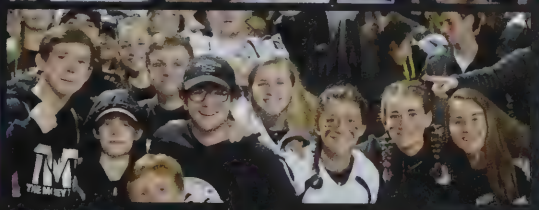
Isaac Schein Photography

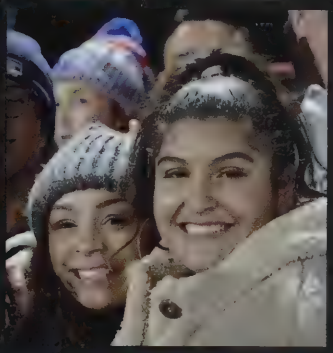
Isaac Schein Photography

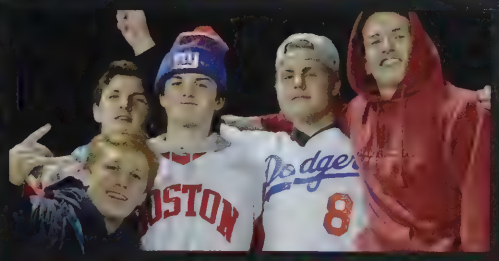
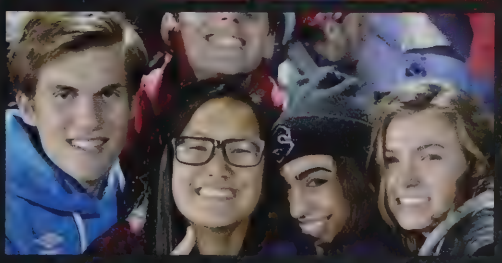
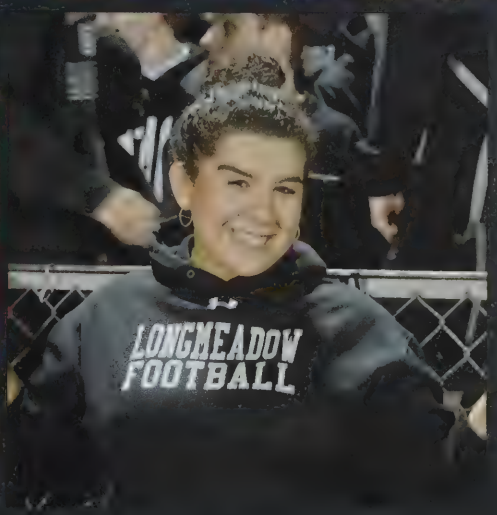








THE BLACKHOLE

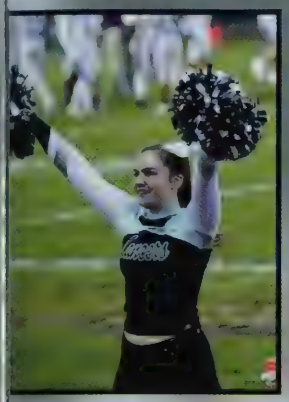
HS CHEERLEADING

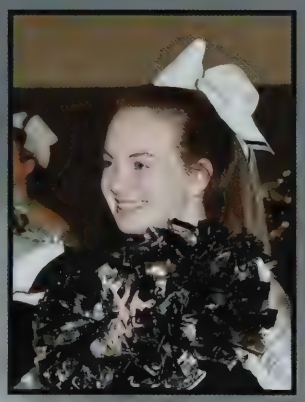
Row 1 (L to R): Rachel Perry, Leah Burstein, MaryJane Ditmar. Row 2: Jordan DiTusa, Isabella Walker, Linnea Piper, Caitlin Blanchette. Row 3: Makayla Mirkin, Eva Sweeney, Madison Dion Madison Moses, Olivia Anderson, Alyssa Peck. Not pictured: Lily Schenider, Samantha Phillips, Coach Dina Ditmar, Coach Nicole Greene.

a letter from your captains:

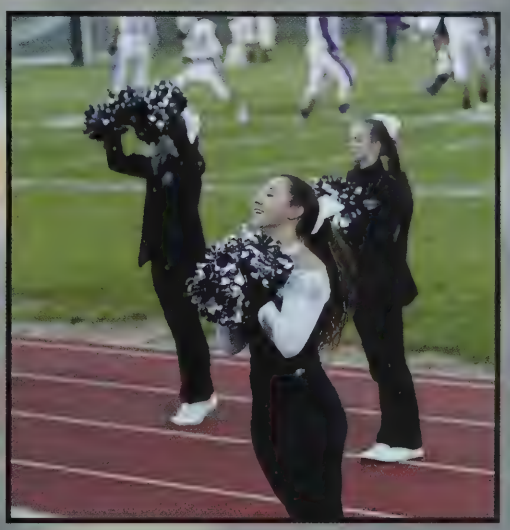
We're so proud of our team for overcoming countless obstacles this year and coming together to produce an amazing competition routine. Thanks for filling our fall and winter with snowmen, bowling lessons, pretzels, glitter, and lots and lots of smiles. We can't wait to make next year even better!

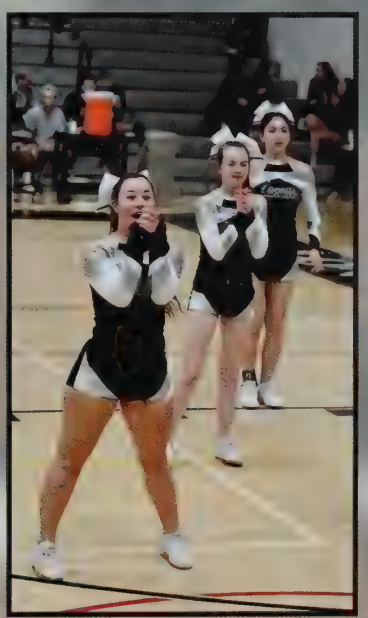
– MaryJane Ditmar and Rachel Perry



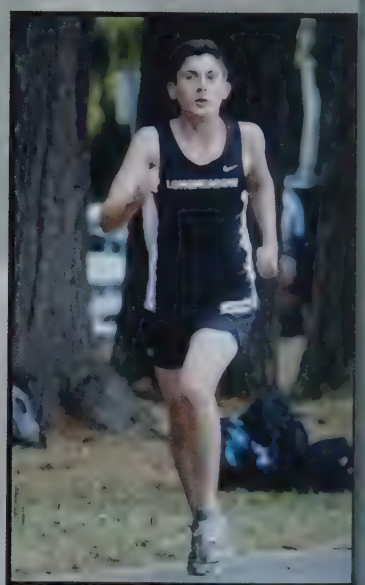


LETS GO LHS





BOYS CROSS COUNTRY



Row 1 (L to R): Elizabeth Geer, Chris Magauran, Jack Haldopoulos, Greg Macdonald, James Letendre, Zachary Steinberg, Cal Neveu, Nate Cieplik, Dylan Rodriguez-Shaw. Row 2: Max Waslick, Nicholas Culver, Samuel Jasmin, Wesley Breed, Thomas Li, Armen Asik, Owen Dzierzgowski, Wynton Jarvinen. Row 3: Zimraan Ahmad, Sean Rosemond, Brahadesh Sivakumar, Zachary Elfman, Evan Lenn, Samuel Barresi, John Quinlan, Arend Desarro. Row 4: Ryan Amell, Matthew Harty, Joseph McMahon, Jonah Barresi, Cooper Joyal, Blaise LaVallee, Joshua Orujev, Michael Daly. Row 5: Aiden Cass, William Crowley, Luke Sklba, Carson Plaus, Eren Erend, Jacob Rice, Sontino Allentuck, Charles Townsend, Edgar Gebhardt. Row 6: Coach Flaherty, Mitchell Brecht, Luke Gottzmann, Harry Li. Not Pictured: Daniel Atassi, Tyler Boutin, Edmund Desarro, Jared Ezer, Max Horowitz, Moonis Kazi, Kevin King, Alex Koran, Asa MacCormick, Owen McGeer, Will Most, Will Quirk, Collin Vasu, Nolan Vuori, Mason Waterman, Asher Zive.

a letter from your captains:

This Cross Country season went really well for the team. The top runners came in strong off of months of hard training and it paid off. We had some big wins for the first time against teams with really strong running programs like Northampton and had a great time along the way! The season also ended with strong performances at the last invitational by all runners, and the next couple of years for LHS Cross Country look very promising.

– Chris Magauran, Max Waslick, Jack Haldopoulos, Cal Neveu, Nate Cieplik, Dylan Rodriguez-Shaw, and Sam Barresi

GIRLS CROSS COUNTRY

Row 1 (L to R): Maya Neumann, Ella Santiago, Kathryn Vasu, Sarah Padilla, Gillian Weissman, Isabelle Corridan, Maeve Smith, Katie Santarelli, Claudia Lukas, Taylor McHugh, Karlee Russo, Alyson Grodsky, Jenna Joseph. Row 2: Julia Cummings, Sophia Brackman, Caroline Stratton, Wynne Dromey, Madison Sullivan, Shea Hamel, Miriam Gousseynoff, Evelyn Humphries, Grace Levin, Jhanavi Thakkar, Aleza Falk, Darby Keaney. Row 3: Lily Corridan, Carly Kratovil, Sarah Sprinthall, Maeve Shea, Urvashi Desai, Elizabeth McGeer, Hanna Minardi, Natalie O'Connor, Megan MacElhiney, MaryKate Quinlan. Row 4: Coach Kervian, Madison Khoury, Emily Ibrahimov, Tanya Dang, Sydni Landman, Eleanor Gettens, Erin Vasu, Meghan Desrosiers, Katarina Boskovic, Ella Barton, Coach Smith. Not Pictured: Anushay Atif, Kathryn Campbell, Eugena Choi, Kay Conway, Nina Katz, Sophia Lemire, Anna Maurer, Esther Muhlmann, Grace O'Connor, Erika Rehbein, Devon Reynolds, Georgia Szostkiewicz, Mairead Toole, Siobhan Toole.

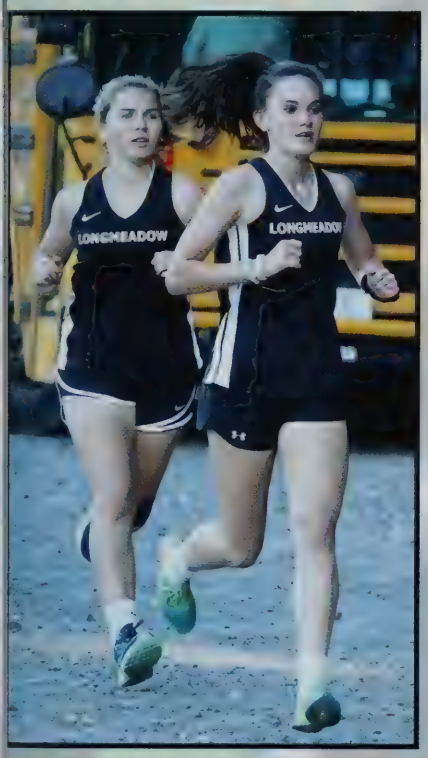
a letter from your captains:

This season was full of rained-out meets, Coach H. Core, Cape Cod invitationals, and afterschool trips up to Northfield. The memories formed during Cross Country are not based around meet wins or PRs, but rather the moments spent blasting Ferrgalicious on the bus and sprinting into Atkins for chocolate milk and apple cider donuts. This sport teaches people the importance of cherishing the silly little things in life; a lesson that will stay with all of us for years to come.

– Maya Neumann, Ella Santiago, Sarah Padilla, Izzy Corridan, Maeve Smith, and Georgia Szostkiewicz

LHS

LONGMEADOW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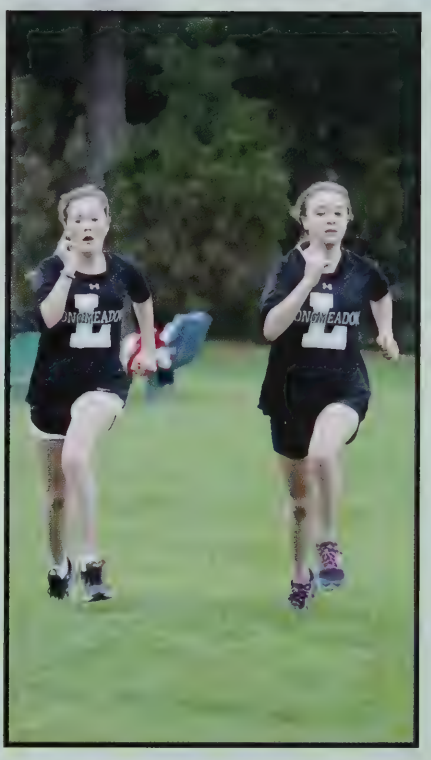
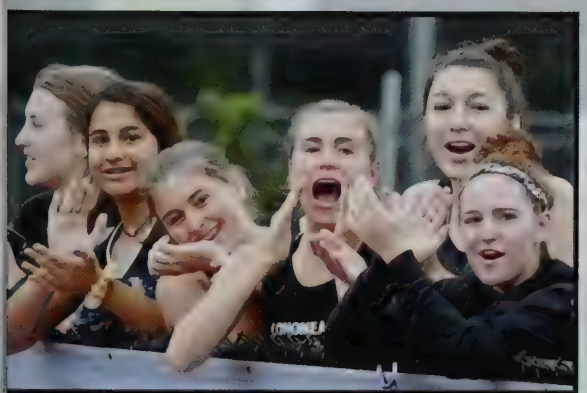
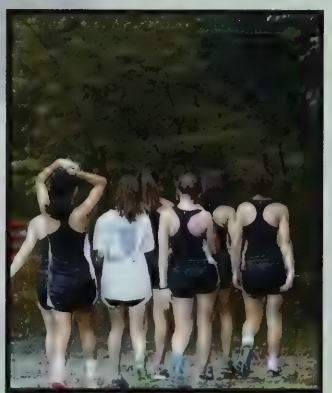






LONGMEADOW

HS FIELD HOCKEY

Row 1 (L to R): Elisabeth Yorns, Lily Dunne, Ashley Barron, Jackie Frank, Emma Karamian, Meg Baron-Pinkowski. Row 2: Leah Sabatini, Ainsley Yorns, Kendall Vazquez, Kelly Conway, Kelsey Harris, Olivia Cunningham, Megan Weyer, Ella Dietz, Sarah Chamberland. Row 3: Mckenzie Cunningham, Sophie Levenson, Ellie Michon, Caitlyn Joyce, Kelsey Low, Nini Acquista, Marissa Fernandes, Abigale Szlajen, Carolyn Joyce. Not pictured: Anna Hadro, Caroline Upson.

a letter from your captains:

This past field hockey season was terrific! We had a record of 17 wins, two ties, and two losses. Our team made it to the post- season tournament where we beat Agawam 2-1 in the Semi-WMass finals. We then went onto the WMass finals and beat Minnechaug 2-0! Next, we played Nashoba in the Semi-State finals, but faced a hard loss. However, we are so proud of our team for making it that far!

– Sophie Levenson, Kelsey Low, and Nini Acquista

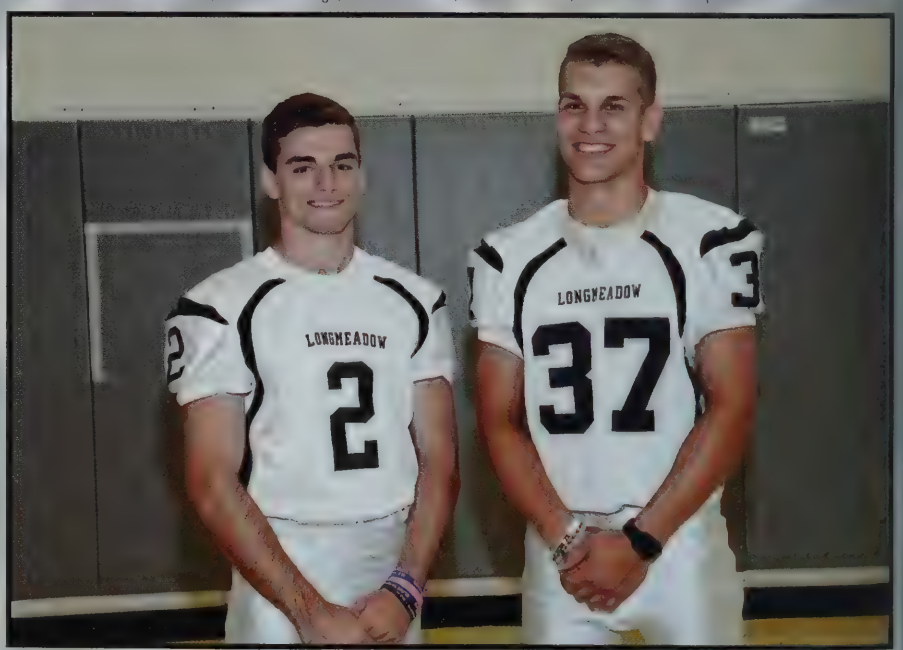
HS FOOTBALL

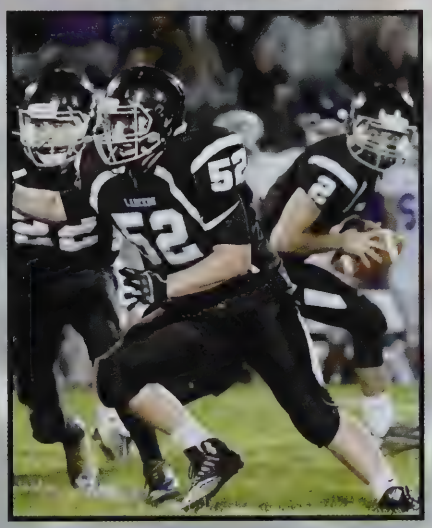
Row 1 (L to R): Jasmine Fatemi, Andrew Stratton, Abhinav Kumar, Peter Shadwell, Ryan Stocks, Michael Carterud, Carlo Calabrese, Nicholas Guthrie, Copper Keane, Brody Killeen, Edward Wright, Andrew Callan. Row 2: Nathaniel Hunter, Peter Grant, Matthew Iancu, Aidan Coughlin, Michael Connors, Joaquin Camacho, Liam Flaherty, John Bouvier, Isaiah Dubois, Hunter Mirer. Row 3: Lachlan Berry, William Crews, Michael Mikaelian, Nathaniel Burt, Tanner Gregori, Tyler Case, Sean Tashjian, Christian Winkler, Shane Woods, Joseph Kang, Zachary Clayton, Maurice Powe. Row 4: Adam Hanna, Noah Barnett, Anthony Casabianca, Dylan Marino, Thomas Heap, Daniel Templeton, James McLaughlin, Eric Thor, Colin Hoffman, Patrick Bajek, Sanhit Gutta, Christopher Coughlin. Row 5: Jacob Pauze, George Hurley, Michael Langieri, Patrick Dinn, Samuel Mard, Ryan Jewell, Liam Hunt, Hunter Thor, Greg Szyluk, Mason Merchant, Jack O'Toole, Logan Killeen. Row 6: Suchit Gutta, Robbie Harrington, Garrett Hanna, Christen Charles, Emmett Morin, Ryan Dallas, Vincent James, Luke Szyluk, Logan Morris, Peter Preston, Wyatt Tallaksen. Row 7: Coach Weir, Coach Bernard, Coach Picard, Coach St. George, Coach Framarin, Coach Williams, Coach Talbot. Not pictured: David Lindman.

a letter from your captains:

It was a season of ups and downs, but in the end we accomplished our season-long goal of winning Western Mass. Due to our team's hard work and dedication, we were able to improve as a team, making us successful in the long run. Hoisting the WMASS trophy at the end of the season is a moment we'll never forget.

– Carlo Calabrese and Michael Carterud





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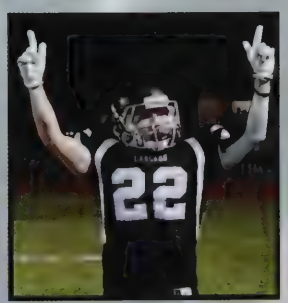
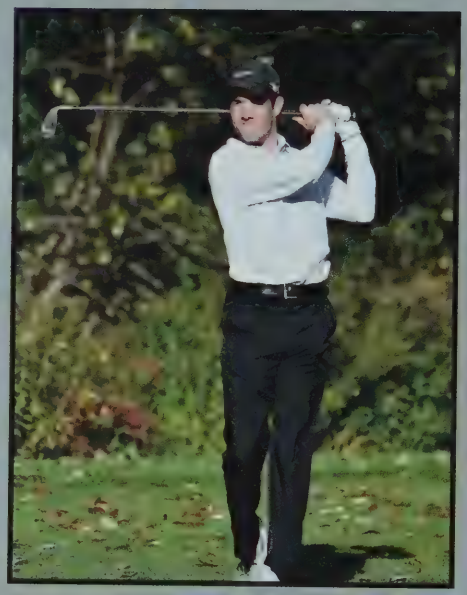
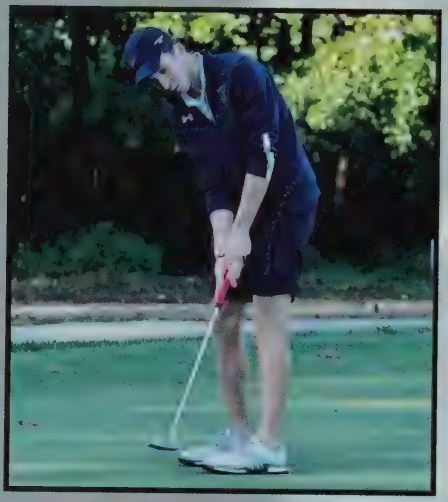


HS GOLF





Row 1(L to R): Patrick Bergin , Connie Dai, Christopher Camerlin, Vincent Tranghese, Alexander Lam, Theodore Silva, James Zicolella. Row 2: Coach Denmark, Kevin Allard, Brandels Norgren, Justin Brayton, Jack Byrne, Aidan McGeary, Luke McHugh, Samuel Perry, Benjamin Sokolov, Antonio Facente., Coach Zicolella.

a letter from your captains:

The golf team this season was highly successful. Coming fresh off their second consecutive Western Mass Championship, the team's expectations were high. Under the phenomenal leadership of head coach Susan Denmark, 2017's Wmass Golf Coach of the Year, and captained by Patrick Bergin and Kevin Allard, the team performed very well. The depth of skill on this team is really what solidified a great season for the Lancers, with multiple outstanding performances by Connie Dai, Luke Mchugh and Chris Camerlin, along with solid support from freshman Tucker Silvia, Aidan Mcgeary, Justin Brayton and first-year senior Brandles Norgren. After many impressive matches, including fending off high-level teams such as Agawam and East Longmeadow, the Lancers ended the season with 9 wins and only 1 loss, earning them another league title. Although nearly losing the Western Mass Championship by 1 stroke, their play that day was good enough to be one of two teams to qualify for the state championships from Western Mass, where the team also played exceptionally well. From this team, seniors Kevin Allard and Patrick Bergin both plan to continue their golfing careers at the collegiate level at Assumption College and Bates College, respectively. Both were nominated for the 2018 All League team, along with sophomore Christopher Camerlin. Susan Denmark will also continue her coaching career, wanting to carry on the many traditions that come along with being a member of this team. With many talented returning players, a highly skilled entering class and excellent coaching, the future of LHS Golf is bright.

-Kevin Allard and Patrick Bergin

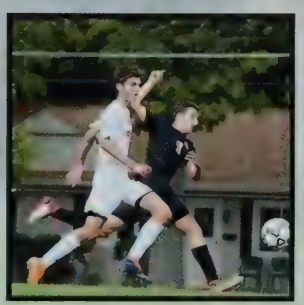
HS BOYS SOCCER

Row 1 {L to R}: Ashvin Babu, Jack Peluso, Matthew Shea. Row 2: Jack Kelly, Andrew Ortiz, Quinn McGrath, Timothy Robinson, Kristopher Strempel, Sebastiano D'Angelo, Liam Knowlton, Carter Rosewell. Row 3: Devin Roffo, Luke Hornyak, Bradford Moccio, Joseph Cardaropoli, Michael Willis, Jared Smith, Andrew Healy, Aidan Bone, Nicholas Robinson, Caleb Moulema.

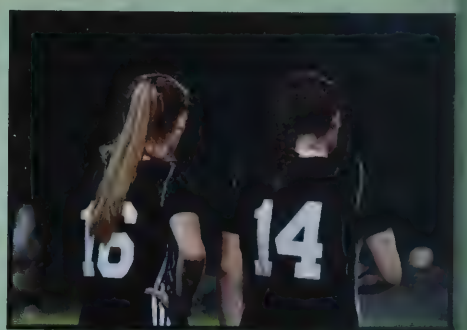
a letter from your captains

Although our soccer team unfortunately lost in the Western Mass Championship, we had the best regular season in our program's history with a record of 18-2-2. The team worked very well together, and the team's persistence in the face of adversity allowed us to succeed. This year we are graduating 8 seniors who played a big part in the season; however, we are confident that the future of Longmeadow Boys Soccer is in great hands with our underclassmen.

–Ashvin Babu, Jack Peluso, and Matthew Shea



HS GIRLS SOCCER



Row 1(L to R): Julia Granado, Katie Hadro, Eva Draymore, Emily Yorns, McKenzie Matz, Shannon Kingston. Row 2: Francesca D'Agostino, Caroline Barbieri, Ilana Kofman, Rebecca Rothstein, Alexa Weyer, Lilly Tabb, Rose Gevanthor. Row 3: Nia Trajkovski, Bridget Duquette, Michelina D'Agostino, Marjorie Black, Elizabeth Walsh, Yasmin Rosewell, Delaney Rodriguez-Shaw, Sarah Renola.

a letter from your captains:

The memories that we have created with the girls involved in the LHS soccer program will stay with us forever. We are so grateful for every team dinner, practice, and game. Thank you to our amazing teammates for making our senior year one to remember.

– Mckenzie Matz, Katie Hadro and Eva Draymore

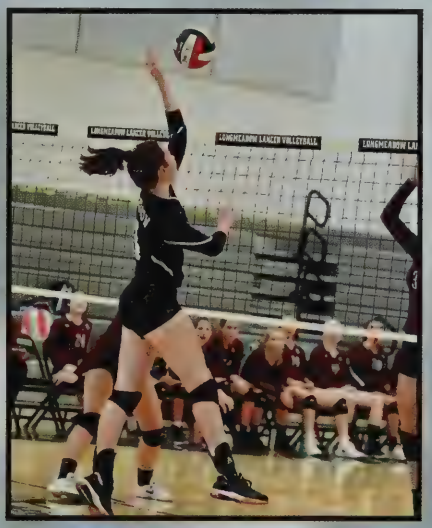
HS VOLLEYBALL

Row 1(L to R): Leah Gorfinkel, Lyssa Tyler, Bridgette McAndrews, Josie Sarno. Row 2: Caroline Davis, Lilly Swanson, Veronica Beznos, Lanelle Garcia, Julia Cardaropoli. Row 3: Emily Sangkachand, Haleigh Cole, Laura Griffiths, Caitlin Brunette, Ariel Girshik, Maria Mishol, Alex Pohl. Not pictured: Bella Costello, Sydney Walbridge.

a letter from your captains:

Having no seniors this season meant every single player had to step up on and off the court. The improvements we've made and goals we've reached will carry on next year and for years after that. We couldn't have asked for a better team, support system, and family this year. We can't wait for more blood, sweat, tears, and laughs next season.

- Josie Sarno, Lyssa Tyler, and Bridgette McAndrews



BOYS BASKETBALL

Row 1 (L to R): Joseph Cardaropoli, Andrew Ortiz, Logan Pohl, Griffin Walbridge, Colin Hoffman, Benjamin Levin, Bradford Moccio. Row 2: Coach Murphy, Michael Carterud, Rory Dudeck, Duncan Kelly, David Pritchard, Benjamin Griffiths, Colin Lockhart, William Hurwitz, James Grinstead, Michael Barrett.

a letter from your captains:

This year our team had a great season with a record of 12-8-0. We are hyped to have made playoffs and hope to go far. We would like to thank all our coaches for supporting us and Jack for always being there as well.

-Duncan Kelly, Rory Dudeck, Colin Lockhart, and Will Hurwitz

GIRLS BASKETBALL

Row 1(L to R): Ilana Kofman, Ellie Michon, Isabella Vecchiarelli, Nia Trajkovski, Grace Levin. Row 2: Olivia Brown, Cameron Riordan, Julia Cardaropoli, Hanna Minardi, London Cannon-Eckerle, Jenna Joseph. Not pictured: Syndey Walbridge, Lauren Stocks, Ally Matz.

a letter from your captains:

After losing three key players from last season and having only two returning starters, many underclassman had to step up. The most memorable moment the captains will remember about this season was Hanna Minardi's buzzer beater against West Springfield. We were ecstatic when we redeemed ourselves from falling short last season and won our tenth win to make playoffs against Holyoke. Our team ended with a very impressive season with a record of 11-9 and earned the second seed in playoffs. We also greatly appreciate our managers, Zara and Mary's commitment to our team.

– Cameron Riordan, Ellie Michon, and Jenna Joseph

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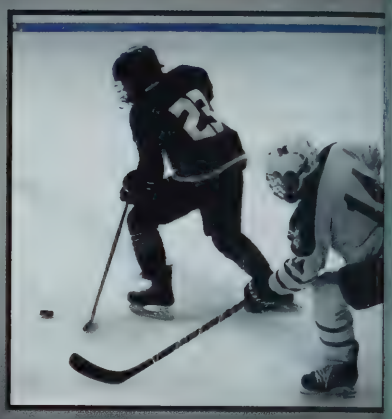
LHS BOYS HOCKEY



Row 1 (L to R): Ian Samuelson, Liam Byrne, Robert Giampietro, Patrick Philbin, Connor Rintoul, Max Loyuk, Will Quirk, Jack Barron, Brandels Norgren, Joe Santaniello, Cole Guidrey. Row 2: Coach Joyce, John Lafleur, James Letendre , Michael Carroll, Simon Higgins, Robert Croteau, Sebastiano D'Angelo, Robert Joyal, Mason Baron-Pinkowski, Eric Bocwinski, Ted DeCosmo, Preston Cloutier, Luke McHugh, Coach Barron, Coach Melikian.

a letter from your captains:

The Varsity Hockey team had another very successful year, including a playoff berth and hopefully more. Hockey has given us new friends, leadership skills and memories that will last a lifetime. The past two seasons we have lost in the WMASS Championship and this year we are hoping to change that! To all our teammates and coaches, Thank You for making hockey the best sport at LHS! The coaches work tons of hours to not only make this a fun experience but to win a championship. We appreciate all the time they've given out of their busy lives. None of us would be able to survive the whole season if it wasn't for the family-like atmosphere on the ice and in the locker room. We all support each other and have formed friendships that will last a lifetime. That is how LHS Hockey is different from all the other sports at LHS.

– Jack Barron and Patrick Philbin

LHS GIRLS HOCKEY

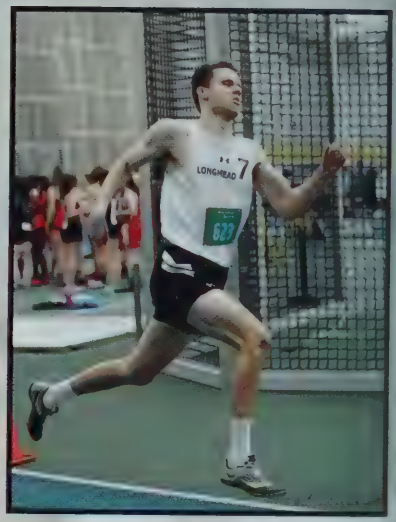
Row1 (L to R): Madison Fox, Regan Donohue, Mackenzie Rae, Kayla Brown, Katie Guidrey, Ashley Barron. Row 2: Coach Vadnais, Coach McComas, Kaitlyn Quinn, Joey Typorwicz, Kayla Russ, Jillian Croteau, Maddy Manser, Sam Preston, Aubrey Welch, Coach Vandermyn. Row 3: Casey Scanlon, Chloe Cutting, Lexi Pfalzgraf, Karalyn Jones, Brigitte Goeler-Slough, Jordan Kowalski.

a letter from your seniors:

This hockey season has been really special. It's really cool to see so many girls from all different towns come together on one team. We worked really well together this year so it has been exceptionally fun. Not only has it been a lot of fun, but it has been one of the best seasons in our team's history. We are all proud of our accomplishments and the hard work we have put in and it will be extremely missed by all.

-Katie Guidrey, Kayla Brown, Karalyn Jones, Brigitte Goeler Slough

BOYS INDOOR TRACK



Row 1 (L to R): Adam Sergentanis, Sean Hurley, Andrew Stratton, Quinn Mulcahy, Thomas Rosemond, Alex Jones, Jack Haldopoulos, Sam Brock, Maurice Powe, Nate Cieplik. Row 2: Kirat Grewal, Adam Greene, Edgar Gebhardt, Matthew Withroder, Owen Dzierzgowski, Collin Vasu, Tommy Li, Cal Neveu, Wesley Breed, Armen Asik, Will Rome. Row 3: Jonathan Santarelli, Antonio Facente, Brady MacLelland, Ryan Peluso, Michael Daly, Vincent Tranghese, Cooper Joyal, John Quinlan, William Cowley, Aiden Cass. Row 4: Max Waslick, Matt Smith, Quinn McGrath, Matt Shea, Carter Rosewell, Jack Peluso, Billy Albano, Patrick Bergin, Sam Wisnouskas, Austin Butt. Row 5: Nate Sullivan, Zach Wright, Will Riess, Theodore Silva, Nick Calvanese, Alexander Rivera. Not pictured: Merrick Ball, Owen Bannon, Arend Desarro, Israel Harrell, Ryan James, Christopher Johns, Edward Johnson, Alexander Koran, Greg Macdonald, Will Most, Nolan Perna, Cooper Thomas, Jiovanni Walker.

a letter from your captains:

We had a strong undefeated season winning a league championship, thanks to the efforts of our committed team members. Along with our success we also had tremendous amounts of fun. From singing on the bus to cheering on our relay teams, this season was one to remember.

– Carter Rosewell, Cal Neveu, Jack Peluso, and Tommy Rosemond

GIRLS INDOOR TRACK

Row 1: Maya Powe, Caroline Stratton, Ella Mathews, Evie Humphries, Lizzy Walsh, Taylor McHugh, Kelly Conway, Kay Conway, Izzy Corridan, Bridget Drummey. Row 2: Sophia Brackman, Bella Costello, Anne Heenan, Mary Fallon, Brenda Bouvier, Alyssa Wright, Alexa Weyer, Emily Yorns, Ella Santiago, Gillian Weissman, Rong Chen. Row 3: Elizabeth Jones, Hannah Adams, Keely Kivel, Maeve Shea, Esther Muhlmann, Audrey Woods, Erika Rehbein, Nina Kniska, Shea Hamel. Row 4: Ainsley Yorns, Lauren Oundjian, Kelsey Harris, Olivia Oakley, Wynne Dromey, Megan Weyer, Sarah Padilla, Carly Kratovil, Leah Sabatini, Elisabeth Yorns. Not Pictured: Anushay Atif, Madelaine Baker, Caroline Barbieri, Madison Copland, Elani Daigle, Vanessa Dailey, Gabriella Gauthier, Rose Gevanthor, Riley Gordon, Molly Griswold, Emma Karamian, Shannon Kingston, Katie McMahon, Chaelys Mills, Maya Neumann, Charlotte Orr, MaryKate Quinlan, Yasmin Rosewell, Kaitlyn Ryczek, Camille Scott, Maeve Smith, Abigale Szlajen, Lilly Tabb, Mairead Toole, Sioban Toole, Erin Vasu, Rachel Wun.

a letter from your captains:

Without all the postitive attitudes, laughs and will to never give up, this team would not have been what it is. Made up of 160 student athletes and 5 coaches, our team had a lot of depth which led us to success. On behalf of the captains, we would like to thank everyone who gave 110% everyday and made this season so memorable! I hope the legacy of Bohemian Rapsody and Greenfield live on forever!

– Taylor McHugh, Izzy Corridan, Kay Conway, Emily Yorns, and Madeline Baker

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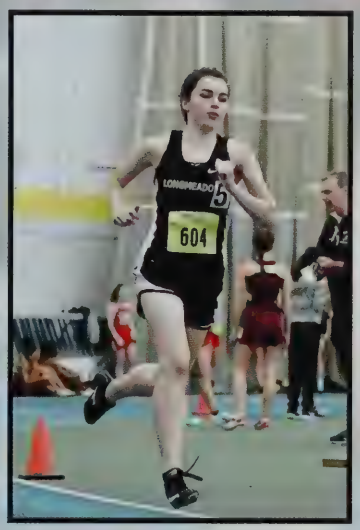
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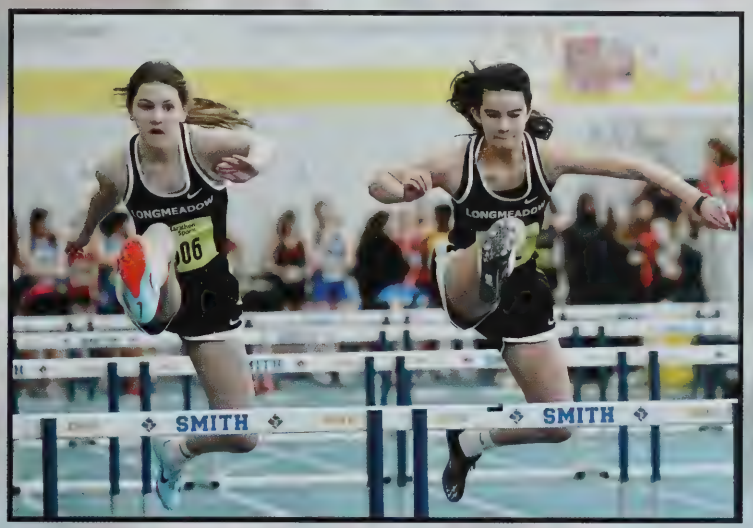
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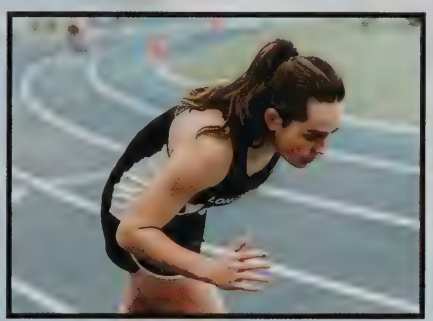
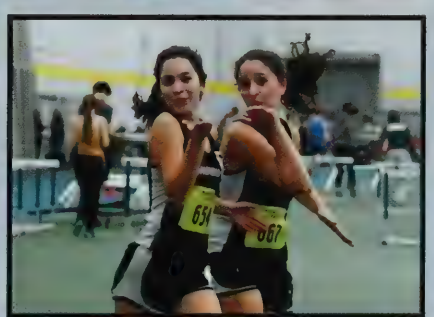



651
667

651

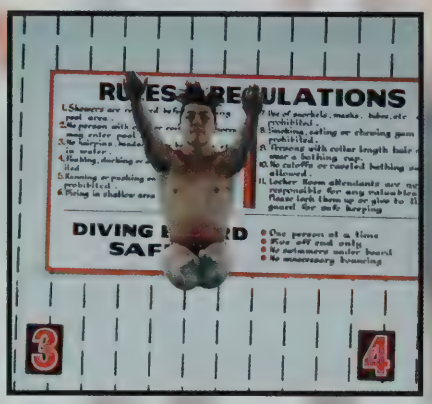
BOYS SWIMMING & DIVING

Row 1 (L to R): Abraham Wanyama, Jacob Olczuk, Hunter Mirer, Travis Donelon, Solomon Hinds. Row 2: Liam Ryan, Kaleb Osborne, Edward Erofeyev, John Baker, Max Pechulis, Dimitry Blazy, Sontino Allentuck. Row 3: Asher Zive, Richard Pham, Cole Mitchell, David Dulaimy, Anthony Marino, Nicholas Manitsas, Jacob Rice. Row 4: Evan Lenn, Mitchell Brecht, Alexander Lam. Not pictured: Thomas Coulouras, Edward Geier, Sean Molden, Connor Plankey, Jack Szyluk.

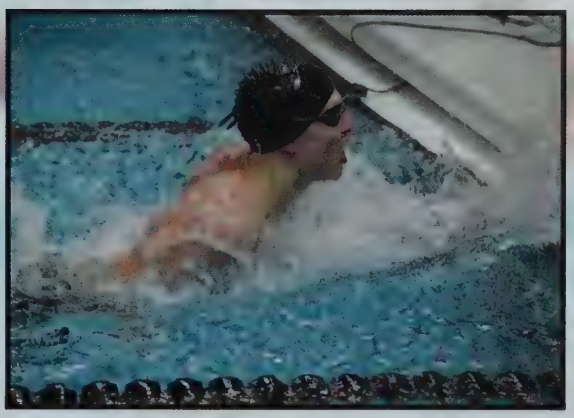
a letter from your captains:

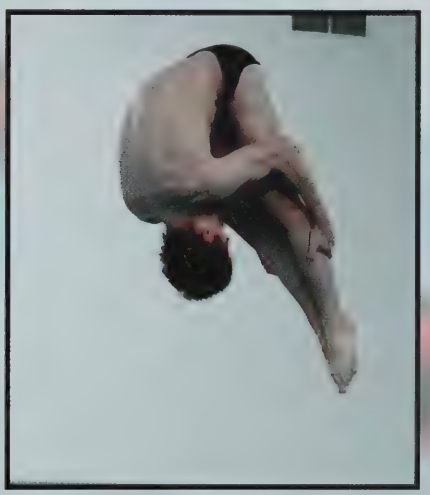
This team has been a second family. Through ups and downs, practice with the team has been something I've looked forward to every day. Thank you to the girls and boys team for making my last year the best year yet.

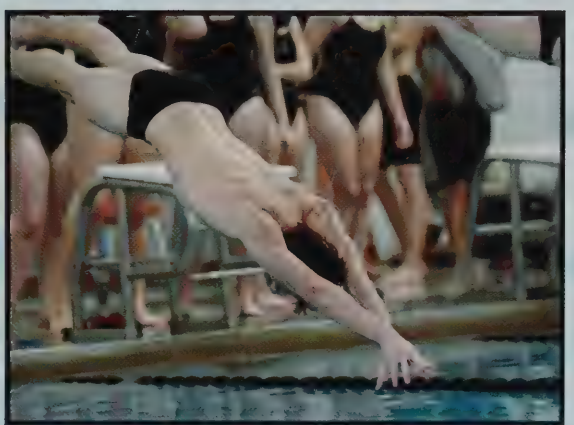
–Solomon Hinds


RULES & REGULATIONS
DIVING BOARD SAFETY
3
4

DIVING BOARD SAFETY
4
3

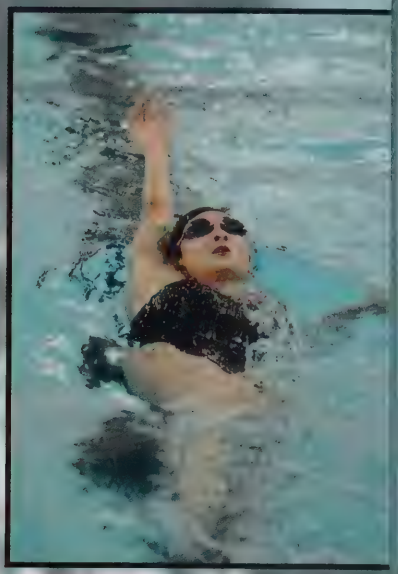


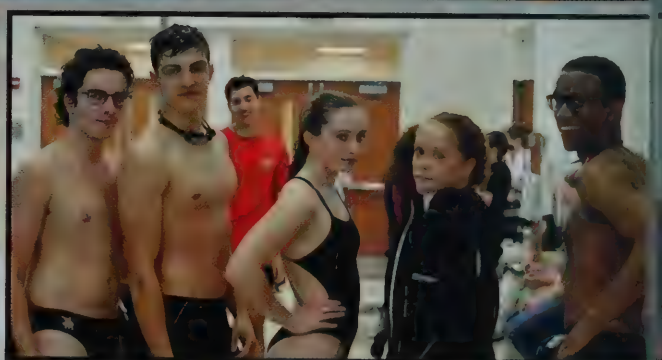




6

GIRLS SWIMMING & DIVING





Row 1 (L to R): Vanessa Cardaropoli, Marissa Fernandes, Lauren Fernandes, Anna Maurer, Row 2: Alyssa Peck, Nina Barnett, Jasmine Jia, Madeline Goggin, Morgan Nolan, Madigan Tershner-Kolodziejski, Nora Pandolfi, Dena Solomon, Anna Coyle, Row 3: Felicia DaSilva, Tina Li, Katherine Goodhines, Ellis Henry, Sabrina Cardaropoli, Jazmine Eadie-Dixon, Sarah Chamberland, Theresa Scolari, Megan MacElhiney, Bridget Duquette, Cecelia Reed, Row 4: Heidi Pohlman, Daly Therrien, Abigail Lewis, Katarina Boskovic, Adeline Osborne, Lily Tracy, Kha-Tu Bui, Isabelle Shafiei, Megan Baron-Pinkowski, Delaney Rodriguez-Shaw, Allison Aron. Not pictured: Casey Barrett, Megan Judge, Megan Seeley.

a letter from your captains:

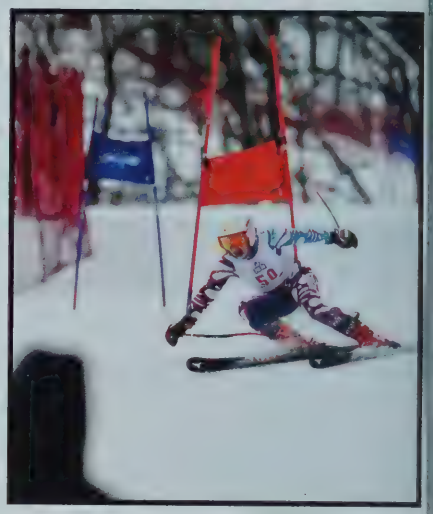
Swimming and Diving has been so much fun for us these past four years and this season was absolutely amazing. Thank you to everybody that swam and dove with us this year, this team is like a family to us. And finally, thank you to our coaches Missy, Laura, and Ian for making our last year great!

– Lauren Fernandes, Vanessa Cardaropoli, Anna Maurer, and Marissa Fernandes

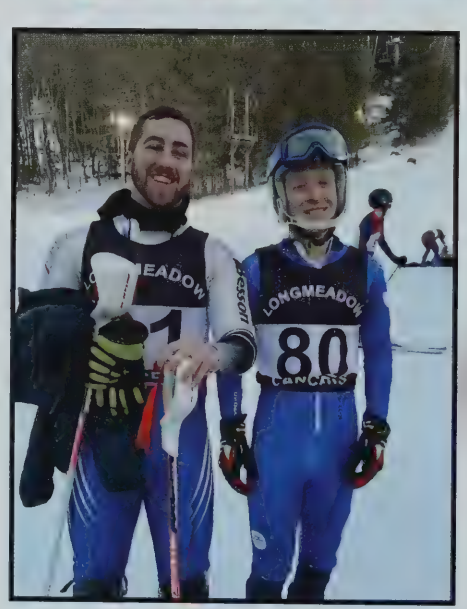
HS SKI TEAM

82

25



LONGMEADOW
LONGMEADOW
LONGMEADOW
251
LANCERS
250
KARBON


LONGMEADOW
80

Row 1 (L to R); Leonardo Kwasnik, Morgan Lilley, Alyson Grodsky, Caitlyn Joyce, Kathleen Santarelli, Carolyn Joyce, Zachary Steinberg, Dylan Ratner. Row 2:l Nolan Vuori, Maksim Tonyushkin, Blaise Lavallee, Alex Kavrakis, Nathaniel Burt, Luke Hornyak, Nathan Anderson, Alexa Falk, Brooke Lavallee, Coach Glenn Olson. Not Pictured: Matthew Iancu, Cole Haag, Jacob Pauze, William Swanson.

a letter from your captains:

This year the Ski Team had a great season, with lots of fun and success. Ski Team is different from a lot of sports in that we do not practice much once the races start. The mountain is an hour away so we are only able to go up for races. Many of our skiers have to train on their own time during the weekend to improve. As a result of their training, we had multiple skiers place well and compete for top spots in Western Mass. Thank you to our teammates and Coach O for devoting their time and energy to this season.

– Alyson Grodsky, Kathleen Santarelli,
Zachary Steinberg, and Matt Iancu

LHS WRESTLING

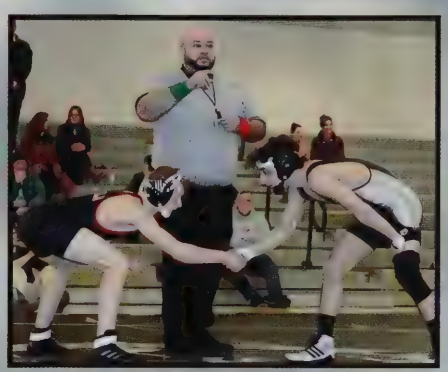
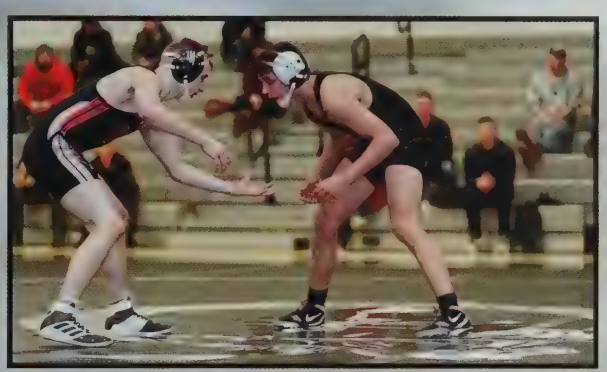
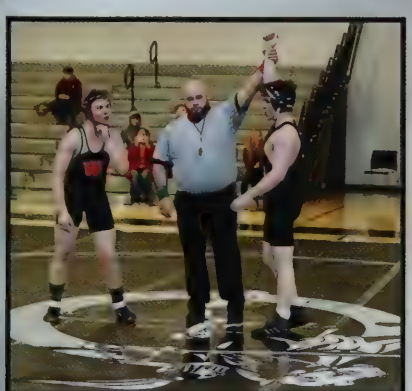
Row 1: Ben Goode, Jimmy Shea, Matt Freda, Peter Grant, Michael Connors, Nicholas Komaiszko Row 2: Chandler Morfit, Michael Freda, Lucas Olson, Shane Woods, Michael Langieri, Patrick Bajek. Row 3: Coach Efstratios, Alexander Wun, Charles Townsend, Jimmy Barrett, Ian Kelly, Lachlan Berry, Nicholas Culver, Moonis Kazi, David Barrett, Michael Emery, Coach Zuccalo.

a letter from your captains:

This season was great. We won the league for the third year in a row. We want to thank all our teammates and coaches for helping make this season so good.
- Peter Grant.

Being appointed captain of the LHS wrestling team was a great accomplishment. This season was especially fun because being a captain allowed me to become closer with my coaches and help encourage and push my teammates more. I enjoyed the honor of representing my team as captain during meets and tournaments. overall the season was a huge success with us taking home the league title for the third year in a row.
-Matt Freda

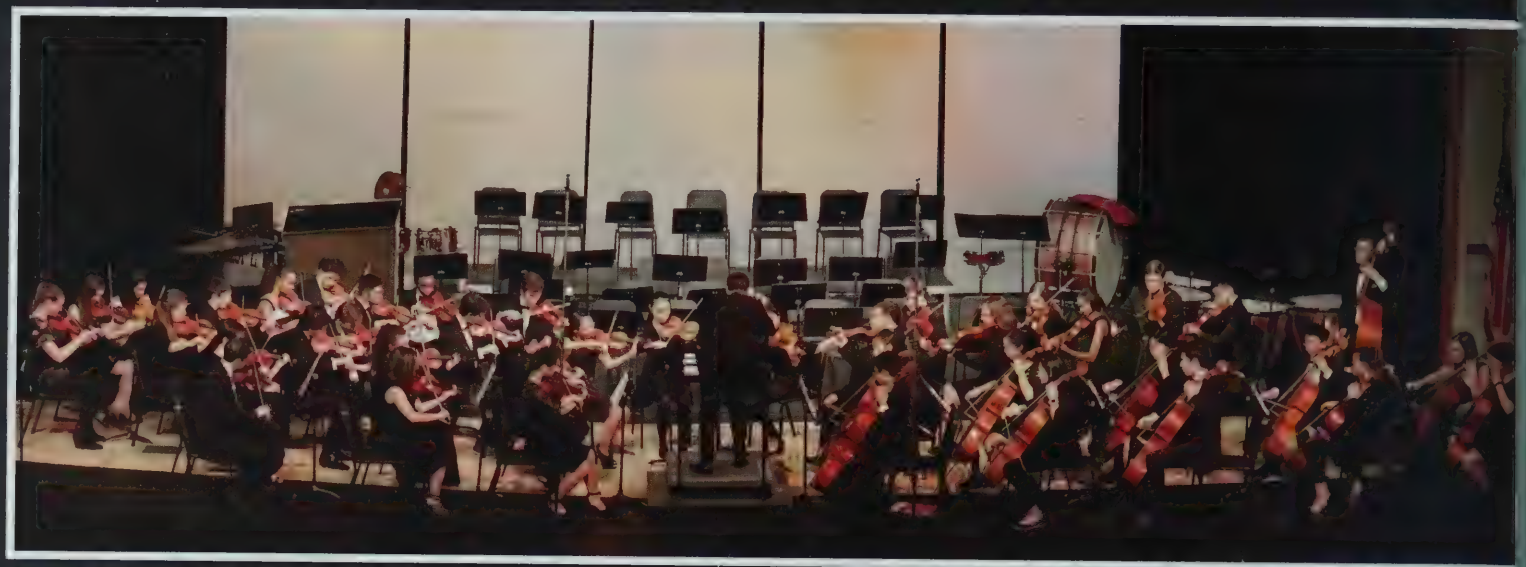
Captains Jimmy Shea, Matt Freda and Peter Grant

LACROSSE

STUDENT
LIFE

ORCHESTRA



Violin 1: Vivienne Yang, Dimitry Blazy, Seli Malave-Tomei, Ruby Shea, Max Waslick, Julia Cummings.
Violin 2: Emma Lavoie, Jasmine Fu, Jack Haldopoulos, Cal Neveu, Michael Khoury, Michael Connors, MaryKate Quinlan, Sam Mard, Yasmine Morris, Brian Leverock, Vivienne Tsitso, Chloe Stevens, Madison Khoury.
Viola: Isaac Schein, Skyler Enam, McKelvie Smith, Aidan O'Keefe, Arushi Meharwal, Richard Pham, Maggie Bruderman, Jay Carra.
Cello: Jasmine Jia, Joshua Shafiei, Nini Acquista, Connie Dai, Nicholas Koran, Katherine Li, Emma Marcetta Turner, Alex Lam, Ella Barton.
Bass: Wyatt Mitchell, Daly Therrien, Elijah Hairston.

CONCERT BAND

Flute: Tanya Dang, Audra Miller, Caitlin Judge, Safia Muftic, Monica Witoslaw, Taqdees Ahmad, Madison Moses, Samantha Philips, Kirat Grewal, Grace O'Connor, Elizabeth Komaiszko. Oboe: Alex Komaiszko, Sadie Westhaver. Clarinet: Emma Coogan. Bass Clarinet: Charlie Townsend. Alto Saxophone: Nina Barnett, Joseph McMahon, Alan Zavalunov, Cole Mitchell, Zimraan Ahmad. Tenor Saxophone: Thomas Perez. Bari Saxophone: Thomas Rosemond, Michael Mikaelian. Horn: Jackson Yesu. Trombone: Maya Powe, Eddy Desarro, Robbie Ravosa. Trumpet: Bridget Drummey, Liam Ryan, Chris Magauran, Andrew Stratton, Caroline Davis, Nicolas Daniele, Owen Dalton, Asher Zive, Evan Lenn. Euphonium: Nishant D'Souza, Matthew Harty.

WIND ENSEMBLE

Piccolo: Erica Li. Flute: Erica Li, Shirley Yuan, Tina Li, Kaile Riess, Elina Kang, Abigale Szlajen, Rachel Perry, Lauren Thomas.
Clarinet: Jeffrey Zheng, Chris Hulbert, Gloria Zhang, Madison McGrath. Bassoon: Sally Gill. Horn: William Denno Jr., Noah Dow, Joshua Brody.
Alto Saxophone: Quinn McGrath, Arjun Loke. Tenor Saxophone: Will Jones, Nate Burt. Bariton Saxophone: Charlie Marino.
Trumpet: Wynton Jarvinen, Kris Strempel, Cole Haag. Trombone: Ben Moss, Caleb Moulema. Euphonium: Lachlan Berry. Tuba: Sean Tashjian.
Percussion: Jacob Reed, Glenn Baevsky, Olivia Courchesne, Ranen Mirot, Harshu Pande, Sofia Warren. Piano: Alex Jones.

JAZZ BAND

Flute: Kaile Riess. Clarinet: Madison McGrath. Alto Saxophone: Quinn McGrath, Arjun Loke. Tenor Saxophone: Will Jones, Nate Burt, Chris Hulbert.
Baritone Saxophone: Thomas Rosemond. Trombone: Noah Dow, Bridget Drummey, Andrew Stratton, Chris Magauran, Owen Dalton. Guitar: Jack Suher.
Piano: Alex Jones.

ACCIDENTALS

Row 1 (L to R): Ms. Werlin, Esther Yen, Brianna White, Audra Miller, Trina Morrow, Ashley O'Farrell, Sadie Westhaver.
Row 2: Shelby Moccio, Rachel Freedman, Ella Santiago, Ruby Shea, MaryKate Quinlan.
Row 3: Lily Corridan, Katie Ryan, Evie Humphries, Daly Therrien, Tess Scolari.
Row 4: Savannah Martin, Caroline Stratton, Kayla Martinez, Yasmine Morris, Varsha Athreya.
Row 5: Leah Rosenman, Tara Phillips, Erika Rehbein, Gloria Zhang, Lanelle Garcia.

I CANTORI

Row 1 (L to R): Leah Rosenman, Noah Desmarais.
Row 2: Max Waslick, Cal Neveu, Ruby Shea, Varsha Athreya.
Row 3: Emily Yesu, Savannah Martin, Ashley O'Farrell, Sam Brock.

LA CAPELLA

Row 1 (L to R): Jaquelin Eisenhaure, Grace Glick, Aishah French, Evie Humphries, Lily Corridan, Bridget Duquette.
Row 2: Kaylee Achatz, Meghan Desrosiers, Faith Kelsey, Samantha Rubin, Alisa Goldberg, Marisol Treble, Esther Muhlmann.
Row 3: Elizabeth DeVore, Rong Chen, Lily Schneider, Caroline Stratton, Emily Sangkachand, Shelby Carman, Kayla Martinez, Charlie Brackman.

LANCER SINGERS

(L to R): Martin Hernandez Vazquez, Ryan Peluso, Jonah Barresi, Cole Johnson, Nolan Srebnick, Abe Wanyama, Hunter Mirer, Zach Clayton, Perry Carman, Niko Manitsas, Ryan Hottin, Marco DeBiasio, Aidan McGeary, Bilal Sheikh, Jack Dunaisky, John Santarelli, Edgar Gebhardt, John Batchelor, Sal Vega, Kosta Kollias, Mitchell Brecht, Thomas Coulouras, ThankGod Setsoafia, William Riess, Antonio Facente, Jeremiah Mantho, James McLaughlin, Tod Burns, William Albano, Alexander Daviau.

LYRICS

Row 1 (L to R): Trina Morrow, Tess Scolari, Esther Yen, Ella Santiago, Savannah Martin, Ruby Shea, Katie Ryan, Sal Vega, Ms. Werlin.
Row 2: Matt Shea, Sam Brock, Madigan Tershner-Kolodziejski, Parth Penukonda, Jack Suher, Brianna White.
Row 3: Emily Yesu, Nathan Krevolin, Tara Phillips, Grace Casale, Matt Pacella, Patrick Bergin.
Row 4: Lily Henshaw, Ben Buckovitch, Cal Neveu, Arjun Loke.
Row 5: Shelby Moccio, Rachel Freedman, Gloria Zhang, Dan Madden.
Row 6: Cooper Keane, Sam D'Angelo, Erika Rehbein, Maurice Powe, Noah Desmarais, Vivienne Yang.
Row 7: Max Waslick, Liam Knowlton, Nate Sullivan, Varsha Athreya, Ben Moss, Leah Rosenman.
Row 8: Sam Taksar, Jacob Olczuk, Josh Ruglass, Ashley O'Farrell, Maya Powe.

VOX

Row 1 (L to R): Zoe Diaz, Maria Atassi, Guinevere Trznadel, Abigail Mirot.
Row 2: Allison Ranger, Nora MacDonnell, Olivia Oakley.
Row 3: Carlin Byrne, Elsie Bennett, Sophia Robbins, Lily Tracy, Emily Richard, Madeline Bussolari, Tina Nguyen.
Row 4: Chloe Flack, Sadie Westhaver, MaryKate Quinlan, Emme Seeley, Sadie Diana, Madeline Jarvinen, Madeleine Foard, Millie Cybulski, Daly Therrien, Monica DeSouza.

ART DEPARTMENT

Shannon Kingston

Lily Grigely

Michael Perez-Gelinas

Megan Judge

Daniil Gritsenko

Sara Crepeau

Audrey Woods

Sarah Kelly

Katrina Pohlman

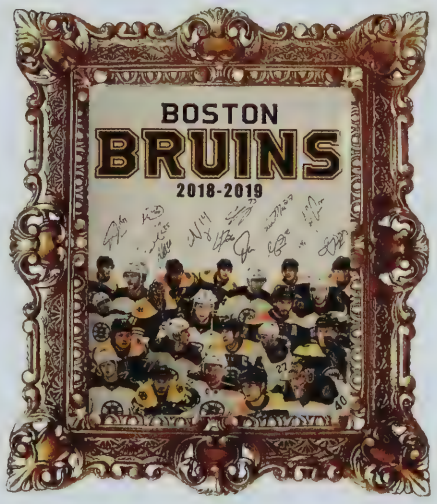
Izzy Corridan

Esther Yen

Cam Riordan

Maddie Baker

Julia Warchol



Caroline Carmody

Emily Williams

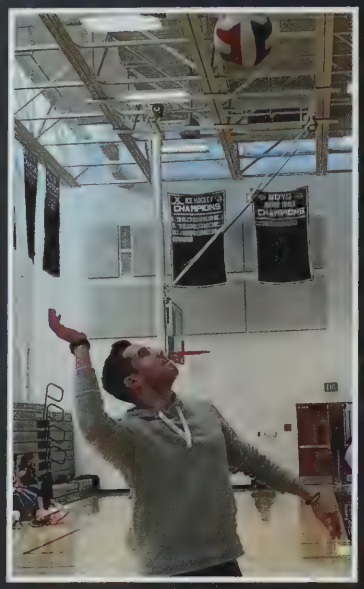
Olesya Havrylyuk

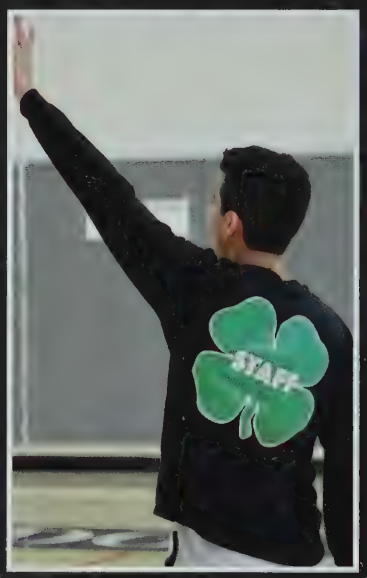
Sheila Daly

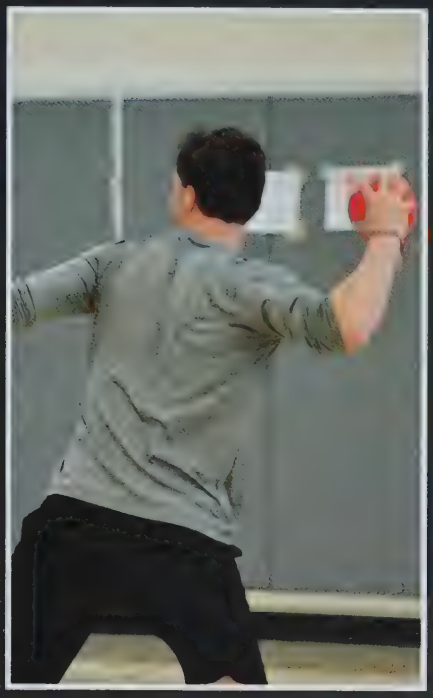
Eva Draymore

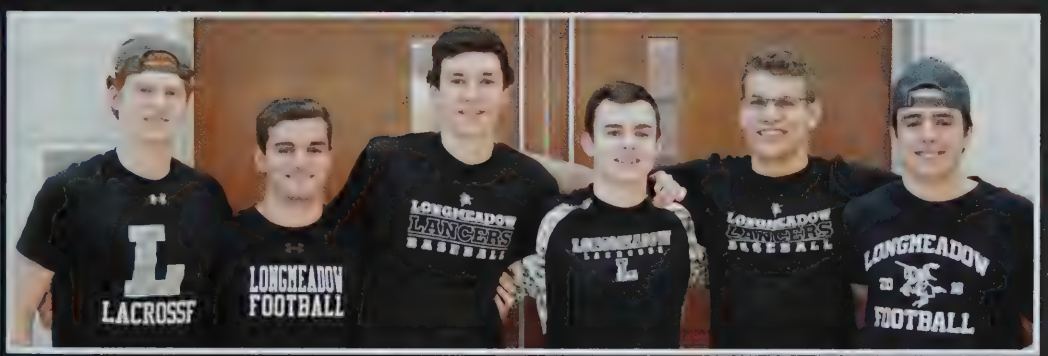
Emily Oundjian

MARCH MADNESS









Organized by the Business Department

To benefit the George Ginopoulos Scholarship and the Class of 2019

CLUBS
&ACTIVITIES

KEY CLUB

President: Meghan Desrosier. Vice President: Brahadesh Sivakumar. In school Projects: Emily Catanzaro. Out of school Projects: Alicia Lanidas & Devon Kelly. Human Resources: Eleni Kollias. Treasurer: Justin Brayton. Attendance: Nancy Li.

ROBOTICS

Row 1 (L to R): Mrs. Yofre, Julia Cummings, Aquinnah Sandberg, Vanessa Cardaropoli, Will Most, Sam Ollari, Marisol Treble, Brian Leverock. Row 2: Mr. Allentuck, Mr. Sandberg, Andrew Carrier-Pearce, Jonathan Yun, Grace Glick, Edward Erofeyev, Jason Carrier, Sam Barresi, Mr. Shulkin, Mr. Abbott. Row 3: Mr. Pearce, Mr. Dunkerley, Nico Warren, Edgar Gebhardt, Kavi Mistry, Alex Lam, Andrew Hines, Ranen Mirot, Mr. Leverock, Mr. Yorns. Row 4: Anthony Furnelli, Parker DelGallo, Matt Sulivan, Matt Harty, Sontino Allentuck, Frankie Furnelli. Row 5: Tramain Young, ThankGod Setsoafia, Joey McDonald, Emma Coleman, Veronica Paulson, Robbie Ravosa.

NATIONAL HONOR SOCIETY

President: Nathaniel Cieplik. Vice President: Mary MacDonnell. Secretary: Callen Neveu. Treasurer: Ashvin Babu. Co-Tutoring Chairs: Aidan O'Keefe & Elina Kang. Co-Community Service Chairs: Lauren Walt & Cicily Paadam.

TRI-M MUSIC HONOR SOCIETY

Row 1 (L to R): Tanya Dang, Madison McGrath, Erica Li, Jasmine Fu, Seli Malave-Tomei, Vivienne Yang, Trina Morrow, Maurice Powe, Quinn McGrath, Dan Madden, Maya Powe. Row 2: Abby Szlajen, Shelby Moccio, Rachel Freedman, Katherine Li, Shirley Yuan, Audra Miller, Caroline Davis, Emma Coogan, Taqdees Ahmad, Savannah Martin, Rachel Perry, Bridget Drummey, Ashley O'Farrell, Leah Rosenman, Lily Schneider, Tara Phillips, Gloria Zhang, Esther Yen, Hunter Mirer, Mr. Halligan, Dr. Thovmasian. Row 3: Ms. Werlin, Noah Desmarais, Lanelle Garcia, Nate Burt, Thomas Coulouras, Joshua Brody, Jack Suher, Sam Brock, Varsha Athreya, Nini Acquista, Mckelvie Smith.

AMERICAN SIGN LANGUAGE CLUB

Row 1 (L to R): Lily Grigely, Megan Judge, Tommy Li. Row 2: Caitlin Judge, Audra Miller, Connie Dai, Carly Kratovil, Wynne Dromey, Megan Weyer. Row 3: Wesley Breed, Ella Matthews, Luke Norman, Evie Humphries, Mairead Toole, Siobhan Toole, Ben Buck, Dylan Ratner.

ART CLUB

Row 1 (L to R): Lauren Messier. Row 2: Mrs. Godin, Margaret Bruderman, Mary Alice Miranda, Tod Burns, Autumn Miranda.

AS SCHOOLS MATCH WITS

L to R: Katherine Li, Sarah Reyes, Nick Komaiszko, Edgar Gebhert, Jacob Weiswasser.

BEST BUDDIES

Row 1 (L to R): Maddie Foard, Madeleine Gazaille, Kailee Martin, Ruby Shea, Ruby Rich, Jasmine Fu, Katie Santarelli, Aaron Stovall. Row 2: Isabelle Lewis, Lianna Baatz, Juliana Gandelli, Camille Scott, Tara Philips, Jimmy Foard. Row 3: Maeve Shea, James Marle, Hannah Sweeney, Wynne Dromey, Keely Kivel. Row 4: Ava Basile, Lina Eves, Hannah Tyler, Jon Santarelli, Brooke Lavallee, Ian Mehier- Depastino. Row 5: Cameron Roldys, Caroline Stratton.

BPA

L to R: Claudia Lukas, Talia Helmus, Videep Vemulapalli, Aidan O'Keefe, Francis Konkoly, Tyler Chwalek, Ned Wright, Menashe Fenster, Owen McGeer, Evan Hage, Libby McGeer.

COMPUTER PROGRAMMING CLUB

Row 1 (L to R): Will Most, Ranen Mirot.
Row 2: Katie Li, Nick Koran, Alex Koran, Jeff Zheng, Jason Carrier, Frankie Furnelli.

COTS FOR KIDS

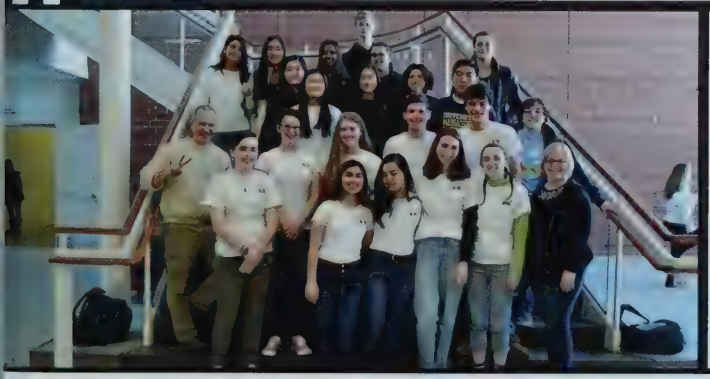
Row 1 (L to R): Olivia Courchesne, Taqdees Ahmad, Lianna Baatz, Isabelle Lewis, Rilee Holt. Row 2: Mrs. Candon, Avery Dunaisky, Noah Desmarais, Alicia Lanides, Varsha Athreya, Klara Pasterczyk.

DEBATE

Row 1 (L to R): Jacob Weiswasser, Rachel Schwartz, Lily Jackson, Abigale Mirot.
Row 2: Videep Vemulapalli, Peter Preston, Mr. Gulden.

DRAMA CLUB

Row 1 (L to R): Liv Dignazio, Chloe Flack, Maria Atassi, Maddy Messier. Row 2: Chris Cummings, Martin Hernandez Vasquez, Tina Nyugen, Zoe Diaz, Alek Pozzuto, Abigale Szlajen, Millie Cybulski, Meghan Shea, Katie Ryan, Cole Johnson. Row 3: Mrs. Macdonald, Mary Alice Miranda, Peggy Magauran, Audra Miller, Eddie Desarro, Autumn Miranda, Riley Gordon, ThankGod Setsoafia, Lauren Messier, Nora MacDonnell, Asher Zive, Maddie Foard, Aquinnah Sandberg, Noah Desmarais, Nolan Srebnick, Ms. Betancourt.



EAST ASIA CLUB

Row 1 (L to R): Julia Cummings, Seli Malave-Tomei, Vivienne Yang, Katherine Gelinas, Ruby Shea, Mrs. Snyder. Row 2: Dr. Howard, Vanessa Cardaropoli, Tara Phillips, William Most, Adam Sergentanis, Ranen Mirot. Row 3: Joey Li, Katie Li, Tanya Dang, Katerina Sanchez-Farina, Denny Truong. Row 4: Miriam Gousseynoff, Shirley Yuan, Arushi Meharwal, Natalie Antonucci, Sofia Warren. Row 5: Tod Burns.

FRENCH CLUB

(L to R): Rachel Perry, Leah Rosenman, Chloe Stevens, Ian Roumeliotis, Jeffrey Zheng, Julia Cummings, Alex Koran, Grace Glick, Sophia Brackman, Zoe Roumeliotis, Claire Yun, Nick Koran, Vanessa Cardaropoli, Jonathan Yun, Mrs. Koziol.

GAY STRAIGHT ALLIANCE

Row 1: Katie Ryan.
Row 2 (L to R): Vanessa Cardaropoli, Cole Johnson, Seli Malave-Toomei, Grace Glick, Emma Griffith.
Row 3: Mae Sweeney, Dr. Howard, Liv Dignazio, Jon Yun, Sadie Westhaver, Julia Cummings, Mary Alice Miranda, Emma Coleman, Olivia Stepanian.

GENDER EQUALITY ASSOCIATION

L to R: Mae Sweeney, Emily Cooper, Eva Sweeney , Lily Schneider, Sophia Ziegler, Bella Quercia.

HEIFER INTERNATONAL

Row 1 (L to R): Bella Quercia, Grace Glick, Emily Cooper.
Row 2: Miranda Vellenga, Claire Yun, Zoe Roumeliotis, Rachel Perry, Sadie Kaim.

IMPRESSIONS

Row 1 (L to R): Jordan Ditusa, Lily Schneider, Devon Kelly.
Row 2: Abigail Mirot, Gwen Trznade, Julianna Morfit, Esther Muhlmann, Gloria Zhang.

INDIA CLUB

Row 1 (L to R): Harshu Pande, Srisha Athreya, Cicily Paadam, Ella Santiago, Sarah Padilla, Nishant D'Souza.
Row 2: Tara Phillips, Varsha Athreya, Breggy Sivakumar, Esther Yen, Mr. Fischer.

INTERACT CLUB

Row 1 (L to R): Sally Gill, Sophia Brackman.
Row 2: Erica Li, Grace Glick, Rachel Perry, Noah Desmarais, Sadie Kaim, Emily Cooper, Sarah Sprinthall, Safia Muftic.
Row 3: Caitlin Brunette, Avery Dunaisky, Katie Li, Joey Li, Isabella Quercia, Sofia Warren, Zoe Roumeliotis, Miriam Felzenstein, Menashe Fenster.

JET JOTTER

L to R: Evan Hage, Sophia Ziegler, Lily Schneider, Audrey Woods, Gia Sellica, Aishah French, Eugena Choi, Esther Muhlmann, Katie Vasu, Tommy Li, Mr. Cormier.

KNITTING CLUB

L to R: Chloe Wray, Elina Kang

LOVE 146

Row 1 (L to R): Rebecca Rothstien, Anna Carson.
Row 2: Claudia Lukas, Kelsey Low, Elina Kang, Chloe Wray.

MATH TEAM

Row 1 (L to R): Nick Koran, Will Most, Jason Carrier, Jonathan Yun.
Row 2: Andrew Hines, Jeff Zheng, Alex Koran, Erica Li, Claire Yun, Julia Cummings.

MOCK TRIAL

L to R: Saskia Nicholls, Rachel Schwartz, Sarah Reyes, Amelia Ryan, Chris Coughlin, Zamyaa Mahmood, Emily Catanzaro.

MODEL CONGRESS

L to R: Thomas Coulouras, Emma Lavoie, Ruby Rich, Rose Gevanthor.

MODEL UN

Row 1 (L to R): Tanya Dang, Arushi Meharwal, Natalie Antonucci, Katherine Li, Alexander Komaiszko.
Row 2: Brian Leverock, Mitchell Brecht, Noah Desmarais, Sarah Reyes, Emma Lavoie, Ruby Rich.

OPERATION SMILE

L to R: Daly Therrien, Lily Spencer, James Foster, Katarina Boskovic, Kayley Bone, Kate Mulcahy, Sarah Mulcahy, David Pritchard, Ashvin Babu.

PAWS

Row 1 (L to R): Haleigh Cole, Olivia Anderson, Audra Miller, Abby Chiz, Mai Pho, Avery Dunaisky.
Row 2: Catherine Mulcahy, Madison Sullivan, Vanessa Cardapoli, Tara Phillips, Maya Neumann, Ella Santiago, Eugena Choi.

PHOTO CLUB

Row 1 (L to R): Lianna Baatz, Rilee Holt.
Row 2: Rachel Wun, Isabelle Lewis, Taqdees Ahmad, Jenny Lewis.

PVRC

Row 1 (L to R): Cam Dougal, Ben Moss, Raekwon Bezares, Derek Anaya.
Row 2: Emma Coogan, Keely Kivel, Emily Dumney, Sophie Berard, Julia Warchol, Madi Cofer, Tess Scolari.
Row 3: Grace Kelleher, Coach Renee Jones, Brenna Kivel, Katrina Pohlman, Maddie Merritt, Luke Heger, Abdiel Ramos, Piper Weldon, Caroline Carmody, Lauren Tomas, Lily Henshaw, Lauren O'Connor, Henry Joyner, Charlie Marino, Coach Mike Plummer. Not pictured: Lauren Walt, Jillian Weldon, Catherine Morissey.

POTTERY CLUB

L to R: Griffin McMahon, Liv Dignazio, Alexa Weyer, Aquinnah Sandberg, Lily Grigely, Megan Judge, Ruby Rich, Michael Perez-Gelinas.

RED CROSS CLUB

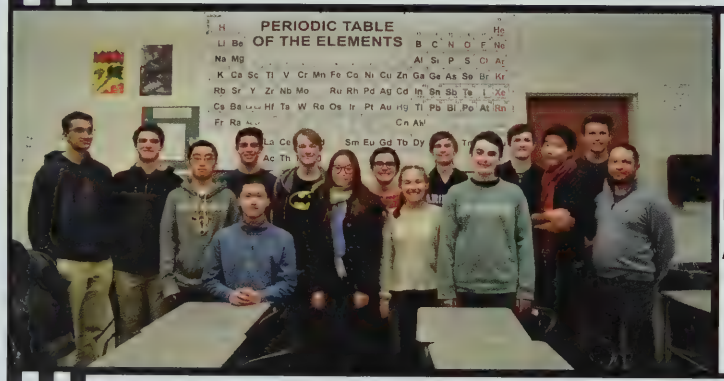
Row 1 (L to R): Hailey Dumeny, Emily Dumeny, Ruby Scheff.
Row 2: Camille Scott, Audra Miller, Katie McMahon, Ilana Kofman, Cate Corrigan, Gaby Diaz, Anabella Marchese.
Row 3: Haleigh Cole, Srisha Athreya, Eleni Kollias, Madison Copland, Sophia Marchese, Lilly Swanson, Rocco Calabrese, Ben Posnik.

ROOM TO READ

L to R: Miranda Vallegna, Caroline Davis, Rilee Holt, Caitlin Brunette, Avery Dunaisky, Olivia Courchesne, Isabelle Lewis.

SADD

L to R: Katherine Mulcahy, Kayley Bone, Jonah Barressi, Sarah Mulcahy, Kelsey Low.



SCIENCE OLYMPIAD

Seated: Jeffrey Zheng.
Row 1 (L to R): Brahadesh Sivakumar, Alex Koran, Harry Li, Nick Koran, Jason Carrier, Claire Yun, Zoe Roumeliotis, Rachel Perry, Chris Magauran, Noah Desmarais, Aidan O'Keefe, Jonathan Yun, Alex Jones, Mr. Rusenko.

SPANISH CLUB

L to R: Tara Phillips, Megan Judge, Kate Gelinas, Anthony Marino, Isabelle Lewis, Sr. Candon.

STRENGTH AND CONDITIONING

Row 1 (L to R): Jacob Ezer, Dan Atassi, Sam Mard, Wyatt Tallaksen.
Row 2: Sofia Warren, Miriam Felzenstein, Debo Odutola, Katie Li, Patrick Bajek, Peter Preston, Christen Charles, George Sidor, Suchit Gutta, Garrett Hanna, Patrick Dinn, Chris Coughlin, Jack Kelly, Adam Hanna, Ryan James, Nick Guthrie, Greg Macdonald, John Bouvier, Mr. Weir, Ben Goode, Kaile Reiss, Grace O'Connor.

SWEDISH FISH

L to R: Tess Scolari, Vivian Yang, Gloria Zhang, Maya Powe, Varsha Athreya, Lanelle Garcia, Trina Morrow.

TABLE TENNIS

L to R: Mr. Magowan, Ashvin Babu, Videep Vemulapalli.

UKULELE CLUB

L to R: Maya Neumann, Gillian Weissman, Esther Yen, Nini Acquista, Ella Santiago, Sarah Padilla, Mckelvie Smith, Brianna White, Kaylee Achatz, Esther Muhlmann.

ULTIMATE BOYS

Row 1 (L to R): Chris Coughlin, Tony Facente, Bhavin Mistry, Rory Dudeck, Matt Iancu, Carlo Calabrese, David Pritchard, Jimmy Shea, Ryan Hottin.
Row 2 (L to R): Ian Roumeliotis, Jared Ezer, Will Jones, Tyler Boutin, Cole Mitchell, Jake Rice, Vincent Tanghese, Jack Haldopoulos, Kaleb Osborne, Nate Anderson, Steven Ziolella, Joe Cardaropoli.
Row 3 (L To R): Edward Geier, Nick Koran Alex Daviau, Brett Healy, Andrew Healy, Max Pechulis, Frankie Furnelli, Liam Flaherty, Devin Roffo.

ULTIMATE GIRLS

Row 1 (L to R): Captains- Chloe Wray, Lily Grigely.
Row 2: Julia Paquette, Sophie Levenson, Josie Sarno, Sarah Metsch, Claudia Lukas, Anna Carson, Olivia Courchesne.
Row 3: Katie Santarelli, Julia Cummings, Talia Helmus, Cicily Padaam, Kaile Riess, Lilly Swanson, Vanessa Cardaropoli, Sarah Mulcahy, Aishah French, Aly Grodsky, Maddie Moses, Tina Li, Olivia Stepanian.

UNITY CLUB

Row 1 (L to R): Maurice Powe, Nina Barnett, Brooke Days, Wesley Days, Solomon Hinds, Mrs. Macdonald.
Row 2: Trina Morrow, Maya Powe, Sabina Odusami.

URBAN DANCE

L to R: Ela Trehan, Tina Nguyen, Sadie Kaim, Erica Li, Jasmine Fu, Katie Li, Sofia Warren, Erika Rehbein, Noemi Colón, Ashley O'Farrell, Aishah French, Safia Muftic.
Not pictured: Eugena Choi, Jackie Eisenhaure, Mai Pho, Julia Cummings, Claire Yun, Joey Li, Dimitry Blazy, Vivienne Yang, Tanya Dang, Nancy Li.

WOMEN IN STEM

Row 1 (L to R): Ella Mathews, Gillian Weissman, Jillian Weldon, Abigale Szlajen, Piper Weldon.
Row 2: Gabrielle Acquista, Mckelvie Smith, Emily Cooper, Lily Schneider, Caitlin Brunette.

YOGA CLUB

Row 1(L to R): Grace Glick, Julia Cummings, Sofia Warren, Mrs. Fournier-Rea.
Row 2: Sadie Kaim, Emily Cooper, Zoe Roumeliotis, Sally Gill.

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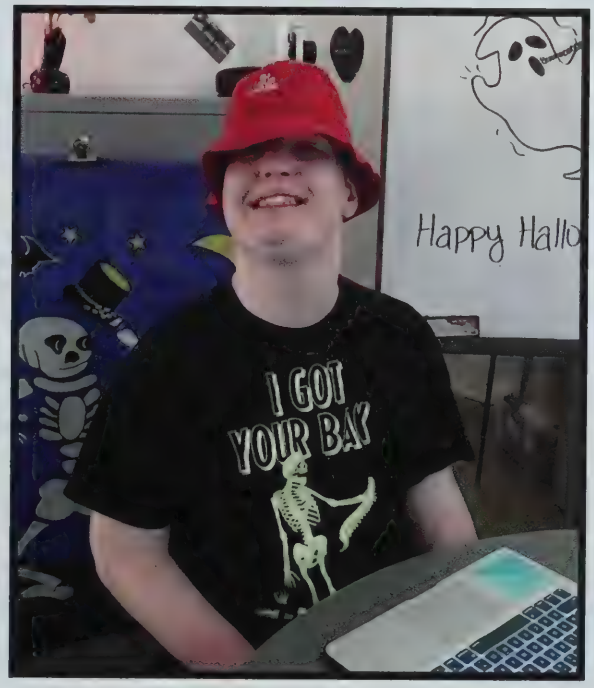
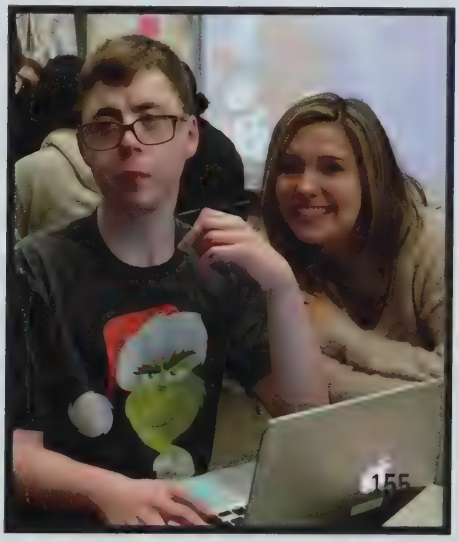
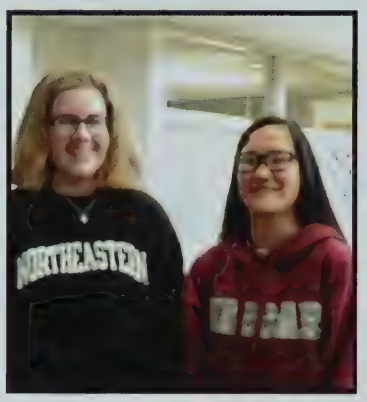
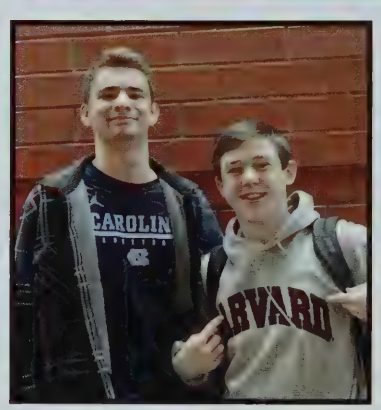
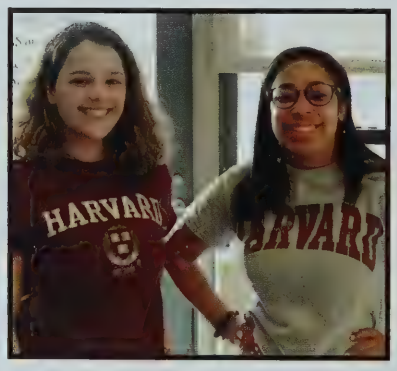


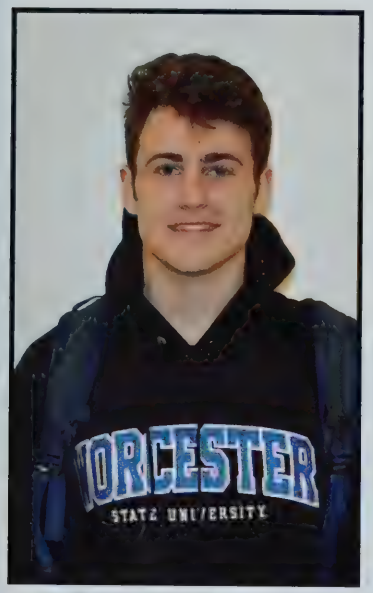


COLLEGE SHIRT DAY





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HUSKIES
HARVARD

YEARBOOK STAFF

Special thanks to Sonja Ashe, Ben Falk, Lianna Baatz, and Wesley Breed for the use of their photos

Caitlin Castille

Nicole Castro ☺

Caitlin Blanchette

Brenna Hivel

Matt Letheuiller

Marissa Fernandes

Noah Mc

Caroline Carmody

Lauren Thomas

Josie Sarno

Lilly Swanson

Anabella Marchese

Your Top Songs of 2019

by Spotify

PLAY

1. SICKO MODE- Travis Scott Feat. Drake
2. Mo Bamba - Sheck Wes
3. Thotiana - Blueface
4. Money- Cardi B
5. FeRRis WhEEL- Tory Lanez Feat. Trippie Redd
6. Topanga/Shake it up- Trippie Redd
7. Taste- Tyga Feat. Offset
8. Drip Too Hard- Lil Baby Feat. Gunna
9. FEFE- 6ix9ine Feat. Nicki Minaj
10. thank you, next- Ariana Grande
11. REEL IT IN- Amine
12. Praise The Lord (Da Shine)- A$AP Rocky Feat. Skepta
13. Shallow- Lady Gaga, Bradley Cooper
14. Nice for what/ In My feelings- Drake
15. a lot- 21 Savage feat. J.Cole
16. rockstar- Post Malone Feat. 21 Savage
17. Freaky Friday- Lil Dicky Feat. Chris Brown
18. Eastside- benny blanco Feat. Khalid, Halsey
19. The Weekend- SZA
20. Chun-Li- Nicki Minaj
21. Motorsport- Migos (Feat. Cardi B, Nicki Minaj)/Narcos- Migos

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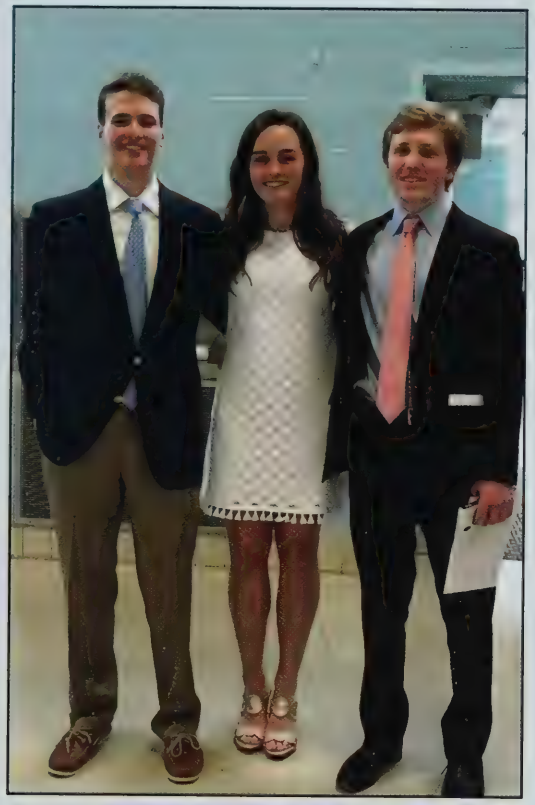
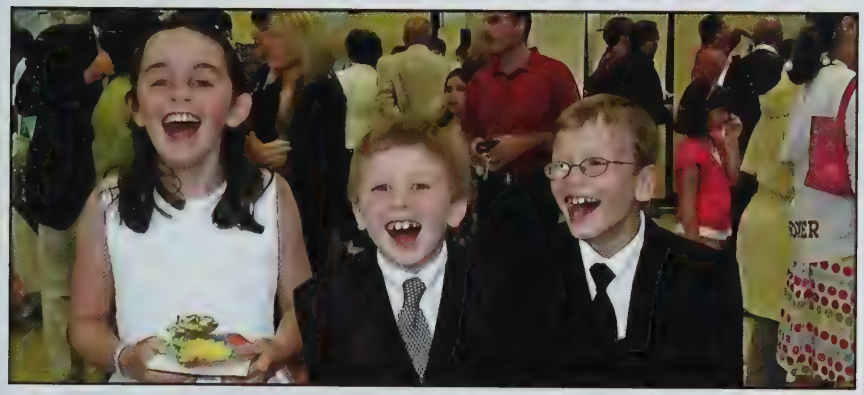
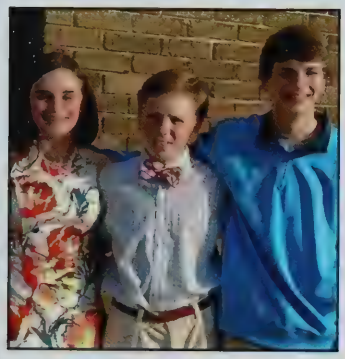


Kay, Brandels & Jimmy

Friends from day one, how far you've come!
We are proud of what you have achieved and are so excited to see what your futures will hold.
We love you three more than you could imagine!





Patrick Flynn

"You're off to great places!
Today is your day!
Your mountain is waiting.
So...get on your way!"

- Oh, The Places You'll Go!

Congratulations, Buddy! We are so proud of you and can hardly wait to see all that you achieve next!

Love,
Mom, Dad, Ryan & Colby

Michael Wcislo

Mike,

We are so proud of the person you have become. We are looking forward to your next adventure in college.

Love and Hugs,

Mom and Dad

Ice Hockey Class of 2019

"Ice hockey players can walk on water."

#1 Will Quirk
#2 Brandels Norgren
#3 Mason Baron-Pinkowski
#5 Ian Samuelson
#8 Joe Santaniello
#9 Jack Barron
#10 James Letendre
#11 Patrick Philbin
#16 Robert Giampietro
#17 Eric Bocwinski
#19 Robert Joyal
#23 Sam D'Angelo
#30 Max Loyuk

Congratulations & Good Luck!
Love,
Your Parents

Adam Sergentanis

Congratulations Adam
and Best Wishes
to the
Class of 2019
Mom, Dad and Ben

Julia Granado

Congratulations! We are so proud of you. It has been a long journey but you have finally reached your destination. Now on to the next trip. We love you! Love, Mom, Dad, Dominic, and the rest of the family

LONGMEADOW MASSACHUSETTS
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VIRTUS
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HIGH SCHOOL